

Under the Patronage of  
**His Highness Sheikh Khalid bin Zayed Al Nahyan**  
XII International Annual Conference & Exhibition  
**Abu Dhabi 2024**

# Autism



**XII International Research  
and Practice Conference**

## **Autism.** **Challenges and solutions**

**27 - 30<sup>th</sup> April / 2024**

**Dol: 10.54878/ACS2024**

# Autism. Challenges and solutions

XII International Annual Conference & Exhibition

Abu Dhabi 2024

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# Autism. Challenges and solutions

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Abu Dhabi 2024

## Organizers:



## Conference Partners



# Dedication

To His Highness Sheikh Khalid bin Zayed Al Nahyan.  
To the shepherd of the heroes who defy the odds  
with their strong will and solid determination.

We dedicate this book to Your Highness as a tribute  
and gratitude for your great efforts in supporting  
and caring for people of determination and  
empowering them to achieve their dreams and  
aspirations and integrate them into society.

Thank you for your generous sponsorship of the  
International Conference of Autism Challenges and  
solutions in its eleventh session, and for your  
support for all your efforts and interest, wishing you  
continued success, progress, and the sustainability  
of glory and giving.

**Abdullah Al-Humaidan**

Chair of the Higher Committee

# إهداء

الى سمو الشيخ خالد بن زايد آل نهيان.  
إلى راعي الأبطال الذين يتحدون الصعاب بإرادتهم القوية  
وعزيمتهم الصلبة.

نُهدي سموكم هذا الكتاب كعرفان و امتنان لجهودكم  
الكبيرة في دعم ورعاية أصحاب الهمم وتمكينهم من أجل  
تحقيق أحلامهم وطموحاتهم ودمجهم بالمجتمع.

شكراً لكم على رعايتكم الكريمة للمؤتمر الدولي  
للمستجدات في أبحاث التوحد بدورته الحادية عشرة.  
وعلى دعمكم لكل ما تقدمونه من جهود واهتمام ،  
راجين لكم دوام النجاح والتقدم واستدامة المجد والعطاء.

**عبد الله الحميدان**  
رئيس اللجنة العليا للمؤتمر

إن الاهتمام بأصحاب الهمم وتقديم الرعاية المتكاملة وفق أعلى المعايير العالمية يأتي ضمن جوهر خطط الدولة وبرامجها لتمكينهم، لكي يصبحوا منتجين ومساهمين في خدمة بلدهم فهم جزء أصيل وأساسي من مكونات مجتمعنا دعمهم ورعايتهم مسؤولية وأمانة."

صاحب السمو الشيخ محمد بن زايد آل نهيان

رئيس دولة الإمارات العربية المتحدة

Ensuring the wellbeing of our People of Determination and providing them with comprehensive care in line with the highest international standards lies at the heart of the UAE`s plans and programmes to empower them and ensure their effective contributions to the country's development.

“

**HIS HIGHNESS SHEIKH MOHAMED BIN ZAYED AL NAHYAN**

PRESIDENT OF THE UNITED ARAB EMIRATES



# صاحب السمو الشيخ محمد بن زايد آل نهيان

رئيس دولة الإمارات العربية المتحدة

**HIS HIGHNESS SHEIKH MOHAMED BIN ZAYED AL NAHYAN**  
PRESIDENT OF THE UNITED ARAB EMIRATES

إعاقة الإنسان هي عدم تقدمه وبقائه في مكانه وعجزه عن تحقيق الإنجازات. وما حققه أصحاب الهمم في كافة المجالات وعلى مدى السنوات الماضية من إنجازات هي دليل على أن العزيمة والإرادة تصنع المستحيل، وتدفع الإنسان إلى مواجهة كافة الظروف والتحديات بثبات للوصول إلى الأهداف والغايات

صاحب السمو الشيخ محمد بن راشد آل مكتوم  
نائب رئيس الدولة - رئيس مجلس الوزراء - حاكم دبي

Disability is, in fact, the inability to make progress and achievements. The achievements that people of determination have made in various sphere over the past years are proof that determination and strong will can do the impossible and encourage people to counter challenges and difficult circumstances while firmly achieving their goals.

“

**HIS HIGHNESS SHEIKH MOHAMED BIN RASHID AL MAKTOUM**

VICE PRESIDENT AND PRIME MINISTER OF U.A.E. AND RULER OF DUBAI



# صاحب السمو الشيخ محمد بن راشد آل مكتوم

نائب رئيس الدولة - رئيس مجلس الوزراء - حاكم دبي

**HIS HIGHNESS SHEIKH MOHAMED BIN RASHID AL MAKTOUM**

VICE PRESIDENT AND PRIME MINISTER OF U.A.E. AND RULER OF DUBAI



دولة الإمارات العربية المتحدة تولي اهتماماً واسعاً بأبنائها من مختلف الفئات ولاسيما أصحاب الهمم، حيث عملت على افتتاح دور الرعاية الاجتماعية والصحية، التي تقدم لهم رعاية شاملة وخدمات نوعية تحقيقاً للرؤية السديدة للقيادة الرشيدة، التي لا تدخر جهداً في سبيل خدمة تلك الفئات لضمان تمكينهم واندماجهم في المجتمع واستغلال طاقاتهم في العمل والبناء ومؤسسة زايد العليا لأصحاب الهمم أحد المؤسسات العاملة في هذا المجال تواصل جهودها في تقديم أرقى سبل الرعاية والتأهيل لأصحاب الهمم ومنهم مصابي التوحد، مستفيدين من الدعم الكبير واللامحدود الذي تحظى به المؤسسة من قيادتنا الرشيدة، وعلى رأسها صاحب السمو الشيخ محمد بن زايد آل نهيان، رئيس الدولة، حفظه الله ورعاية سموه الموصولة لبرامج المؤسسة ومبادراتها ومشاريعها الاستراتيجية التي مكنت المؤسسة من تحقيق العديد من الإنجازات المحلية والدولية والعالمية.

إنّ استضافة أبوظبي المؤتمر الدولي للمستجدات في أبحاث التوحد بدورته الثانية عشرة خلال الفترة من ٢٧ حتى ٣٠ أبريل ٢٠٢٤ م - يأتي استكمالاً للنجاحات التي تحققت في مجال رعاية وتأهيل مختلف فئات أصحاب الهمم ولاسيما مصابي التوحد، وكلنا أمل بأن تتواصل هذه النجاحات من خلال هذا التجمع العالمي وأعرب عن تقديري للقائمين على تنظيم المؤتمر، وأدعو المولى عز وجل أن يكمل جهودهم بالتوفيق والنجاح.

سمو الشيخ خالد بن زايد آل نهيان  
رئيس مجلس إدارة مؤسسة زايد العليا لأصحاب الهمم - أبوظبي

The United Arab Emirates pays great attention to its people of different segments, in particular those of determination as it worked to open social and health care homes that provide them with comprehensive care and quality services in order to achieve the great vision of the wise leadership, which spares no effort to serve these groups and ensure their empowerment and integration into society, and exploitation of their potential in

work and building. Zayed Higher Organization for People of Determination, one of the organizations operating in this field, pursues its efforts in providing the best means of care and rehabilitation for people of determination, including those with autism, taking advantage of the immense and unlimited support provided to the organization by our wise leadership, led by His Highness Sheikh Mohamed bin Zayed Al Nahyan, President of the UAE, May Allah Protect him, and His Highness' continuous care of the Organization's programmes, initiatives, and strategic projects that enabled the Organization to achieve many local, international, and global achievements.

The hosting by Abu Dhabi of the 12th International Conference for Autism Research, from 27 to 30 April, 2024 - builds on previous successes in the field of care and rehabilitation of various groups of people of determination, especially those with autism. We are fully hopeful that these successes will continue through this global gathering. I express my appreciation to the organizers of this Conference, and pray to God the Almighty that their efforts bring success."

## HIS HIGHNESS SHEIKH KHALID BIN ZAYED AL NAHYAN

CHAIRMAN OF ZAYED HIGHER ORGANIZATION FOR PEOPLE  
OF DETERMINATION - ABU DHABI





## سمو الشيخ خالد بن زايد آل نهيان

رئيس مجلس إدارة مؤسسة زايد العليا لأصحاب الهمم - ابو ظبي

**HIS HIGHNESS SHEIKH KHALID BIN ZAYED AL NAHYAN**

CHAIRMAN OF ZAYED HIGHER ORGANIZATION FOR PEOPLE OF DETERMINATION - ABU DHABI

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مؤسسة زايد العليا  
لأصحاب الهمم  
Zayed Higher Organization  
for People of Determination

## HE. Abdullah Al-Humaidan

Secretary General of the Zayed Higher Organization for  
People Determination

إنَّ انطلاق أعمال المؤتمر الدولي للمستجدات في أبحاث التوحد " تحديات وطول " في دورته الثانية عشرة والذي يعقد برعاية كريمة من سمو الشيخ خالد بن زايد آل نهيان رئيس مجلس إدارة مؤسسة زايد العليا لأصحاب الهمم في مدينة أبوظبي، التي تُوفر كافة وسائل الدعم لأصحاب الهمم في المجالات الصحية والتعليم والعمل والرعاية والتنمية الاجتماعية، لبناء مجتمع متوازن ومتماسك يستطيع مواجهة التحديات الاجتماعية المختلفة.

إنَّ تنظيم المؤتمر للعام الثاني على التوالي بمدينة أبوظبي يأتي استكمالاً للنجاحات التي تحققت في نسخته الأولى، آمليْن أن تتواصل هذه النجاحات من خلال هذا التجمع العالمي، والذي يتم فيه تبادل الخبرات وعرض التجارب المثمرة وطرح ومناقشة المواضيع المختلفة بشكل موضوعي وعلمي يُثري الخبرات والتجارب لجميع المشاركين والمتخصصين في هذا المجال، ليدعم تطور الخدمات وأساليب الرعاية والتأهيل للأطفال والشباب والكبار من ذوي اضطراب طيف التوحد.

يشهد المؤتمر هذا العام حدثاً خاصاً ومميزاً وهو الإعلان عن إصدار أول مجلة علمية متخصصة برعاية ودعم مؤسسة زايد العليا لأصحاب الهمم بالتعاون مع مجموعة لوتس هولستك وبالشراكة مع مركز باحثي الإمارات للدراسات والبحوث، وهي إحدى المشاريع في الخطة الاستراتيجية للمؤسسة ضمن محور التدخل المبكر والارتقاء بالرعاية الصحية، لتؤكد الريادة الحضارية والنقلة الهائلة والمسيرة المباركة لدولة الإمارات العربية المتحدة .

The launch of the 12th International Conference on Developments in Autism Research "Challenges and Solutions", which is held under the generous patronage of His Highness Sheikh Khalid bin Zayed Al Nahyan, Chairman of the Board of Directors of the Zayed Higher Organization for People of Determination in Abu Dhabi, which provides all means of support to people of determination in the fields of health, education, work, care and social development, to build a balanced and cohesive society that can face various social challenges.

Organizing the conference for the second year in a row in Abu Dhabi comes as a continuation of the successes achieved in its first edition, hoping that these successes will continue through this global gathering, in which experiences are exchanged, fruitful experiences are presented, and various topics are presented and discussed in an objective and scientific manner that enriches the experiences and expertise of all participants and specialists in this field, to support the development of services and methods of care and rehabilitation for children, youth and adults with autism spectrum disorder.

This year, the conference will witness a special and distinctive event, which is the announcement of the publication of the first specialized scientific journal sponsored and supported by the Zayed Higher Organization for People of Determination, in cooperation with the Lotus Holistic Group and in partnership with the Emirates Researchers Center for Studies and Research. It is one of the projects in the organization's strategic plan within the axis of early intervention and improving health care, to confirm the civilizational leadership, the tremendous leap and the blessed journey of the United Arab Emirates.

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## سعادة الدكتور / نورة الغيثي

وكيل دائرة الصحة - أبوظبي

### Her Excellency Dr. Noura Al Ghaithi

Undersecretary of the Department of Health - Abu Dhabi (DoH)

تحرص دائرة الصحة - أبوظبي على ضمان صحة الأطفال وسلامتهم وتوفير جميع الخدمات الصحية التي يحتاجونها والارتقاء بها بما يسهم في تحقيق رؤيتها "أبوظبي مجتمع معافى"، وتولي الدائرة اهتماماً بالغاً بأطفال التوحد، وذلك يتجسد عبر جهودها في تعزيز التدخل المبكر والارتقاء بالخدمات الصحية والأساليب العلاجية المتاحة لهم بما في ذلك الدعم النفسي والتأهيلي. كما تواصل الدائرة دفع عجلة الجهود البحثية التي تسهم في تحقيق فهم أدق لحالات التوحد، لا سيما الأبحاث الجينية التي تساعد في تحديد العوامل الوراثية المختلفة والطفرة المرتبطة باضطراب طيف التوحد.

ويعد المؤتمر بمثابة فرصة فريدة للتعلم وتبادل الخبرات، وتوحيد الجهود الرامية في سبيل تحسين جودة الحياة لأصحاب الهمم. إن هذا المؤتمر ما هو إلا انطلاقة علمية وإضافة نوعية جسدت الرؤية الثاقبة والحكيمة لقيادتنا الرشيدة، ونتطلع إلى مزيد من الجهود والتعاون لإنجازات إبداعية رائدة لتحقيق مستقبل زاهر بإذن الله.

" معا يمكننا إحداث الفرق "

We, at the Department of Health - Abu Dhabi (DoH) are committed to maintaining the health and well-being of all children to ensure their access to world-class healthcare services in the Emirate. DoH places great importance on children with autism through its early intervention efforts, ongoing development of specialized healthcare services for individuals with autism, with emphasis on psychological and rehabilitative support. DoH also drives autism research to enhance the understanding of autism cases and improve the available treatment methods, including genetic research to identify various genetic factors and mutations associated with autism spectrum disorder.

This conference is a unique opportunity for learning and exchanging experiences, and benefiting from each other's experiences to improve the quality of life for people of determination. It represents a scientific advancement and a valuable addition that reflects the vision of our UAE wise leadership. We look forward to more efforts and cooperation for pioneering creative achievements to achieve a bright future.

"Together, we can make a difference."

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## سعادة / أماني الهاشمي

مدير عام المواهب الحكومية بالإنابة

## Her Excellency. AMANI AL HASHEMI

Government Talent Director General Acting

إنَّ الرعاية الكريمة لسمو الشيخ خالد بن زايد آل نهيان - رئيس مجلس إدارة مؤسسة زايد العليا لأصحاب الهمم لهذا المؤتمر الدولي تؤكد الدور الرائد لدولة الإمارات العربية المتحدة على الصعيد المحلي والعالمي، في التوعية باضطرابات التوحد، والذي يدعم كافة الجهود للتعريف بهم وبحقوقهم عبر إطلاق العديد من المبادرات الوطنية التي تسهم في تحقيق هذه الأهداف الإنسانية النبيلة لأبنائنا من ذوي التوحد. في إطار قيادة ورؤية حكيمة من سمو الشيخ خالد بن محمد بن زايد آل نهيان، ولي عهد أبوظبي، رئيس المجلس التنفيذي لإمارة أبوظبي، تسعى دائرة التمكين الحكومي إلى إطلاق المشاريع والمبادرات التي تدعم هذه الفئة الغالية على قلوبنا جميعًا، لتمكين دمجهم بشكل كامل وإيجابي والاستفادة من قدراتهم المتميزة للمساهمة في بناء المجتمع ورفعته، حيث بادرت الدائرة بتطبيق سياسة التوظيف الدامج، استكمالاً لجهودها في تعزيز خدمات التوظيف المخصصة لأصحاب الهمم، كما قدمت الدائرة الإرشاد والوعي المعرفي لتمكين الجهات الحكومية من تعديل البيئة المادية والاجتماعية، بما يتناسب مع متطلبات هذه الفئة الغالية لتهيئة بيئة عمل صديقة وإيجابية لهم. وها نحن اليوم نشهد معًا أعمال المؤتمر الدولي في أبحاث التوحد في دورته الثانية عشر على التوالي، حيث نسعى إلى أن يكون هذا المؤتمر فرصة حقيقية لتضافر الجهود في تطبيق نهج متكامل يعمل على دمج أصحاب الهمم، وتسخير كافة الإمكانيات للكشف المبكر عن الأطفال المصابين باضطرابات طيف التوحد، حتى تتمكن من التدخل المبكر ودمجهم في نظام التعليم الجديد بما يعكس بشكلٍ إيجابي على نمو الطفل الصحي والمعرفي، وتأهيله للمشاركة في عملية التنمية المجتمعية الشاملة.

" معا يمكننا إحداث الفرق "

The generous patronage of His Highness Sheikh Khalid bin Zayed Al Nahyan, Chairman of the Board of Directors of the Foundation, for this international conference confirms the leading role of the United Arab Emirates, locally and globally, in raising awareness of autism disorders, which supports all efforts to introduce them and their rights by endorsing many national initiatives that contribute to achieving these noble humanitarian goals for our children with autism.

In line with the vision of His Highness Sheikh Khalid bin Mohammed bin Zayed Al Nahyan, Crown Prince of Abu Dhabi and Chairman of the Abu Dhabi Executive Council, the Department of Government Enablement seeks to launch projects and initiatives that support this group dear to all our hearts, to enable their full and positive integration and benefit from their distinguished capabilities. These efforts will contribute to building and raising society, as the department took the initiative to implement the inclusive employment policy, in continuation of its efforts to push employment services dedicated to people of determination. The department also provides guidance and cognitive awareness to enable entities to modify the physical and social environment, in line with the requirements of this dear group to create a friendly and positive work environment for them. Today, we are witnessing together the work of the 12th International Conference on Autism Research, which represents a real opportunity to collaborate in integrating people of determination, and harnessing all possible capabilities for early detection of children with autism spectrum disorders, so that we can intervene early and integrate them into the new education system. This approach will positively reflect on the child's healthy growth and qualify him to participate in the community development process.

"Together, we can make a difference."

## AT A GLANCE

### Aim Of the Conference

#### About of the Conference:

- International research and practice conference Autism. Challenges and Solutions» covers a broad set of issues related to autism and autism spectrum disorders (ASD). The conference is envisioned not only as an experience sharing event, but also as an attempt to deal with a serious medical and social problem which is not getting its fair share of attention in most countries.
- The educational goal of the conference is to pull autism out of the shadows. This creates an opportunity to introduce recent advances in protocols and methods into clinical practice and to encourage research to solve various problems of autism.
- Over 10 years of work the conference "Autism. Challenges and Solutions" laid the foundation for major changes in the field of professional care for people with autism. It launched an extremely significant discourses on autism, responding to current trends in scientific research and reflecting the re-conceptualization of autism as a phenomenon and as a diagnosis in the 21st century.
- During the conference, the latest skills and experiences in the field of developing modern methods of treating autism disorder will be reviewed within dialogue sessions, discussions, scientific research and visual presentations that include solutions and developmental ideas with the participation of a large number of doctors researchers and specialized experts from international academics in this field.

### Countries of participants:

 Algeria	 Oman
 Canada	 Qatar
 China	 Russia
 Egypt	 Serbia
 France	 United Arab Emirates
 Germany	 United Kingdom
 India	 United States of America
 Ireland	
 Italy	
 Jordan	
 Saudi Arabia	
 Lebanon	

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The conference will be accompanied by practical training workshops starting from the date of April 2023 ,27 by international trainers and a media campaign on the media and social networking sites to support children with autism through.

#### Conference Goals:

- 1. Present the front-rank knowledge** in theory and practice of autism treatment to the international community, speed up the dissemination of new, effective and safe measures, both medical and educational, to help people with autism.
- 2. Show the results** of the pilot stage of a unique experimental project for education of autistic children based on an innovative model of inclusive education for children with special cognitive needs, making use of the best international practices and state-of-the-art research
- 3. Discuss the ways** and approaches for implementing some of these results into international practice.
- 4. Demonstrate innovative** research and achievements in biomedicine that may help fulfill various needs in autism.
- 5. Fulfill a powerful educational mission** through massive participation in the conference and broad media outreach.
- 6. Form working groups** for implementation of international projects in research and clinical practice.
- 7. Set a starting point for biomedicine development** in search of autism clinical diagnostic methods and ASD intervention approaches.



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## LIST OF COMMITTEES

### Higher Committee

#### CHAIR OF HIGHER COMMITTEE:

▪ **H.E. Abdullah Al-Humaidan**

Chairman of Higher Committee, Secretary General of the Zayed Higher Organization for People of Determination

▪ **Amina Al Haidan**

Co-Chairperson of Higher Committee, Founder & Chairperson Lotus Holistic Institute, Abu Dhabi, United Arab Emirates.

#### HIGHER COMMITTEE:

▪ **Abdul Hamid Najib Abdul Hay**

Media & Publishing Advisory

▪ **Afaf El-Ansary**

Member in Autism Research and Treatment Center, KSA and Scientific Consultant of Autism Center, Lotus Holistic Medical Center in Abu Dhabi (Egypt, Saudi Arabia, UAE)

▪ **Ekaterina Men**

President of the Autism Challenge Center, Member of the Expert Council on organizing the education of persons with ASD under the Ministry of Education of the Russian Federation, psychologist, content director of the Organizing Committee (Russia)

▪ **Stephen Edelson**

Executive Director of the Autism Research Institute (USA)

▪ **Ghuwaya Al Neyadi M.D**

Senior Vice President  
Group Medical & Wellbeing,  
Abu Dhabi National Oil Company.

### Organizing Committee

#### CHAIR OF ORGANIZERS:

**H.E. Abdullah Al-Humaidan**

Secretary General of the Zayed Higher Organization for People of Determination

#### ORGANIZING COMMITTEE:

▪ **Amina Al Haidan**

Co-Chairperson of Higher Committee

Founder & Chairperson Lotus Holistic Institute, Abu Dhabi, United Arab Emirates.

▪ **Khalood Abdulraheem Almohammed**

Director of Care and Rehabilitation Centers Department Zayed Higher Organization for People of Determination, Abu Dhabi, United Arab Emirates

▪ **Mouza alsalami**

Director of alain autism center, Zayed Higher Organization for People of Determination, Abu Dhabi, United Arab Emirates.

▪ **Aysha almansori**

Director of abu dhabi autism center, Department Zayed Higher Organization for People of Determination, Abu Dhabi, United Arab Emirates.

▪ **Reem almazroui**

Manager of Zayed City Center for Care and Rehabilitation, Department Zayed Higher Organization for People of Determination, Abu Dhabi, United Arab Emirates

▪ **Ekaterina Men**

President of the Autism Challenge Center, Member of the Expert Council on organizing the education of persons with ASD under the Ministry of Education of the Russian Federation, psychologist, content director of the Organizing Committee (Russia).

▪ **Dilyara Muzafarova**

Executive Director of the Autism Challenge Center (Moscow Russia).

▪ **Alka Kalra**

Psychologist, trainer, founder of Eduscan Institute; international certification and accreditation by the Academy of Orton Gillingham Practitioners & Educators; a licensed Parenting expert from Feeling Mind.

#### Organizing Committee

▪ **Muneera Alhababi**

Head of Social & psychological care section, Zayed Higher Organization for People of Determination.

▪ **Ghadeer Alateibi**

Senior Social Specialist, Zayed Higher Organization for People of Determination.

▪ **Nasreen Badreldin**

Supervisor, office work. ADNOC

▪ **Mariam Salem Al Suwaidi**

General Secretarys Office Manager of the Zayed Higher Organization for People of Determination.

▪ **Mariam Mohammed AlMansouri**

Correspondence administrator of the Zayed Higher Organization for People of Determination.

▪ **Julia Fokina**

Secretary, the Autism Challenge Center (Moscow, Russia)

▪ **Tatyana Scripko**

Analyst, liaison officer

▪ **Valentina Minakova**

Coordinator, behavioral consultant, the Autism Challenge Center (Moscow, Russia).

▪ **Svetlana Halilova**

Secretary, the Autism Challenge Center (Moscow, Russia)

## LIST OF COMMITTEES

### Scientific Committee

#### CHAIR OF SCIENTIFIC COMMITTEE:

▪ **Prof. Afaf El-Ansary, Ph.D.**

Member in Autism Research and Treatment Center, KSA and Scientific Consultant of Autism Center, Lotus Holistic Medical Center in Abu Dhabi (Egypt, Saudi Arabia, UAE)

#### Scientific Committee

▪ **Andreas M. Grabrucker Ph.D**

Associate Professor and lead of the Bio Materials Research Cluster in Bemal Institute of University of Limerick (Ireland)

▪ **Ghuwaya Al Neyadi M.D**

Senior Vice President

Group Medical & Wellbeing,

Abu Dhabi National Oil Company.

▪ **James Adams Ph.D**

Professor, Director of the Autism/Asperger's Research Program at Arizona State University, President of the Autism Society of Greater Phoenix (USA).

▪ **Dr. Omar Alhammadi**

Internal medicine consultant

▪ **Abdulla Alawadhi, PhD, CBDT**

Licensed consult pediatric neurologist, Al Jalila Children's Specialty Hospital (UAE)

▪ **Maha Helali, MA**

Special & Inclusive Ed., Technical Advisor to Minister of Social Solidarity on Disability & Rehabilitation Affairs (Egypt).

## Autism. Challenges and solutions

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▪ **Dr. Amina Rashed Ahmed Al Mashroodi**

Consultant Family Physician.

▪ **Dr. Talat Alwazna, MSc**

Neurology, Secretary General Academy of Special Education Autism Charity in Saudi.

▪ **Dr. Nahida Nayaz Ahmed, MBBS, CPE**

Chief Medical Officer- Sakina: SEHA Mental Health Services.

▪ **Laila Al-Ayadhi Ph.D**

Professor and Consultant of Neurophysiology, Director of KSU Autism Research and Treatment Center, Department of Physiology, Faculty of Medicine, King Saud University (Saudi Arabia)

▪ **Nagwa Abdul Meguid Ph.D**

Professor of Human Genetics, Head of the DNA Research Laboratory in Genetic Behavioral Disorders, Founder of the Autism Research Study Group (Egypt).

▪ **Naila Rabbani Ph.D**

Professor of Basic Medical Science at College of Medicine, Head of Proteomics at QU health, Qatar University (Qatar).

## Media Committee

#### CHAIR OF MEDIA COMMITTEE:

▪ **Abdul Hamid Najib Abdul Hay**

Media & Publishing Advisory

#### MEDIA COMMITTEE:

▪ **Nawal Ali Al Shamsi**

Communication and Marketing Office

Director of Communication and Marketing Office

▪ **Sonitta Nader**

Media presenter, TV et Radio host , and presenter of programs: Sustainable Health, assiha al mostadama on Radio Monte Carlo International and Health First, assiha awalan , on France 24.

▪ **Amr Fouad Hegazy**

IT Department Manager

▪ **Rashad Abdo Mohammed**

Graphic Designer

▪ **Mohamed Rashid**

Digital Marketing Executive

## Outcomes and Recommendations

Over the course of four days, the Autism Conference titled "Challenges and Solutions" was enriched with valuable lectures by a distinguished group of researchers. They presented the latest advancements in their studies and scientific experiments, making their findings accessible to specialists, practitioners, therapists, and parents dealing with individuals on the autism spectrum worldwide. This year's conference highlighted key outcomes, expectations, and contributions published and discussed through practical workshops attended positively by parents.

The conference successfully established strong relationships with relevant authorities, official entities, and international specialized centers. These institutions expressed their desire to continue collaborating with the conference's executive committee, particularly on new scientific research. They also showed interest in contributing to the Autism Journal, which was launched during the conference.

### Recommendations:

- **1.** Prioritize advancing scientific research related to the biomarkers of autism spectrum disorder (ASD) at the highest international level to achieve accreditation for research outcomes.
- **2.** Promote the importance of a balanced and healthy diet during pregnancy and the early years, avoiding cesarean sections unless absolutely necessary.
- **3.** Strive to establish a laboratory for conducting medical analyses based on scientifically validated biomarkers that have been published in high-impact scientific journals.
- **4.** Emphasize academic collaboration among all relevant colleges to document and exchange expertise and information on the latest research developments related to autism spectrum disorder (ASD).
- **5.** Endeavor to form research groups comprising various specialists interested in international collaboration on autism research and create teams with diverse and complementary specialties.
- **6.** Enhance the use of artificial intelligence in educating children with autism as a means for both diagnosis and learning.
- **7.** Work towards activating educational institutions to integrate children with ASD with their peers in schools.

- **8.** Focus on the social protection of children with autism, and guide students on how to interact with this group.
- **9.** Seek to provide suitable employment opportunities for students with autism to demonstrate their capabilities, in line with the requirements of the labor market.
- **10.** Encourage talents and hobbies and promote the work of distinguished individuals in various scientific, educational, sports, and artistic fields.
- **11.** Conduct a comprehensive survey to document autism cases at the national level and identify multiple cases for use in studies and research.
- **12.** Intensify awareness programs for all segments of society about the warning signs in newborns, educating them about the early symptoms of autism spectrum disorder (ASD).
- **13.** Organize workshops and training lectures for professionals in the field of autism on parental mental health and positive interactions with children, empowering them to understand their needs.
- **14.** Encourage educational programs across different disciplines to work with children with autism.
- **15.** Implement initial screening forms in health units to identify high-risk cases of ASD and refer them for diagnosis and early intervention services. Ensure the availability of supportive staff for the educational integration of students with autism, especially accompanying teachers.
- **16.** Work on sustaining the Autism Conference "Challenges and Solutions" annually, inviting experts, scholars, specialists, practitioners, and parents, and coordinating early with relevant universities and scientific centers.

**The next conference is scheduled, God willing, for the period 27-30 April 2025.**

# Autism. Challenges and solutions

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Together We Can Make a Difference

معاً يمكننا إحداث الفرق

**XII**



**Autism. Challenges and solutions**  
XII International Annual Conference & Exhibition  
Abu Dhabi 2024

Conference's  
**Speakers**

Together We Can Make a Difference

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# Autism. Challenges and solutions

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### Speakers



**Abdulla Alawadhi, PhD, CBOY**  
Pediatric Neuropsychologist,  
at Sultan Children's Hospital  
(Sultan)



**Abdullah Madany, PhD**  
Professor of Department of  
Psychiatry and Behavioral  
Sciences and the M.D. C. C.  
Institute, University of California,  
(USA, USA)



**Abdulrahman Alhazwani,  
BSc, MSc, PhD, OTR, ABA**  
Professor, Center of Psychology,  
Department of Clinical Learning  
Psychology, College of Medicine,  
King Saud University (Saudi  
Arabia)



**Abdulrahman Al-Balushi,  
MA, ABA**  
Special Teacher of At-Risk Classes  
for Autism (Bahrain)



**Araf El-Ansary,  
PhD, Professor**  
Member of Faculty, Research and  
Training Center, ABA, Qatar QIC,  
Training Center, Qatar, Qatar Institute  
Medical Center in Abu Dhabi, in the region  
with special expertise in ASD QIC,  
Lansdowne Way, South Wales, UK



**Alexandra Malykhtina, BA**  
Clinical psychologist,  
Institute of Psychology (Russia)



**Alhanouf Al-Dossari**  
Behavioral and research specialist, King  
Saud University (Saudi Arabia)



**Altaf Alabdali**  
PhD student  
(Clinical Neuropsychology)  
King Saud University (Saudi Arabia)



**Ahmed Alzughbi, BA**  
Special Education  
Teacher, Teacher Trainer,  
Jozan High School,  
Don Field, Trainer at  
CERT Higher  
Technical College



**Amina Ather,  
MD, PhD**  
Project Director of Inclusive  
Education, Autism Institute  
Bahrain (Bahrain)



**Anastasiya Seriyannikova,  
SCBA, BA, MS**  
Founder of ABAQIDS, (Russia)



**Andreas Grabenicker,  
PhD**  
Associate Professor and the Lead  
of the PhD Module in Autism  
Studies in the Faculty of  
Psychology, University of  
Leipzig (Germany)



**Andrey Vyshedskiy,  
PhD**  
Adjunct Professor of Brown  
University, Founder and CEO of  
Intelligence LLC and Autism's  
Light LLC (USA)



**Antonina Shangraw,  
SCBA-D, PhD, LBA, BA**  
Clinical Director of Positive  
Behavioral Supports at the Year  
Complex (USA)



**Ahmed Adly**  
PhD, Diploma Special Education,  
General Special Education  
(Bahrain)



**Ahmed Nofal, BSc  
SLP, Talktools,  
PROMPT, LSVIT**



**Abdullah Othman,  
BSc, OT**  
Occupational Therapist at  
Yamamah Specialized Center



**Alhanouf Mohammed  
Al Dossari, PhD**  
King Saud University, Umm Al-Qura  
Branch, Professor and Coordinator of  
Clinical Neuropsychology, Institute  
(Saudi Arabia)



**Antonio Persico,  
Professor**  
Department of Biomedical  
Medicine and Neuroscience,  
University of Modena and Reggio  
(Italy, Italy)



**Bahij Khouzami,  
BAQ, SCBA, BA**  
Autism Intervention Specialist  
(-AQ) Founder (BAQ)



**Bilal Al-Shehhi,  
M.Sc.**  
Special Education  
Teacher, Khamis Bin Laden  
(UAE)



**Benan Farhat,  
BAQ, SCBA, BA**  
Special Education,  
M.A. (USA),  
QAR, Behavioral Analyst,  
Certified Instructional  
Trainer (CIT 13)



**Bhismadev Chakrabarti,  
PhD**  
Professor of Neuroscience and  
Behavioral Health, Neuroscience  
Department of the Center for Autism  
and the University of Reading (UK)



**Carmelo Rizzo,  
MD, PhD, Professor,  
Allergologist**  
Professor of Allergy, Immunology,  
Clinical Immunology, and  
Allergy, University of Turin,  
Italy (Italy), scientific committee of  
International Conference of  
Allergology and Immunology of  
Pediatrics and Adults (ICAP) (Italy)



**Christine Der Sarkissian,  
SCBA, QSA & IBA**  
Behavior Analyst, Co-Founder of IBAQ  
Center in Lebanon and IBA  
International Center Level 1 in Beirut  
MBA (LMA), Trainer and IBA  
Professor and Chairperson for IBA



**Dr. Chafica Charbiel,  
PhD Psychology**  
PhD holder of Autism Spectrum  
Disorders for Applied Behavior  
Analysis (ABA) (USA)



**Ebtesam Murehid,  
BSc, MEd, MPhil, DPhil**  
Professor and Consultant of  
Pediatric Education at King Fahd  
University (Saudi Arabia)



**Ekaterina Trifonova,  
PhD**  
Professor in Federal Research  
Center Institute of Otolaryngology  
and Otorhinolaryngology (RAS, Russia)




**Ekaterina Zhestkova,  
MA, MS, SCBA, BA**  
Chairman of the IBAQA Board,  
Director of the ABA Training  
Center "Talk to ABA" (Russia)



**Dr. Elisabetta Volpe,  
Professor**  
Post-DOC researcher of  
Inferiority at the Duke  
University (Italy, France)



**Ekaterina Men**  
President of Autism  
Challenge Center (Russia)



**Elizabeth Percy**  
Co-Chair and Chief Trainer  
at SMART INSPARATION UAE  
(TRINITY) (USA)



**Fan Yu Lin,  
PhD, SCBA-D, BA**  
Researcher and advisor to  
Behavioral Science (China)



**Fatima Al-Sarayrah**  
Psychologist, writer for Al  
Khaleej newspaper and  
author of articles about  
Autism Spectrum Disorder,  
increase in awareness in the  
field of autism disorder



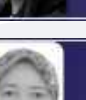
**Ms. Heba Hagrass, PhD**  
Advocate of Intellectual Disability  
Disorders, and researcher with a  
Ph.D. in Disability Studies from the  
University of Leeds



**Mrs. Hadeer Ibrahim**  
Assistant researcher in the  
Department of Special Education at  
Cairo University (Egypt), formerly  
researcher at the Group Autism  
Center



**Hanan A. Alfarazi,  
Professor**  
Professor of Pediatric & Adolescent  
Psychiatry, Department of Child  
& Adolescent Psychiatry at King Saud University,  
(Saudi Arabia)



**Dr. Hala Abdel-Salam,  
MA**  
Special Education, Egypt Ministry of  
Education



**Igor Efimov,  
MD**  
Neurologist, psychiatrist,  
functional diagnostic  
neuropsychology expert  
"Dostoev" clinic (Russia)



**Irina Kichuk,  
PhD**  
Associate Professor of Psychiatry,  
neurobiology and mental health  
Department at Tishreen Russian  
National Research Medical University,  
Head of Functional Support in  
Mental Health Center (Russia)



**Dr. Ibtisam Mechari,  
PhD**  
Linguistic and Cognitive  
Psychologist, Professor at  
Tanta University (Egypt)



**Irina Nikitenkova**  
Chief Medical Officer,  
Psychiatrist, Psychologist,  
Mental Health Center  
Specialist (Russia)



**Jemman Amiry, BA**  
Founder and CEO of the  
Autism Medical Foundation  
(AMFA), research program  
for diagnosis in the field of  
autism, Faculty of Science  
Education, Jordan University



**James Adams,  
MB, BChB**  
Professor, Director of the  
Neurophysiology Research  
Group at Newcastle  
University, Director of the  
Neurophysiology Research  
Group at Newcastle  
University (UK)

# Autism. Challenges and solutions

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Abu Dhabi 2024

## Speakers



**Jonah Mustafa Shoolib**  
Special Educator and Behavioral Interventionist



**Keenla Khvoavova**  
IBA  
15-year career and more than 10 years of research experience in special education. Founder of Special Education Institute in Moscow, Russia.



**Kichuk Ibra**  
Associate Professor of Learning, Memory and Health, Neurology and Medical Genetic, Assistant of Program Director, National Research Medical University, Head of National Research Institute of Mental Health Center, Vietnam.



**Dr. Khaled Mat-Hana**  
PhD  
Workshop Facilitator, Associate Professor, Faculty of Arts, Salford University, University of Salford, Greater Manchester, UK. Co-Editor, Journal of Vocational Rehabilitation.



**Kifah Salem Hashemi**  
BA  
Associate Professor of Neurology, Neurogeriatrics and Health Services, Director of Dr. Zeynep Sultan Hospital, Research Medical University, Head of National Research Institute of Mental Health Center, Malaysia.



**Karen Kohdy**  
Neurodiversity Advocate and Writer, Freelance Writer and Author of autistic traits.



**Laila Alayadhi**  
PhD  
Professor and Coordinator of Clinical Neurophysiology, Faculty of Medicine, King Fahad University Hospital (KFUH) and King Abdul Aziz University Hospital (KAUH), Jeddah, Saudi Arabia.



**Mahmoud Al-Sheryab**  
PhD, BCBA, CAS, BA  
General Manager, Able Resources, President of BCBA Middle East Chapter (London).



**Malitha Al-Naimi**  
Bachelor of Psychology, Master of Special Education, Certified Behavior Analyst - QSA.



**Mohammed Ibrahim Al Ali**  
PhD  
Veterinary founder and CEO of SMART REHABILITATION, Tunisia (IEM).



**Manan Alhakebany**  
Assistant professor of physiology at college of health and behavioral sciences, University of Jordan.



**Maria Soderikova**  
MA, BCBA, IBA  
Chairman of Russia (Association of Applied Behavior Analysis - Russia).



**Megan Miller**  
PhD, BCBA-D, LBA  
Chief Clinical Officer of Publicis Collective (USA).



**Michael Mueller**  
PhD, BCBA-D, IBA  
Founder and Executive Director of International Behavior Modeling Organization (USA).



**Dr. Mohamed El-Henawy**  
PhD  
B.Sc. Education, Licensed Teacher, ADVANCE Career (Egypt).



**Maysoun Al-Nashash**  
Conceptual Therapist, Clinical Advisor, Certified TOT Trainer, Certified Assessment Trainer.



**Mohammed Wafied al Shamali**  
MBA, CN, CCN  
Educational Supervisor, Shaqafat Autism Center.



**Mahmoud Abdol**  
Clinical Psychologist, Shaqafat Autism Center.



**Dr. Mohammad Al Jabery**  
PhD  
In Special Education, holds the position of Associate Professor in the Department of Counseling and Special Education, University of Jordan.



**Nadia Semiletova**  
PhD, BCBA-D, IBA  
Trainer and Managing Director, ABBEY HEALTH Center (Moscow, Russia).



**Heraldin Al-Dari**  
PhD  
Centers for Autism and Developmental Disorders, Founder and Director, Libana / UAE / Qatar / Canada.



**Nagwa Meguid**  
MD, PhD  
Professor of Human Genetics of the National Research Center, Head of the COMU Egypt Child Brain Research Center for National and Translational Medicine (Egypt).



**Naila Rabbani**  
PhD  
Professor of Basic Medical Science, College of Medicine, QU Health, Qatar University (Qatar).



**Natalia Gudkova**  
MD, PhD  
Pediatric neurologist, Deputy Head of Pediatric Neurophysiology and Neuroimaging at SCOR, LLC, Director of Innovative Medicine at Institute of Higher Study (Moscow).



**Natalia Ustinova**  
MD, PhD  
Head of Department of Social Pediatrics Research Institute of Pediatrics National Center of Surgery, Chief Researcher of the Center for Mental Health of Children and Adolescents (Moscow, Russian Federation).



**Nataliya Shcherbakova**  
SLP, BCBA, IBA  
DIRECTOR and Clinical Supervisor at The ABB Center (USA).



**Nipa Bhuptani**  
MEd(Sp), BCBA  
Founder and Director of Applied Behavioral Training Institute (USA).



**Olesia Zmikhovskaya**  
MA, CBT  
Clinical psychologist, behavior analyst, author of the "Mediators Program for Parents of Children with Autism" (Moscow).



**Pierre Drapeau**  
PhD  
Montreal Neurological Institute, McGill University, Montreal (Canada).



**Peter Lloyd-Thomas**  
MEng, MBA  
Independent Researcher in the Translation of Autism Science into Therapy.



**Rami Mosaad Abdo**  
BA  
Special Educator at Layan Autism Center (Bahrain).



**Rebecca Ryan**  
M.Ed, BCBA, LRS  
Executive Director of Services (USA (USA)).



**Rayaz Malik**  
BSc, Hons, MSc, MB ChB, PhD, FRCP  
Professor of Medicine and Assistant Chief of Clinical Research at King's College London, Senior Consultant, Professor of Health Services Research, (Glasgow, Glasgow), Professor of Medicine at the University of Glasgow, and Acting Professor of Medicine at Manchester Metropolitan University (UK).



**Rex Shangraw**  
BCBA, LBA  
Behavioral consultant of Psycho Behavioral Services of the East Coast (USA).



**Mrs. Rasha Zak**  
Parent  
BA Mass & Communication Arts, Studies in Integrated Psychology, Life Coach.



**Dr. Rehab Zaytoun**  
MD  
Advanced Nutritionist at Imam Muhammad Bin Saud Islamic University (Saudi Arabia).



**Shahira Abdul-Rahman**  
MA  
Specialist in Special Education, Certified Autism Case Manager, Speech & Language Consultant (Egypt).



**Sana Razhan Alsubaie**  
PhD  
Advanced PhD student at Imam Muhammad Bin Saud Islamic University (Saudi Arabia).



**Sarah Al-Mazidi**  
PhD  
Senior consultant in neurophysiology and assistant professor of physiology at college of medicine, Qu Health, Qatar University (Qatar).



**Steve Ward**  
MA, BCBA  
Co-owner of Whole Child Consulting, LLC (USA).

# Autism. Challenges and solutions

## XII International Annual Conference & Exhibition Abu Dhabi 2024

### Speakers



**Sahar Daoud**  
PhD, CROF

Leading expert in Child Mental Health & Stress Factors (CMTL), Riyadh, Riyadh Lead (Local), National Child Mental Health (KSA)



**Steven Foster**

Parent Coach, Portland, USA  
Dr. Author of Positive Discipline



**Stephen M. Edelson**  
PhD

Director of the Autism Research Institute (USA)



**Sabbagh Ubaidoh**  
PhD

Melrose Institute for Brain Research, MIT, Department of Brain and Cognitive Sciences, MIT Learning Center for Robotics, Research, Social Institute of MIT and Harvard



**Susan D. Rich**  
MD, MPH, DFAPA

President of 7th Generation Foundation (USA)



**Salyne El Samarany**

Vice President Special Olympics Global Center for Inclusion, Special Olympics University of Toronto



**Samir A. Chaukkar**  
MD (MCh)

Professor, Dean at Dr. Bahry Hospital, Mumbai, India



**Sheikha Al Suwaidi**

Special Education, Head of the Autism Department at the Abu Dhabi Autism Center, Zayed Higher Ed. for People of Determination, Board member of the Emirates Autism Society



**Sharifa Yateem**  
BCBA, JBA, MSc

FPA, Founder of Sharifa Research Center for Rehabilitation



**Dr. Sayed El-Garhy, PhD**

Special Education, Associate Prof. of Special Education, Faculty of Education, Assiut University, Assiut, Egypt



**Sarah Touma**

Executive Assistant at Ecomat, Mother of 3 kids, the oldest is 11 years old, lives in the United States



**Suzan Ahmed**

Consultant in Global Health, Authority and a certified trainer in the Evidence-Based Practice of Certified Consultants and Trainers



**Dr. Talat Alwazna**

Neurologist, Secretary General, Academy of Special Education, Autism Charities in Saudi



**Tasneem Abu Roza, BCBA**

Founder of Support Works, Consultant, and Lead Manager at Dursiy for Physio & Rehab, and Collaborator at Adaptive Choice Center



**Teresa Grimes, BCBA**

Co-Owner of Whole Child Consulting, LLC (USA)



**Tracy D. Gulou**  
PhD, BCBA-D

Clinical Health, a mental health and wellness professional for children and adolescents in the Fox Valley, Wisconsin (USA)



**Undurti Das**  
MD, DSc, FRAC, FAMS

Professor of Department of Biotechnology, Indian Institute of Technology Hyderabad, Department of AMMCHA, Co-ordinator of Autism Center and University India, Department of Biotechnology, IIT Hyderabad (India)



**Valentina Minakova**

Behavioral analyst, leading specialist and initiator of the Autism Center (Russia)



**Vardan Arutunian**  
PhD

Postdoctoral Fellow at Center for Child Health, Seattle Children's Research Institute (USA)



**Zahra Aljassmi**

Co-Founder and Managing Director of Oodgottawi Early Intervention Center Autism

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# Conference's **Agenda**

27 - 30 April, 2024. Abu-Dhabi, UAE

# Conference Program Murban Hall



Registration Registration Registration Registration Registration Registration

Chairperson



## Section I "Autism as the cause of discoveries"

**Antonina Shangraw,**  
**BCBA-D, PhD, LBA, IBA**  
Clinical Director of Positive Behavioral  
Services of The Four Corners (USA)

رئيس الجلسة  
د. أنتونينا شانجرو  
BCBA-D، دكتوراه، LBA، IBA،  
المدير الإكلينيكي للخدمات السلوكية الإيجابية  
في The Four Corners (الولايات المتحدة  
الأمريكية).

10.00 - 11.00 / Lecture

### Understanding Challenging Behaviors: A Multi-Component Model Involving Behavioral Conditioning, Sensory Processing and Medical Conditions

**Stephen M. Edelson,**  
**MA, PhD**  
Director of the Autism  
Research Institute (USA)



فهم السلوكيات الصعبة: نموذج متعدد المكونات يشمل  
التكيف السلوكي والمعالجة الحسية والحالات الطبية

ستيفن إيدلسون  
ماجستير ودكتوراه، مدير معهد أبحاث  
التوحد الولايات المتحدة الأمريكية

11.00 - 11.30 / Lecture

### The International Behavior Analysis Organization

المنظمة الدولية لتحليل السلوك

**Michael Mueller**  
**PhD, BCBA-D, IBA**

Founder and Executive  
Director of International  
Behavior Analysis  
Organization (USA)



د. مايكل م. مولر  
دكتوراه، D-BCBA، IBA المدير التنفيذي للمنظمة الدولية  
لتحليل السلوك (الولايات المتحدة الأمريكية)

12.00 - 13.00

## Grand Opening



## Section II "Autism in the laboratory and in life"

**Dr. Omar Alhammadi**

Internal medicine consultant

رئيس الجلسة  
د. عمر الحمادي  
استشاري أمراض باطنية

14.00 - 15.00 / Lecture

### Validation of plasma protein glycation and oxidation biomarkers for the diagnosis of autism

التحقق من صحة بروتين البلازما والمؤشرات الحيوية للأكسدة لتشخيص اضطراب طيف التوحد

**Dr. Naila Rabbani, PhD**

Professor of Basic Medical Sciences and Head of Proteomics, AGEomics and Diabetes Research Group, Qatar University (UK, Qatar)



بروفيسور / نائله رباني  
أستاذ العلوم الطبية الأساسية، جامعة قطر

15.00 - 16.00 / Lecture

### Zinc Deficiency and Autism – From cellular mechanisms to clinical studies – an update

نقص الزنك والتوحد من الآليات الخلوية إلى الدراسات السريرية – تحديث

**Andreas Grabrucker, PhD**

Associate Professor and the Lead of the Bio Materials Research Cluster in Bernal Institute of University of Limerick (Ireland)



دكتور / أندرياز جرابروكر  
مختبر البيولوجيا العصبية وتكنولوجيا النانو العصبية، قسم العلوم البيولوجية، معهد برنال، معهد البحوث الصحية، جامعة ليمريك، أيرلندا

16.00 - 17.00 / Lecture

### Phenotypes and mechanisms: Probing autism in and outside the lab

الأنماط الظاهرية وآليات التحقق في التوحد داخل وخارج المختبر

**Bhismadev Chakrabarti, PhD**

Professor of Neuroscience and Mental Health, and Research Director of the Centre for Autism at the School of Psychology and Clinical Language Sciences, University of Reading (UK)



بروفيسور / بيزماديف شاكرابارتي  
أستاذ علم الأعصاب والصحة العقلية، مدير الأبحاث لمركز التوحد في كلية علم الأمراض النفسية وعلوم اللغة السريرية، جامعة ريدينغ

17.00 - 17.30 / Lecture

### Trace elements and minerals in autism spectrum disorder theranostics

العناصر النادرة والمعادن في اضطراب طيف التوحد العلاجي

**Anatoly V. Skalny, MD, PhD, DSc**

Prof. Director of Center for Bioelementology and Human Ecology of Sechenov University; Chief researcher at the World-Class Research Center "Digital Biodesign and Personalized Healthcare" of Sechenov University, Moscow, Russia



بروفيسور أناتولي في سكالني  
دكتوراه في الطب والعلوم، مدير مركز علم العناصر النادرة والبيئة البشرية بجامعة سينشينوفا؛ كبير الباحثين في مركز الأبحاث العالمي "الرقمي" - التصميم الحيوي والرعاية الصحية الشخصية" لـ سينشينوفا

## Section V: "Biomarkers and signals"

**Khaled Nabil Kadry, MD,  
PG, MRCPsych, MBBCh**

Child and Adolescent Psychiatry Chair of Strong  
Minds Global Faculty Advisory Panel, Special Olympics..

رئيس الجلسة  
دكتور خالد نabil قدرى  
بكالوريوس الطب والجراحة، MD FRCpsych رئيس  
الطب النفسي للأطفال والمراهقين للجنة الاستشارية  
العالمية لأعضاء هيئة التدريس في شركة  
Strong، الأولمبياد الخاص

Chairperson



10.00 - 11.00 / Lecture

## GABA and Glutamate Imbalance in Autism and Their Reversal as Novel Hypothesis for Effective Treatment Strategy: An update

اختلال توازن الجايا والجلوتامات في التوحد  
وعكسهما كفرضية جديدة لاستراتيجية العلاج  
الفعالة: تحديث

**Afaf El-Ansary, PhD**

Professor, Member in Autism Research and Treatment Center, KSA, Scientific Consultant of Autism Center, Lotus Holistic Medical Center in Abu Dhabi, in the recent past senior scientist at King Saud University (Egypt, Saudi Arabia, UAE).



بروفيسور / عفاف الأنصاري  
أستاذ وعضو مركز أبحاث وعلاج التوحد بالمملكة العربية السعودية.  
المستشار العلمي لمركز التوحد، مركز لوتس الطبي الشامل، الإمارات  
العربية المتحدة

11.00 - 11.30 / Lecture

## Comparative clinical and experimental study on novel biomarkers related to the effectiveness of GABA supplementation as intervention strategy in autism

دراسة سريرية وتجريبية مقارنة على المؤشرات الحيوية  
الجديدة المتعلقة بفعالية مكملات GABA كاستراتيجية  
تدخل في التوحد

**Altaf Nayil Alabdali**

PhD student (Clinical biochemistry),  
King Saud University (Saudi Arabia)

أطاف نabil العبدلي  
دكتوراه (الكيمياء الحيوية السريرية)، جامعة الملك  
سعود (المملكة العربية السعودية).



11.30 - 12.00 / Lecture

## CTRP3 as a novel biomarker in the plasma of Saudi children with autism

CTRP3 كمؤشر حيوي جديد في بلازما  
الأطفال السعوديين ذوي التوحد

**Manan Alhakhbany, PhD**

Associate professor of physiology  
at college of Medicine, King Saud  
University (Saudi Arabia)

د/ منان الحقباني  
دكتوراه، أستاذ مشارك في علم وظائف  
الأعضاء في كلية الطب، جامعة الملك  
سعود (المملكة العربية السعودية)



12.30 - 13.00 / Lecture

## Why do we understand so little about the causes of Autism?

لماذا لا نفهم إلا القليل عن أسباب التوحد؟

**Paul Shattock**

Chairman of ESPA, a charity which provides a wide range of services for adults and of ESPA Research which concentrates on biomedical approaches to Autism. Former Secretary of Autism-Europe and ex-President of World Autism Organization.



بول شاتوك  
رئيس ESPA، وهي مؤسسة خيرية تقدم مجموعة واسعة من الخدمات للبالغين  
ورئيس أبحاث ESPA التي تركز على الأساليب الطبية الحيوية لعلاج التوحد.  
السكرتير السابق للتوحد-أوروبا والرئيس السابق للمنظمة العالمية للتوحد.

Section VII: **Autism: Genetic Clues"**

**Dr. Nahida Nayaz  
Ahmed, MBBS, CPE**

Chief Medical Officer- Sakina: SEHA  
Mental Health Services.



رئيس الجلسة  
دكتورة/ ناهدة نياز احمد  
المدير الطبي التنفيذي لسكينة  
بشركة صحة.

Chairperson

14.00 - 15.00 / Lecture

## Identification and characterisation of genes involved in common developmental brain diseases

تحديد وتوصيف الجينات المشاركة في أمراض  
الدماغ النمائية الشائعة

**Pierre Drapeau, PhD**

Chair of Pathology and Cell biology, Professor of neuroscience, Montreal Neurological Institute, McGill University, Montreal (Canada)



دكتور/ بيير درابيو  
رئيس قسم علم الأمراض وبيولوجيا الخلية وأستاذ علم  
الأعصاب جامعة مكغيل. مونتريال، كندا، و أستاذ كرسي  
أبحاث علم الأعصاب (كندا)

15.00 - 16.00 / Lecture

## Gamma-band neural activity and its relation to language skills and core symptoms of Autism Spectrum Disorder

النشاط العصبي لنطاق جاما وعلاقته بالمهارات  
اللغوية والأعراض الأساسية لاضطراب طيف  
التوحد

**Vardan Arutiunian, PhD**

Postdoctoral fellow at Center for Child Health, Seattle Children's Research Institute (Russia|USA)



فاردان أروتيونيان  
دكتوراه. زميل ما بعد الدكتوراه في مركز صحة الطفل، معهد  
سياتل لأبحاث الأطفال (الولايات المتحدة الأمريكية)

16.00 - 16.30 / Lecture

## The diagnostic algorithm for children developmental disorders - the practical application within the framework of modern capabilities

الخوارزمية التشخيصية لاضطرابات النمو لدى الأطفال -  
التطبيق العملي في إطار الإمكانيات الحديثة

**Natalia S. Gudkova,  
PhD, MD**

Pediatric neurologist, medical expert of the Chromolab laboratory (Russia)



ناتاليا جودكوف  
ماجستير، دكتوراه. طبيب أعصاب الأطفال، قسم  
أمراض الأعصاب وجراحة الأعصاب للأطفال في  
S.ZGMU I.A. متشيكوف، دكتور في الطب الوقائي  
في معهد الوقاية (روسيا)

16.30 - 17.30 / Lecture

## Developing effective therapeutics for Autism Spectrum Disorder

تطوير علاجات فعالة لاضطراب طيف التوحد

**Ubadah Sabbagh, PhD**

McGovern Institute for Brain Research, MIT Department of Brain and Cognitive Sciences, MIT Stanley Center for Psychiatric Research, Broad Institute of MIT and Harvard (UAE/USA)



عبادة صباغ  
دكتوراه، معهد ماكغفرن لأبحاث الدماغ، قسم الدماغ والعلوم المعرفية  
بمعهد ماساتشوستس للتكنولوجيا، مركز ستانلي لأبحاث الطب النفسي  
بمعهد ماساتشوستس للتكنولوجيا، المعهد العريض التابع لمعهد  
ماساتشوستس للتكنولوجيا وجامعة هارفارد (الإمارات العربية المتحدة،  
الولايات المتحدة الأمريكية)



## Section IX: Lipids and more in ASD

**Dr. Sameer B. Awadalla**  
MBBCh, MSc, MRCPsych

Consultant child and adolescent psychiatrist  
for the AHS in Al Mushrif and Al Tawayya  
Specialist Paediatric Centres (UAE|UK)

رئيس الجلسة  
د. سمير عوض الله  
استشاري الطب النفسي للأطفال والمراهقين  
في الخدمات العلاجية الخارجية  
في المشرف ومركز الطوية التخصصي لطب  
الأطفال (الإمارات العربية المتحدة) المملكة  
المتحدة

10.00 - 11.00 / Lecture

## Omega-3 fatty acid supplementation in autism spectrum disorder is there a benefit: An unanswered question? we can answer together

مكملات الأحماض الدهنية أوميغا 3 في اضطراب طيف التوحد هل هناك فائدة؟ سؤال يحتاج إجابة؟ يمكننا الإجابة معا

**Hanan A Alfawaz**  
MSc, PhD



Professor of Nutrition & Metabolism; Food Science & Nutrition Department at King Saud University Riyadh (Saudi Arabia)

بروفيسور حنان الفواز  
أستاذ التغذية والتمثيل الغذائي، قسم علوم الأغذية والتغذية، كلية علوم الأغذية والزراعة، جامعة الملك سعود، الرياض، المملكة العربية السعودية

11.00 - 12.00 / Lecture

## Bioactive lipids in the prevention and management of autism

بيولوجيا الدهون النشطة في الوقاية من وعلاج التوحد

**Dr. Undurti N. Das**  
MD, FAMS, FRSC, FICP



President and Founder of UND Life Sciences (India)

أندورتي ن. داس  
أخصائي المناعة السريرية و الروماتيزم، الرئيس التنفيذي ومسؤول منظمات المجتمع المدني في علوم الحياة. رئيس تحرير مجلة "الدهون في الصحة والمرض"

12.00 - 12.30 / Lecture

## It's not only a social problem. Nutritionists, family, school and therapists: a powerful synergy

إنها ليست مشكلة اجتماعية فقط. خبراء التغذية والأسرة والمدرسة والمعالجين: تآزر قوي

**Carmello Rizzo, MD PhD**



Professor, University Niccolò Cusano in Rome, Scientific director of International Academy of Clinical Nutrition (A.I.Nu.C.), (Italy)

كارميلو ريزو  
دكتوراه في الطب، أستاذ، أخصائي تغذية، أخصائي أمراض الحساسية، جامعة نيكولو كوزانو في روما، المدير العلمي للأكاديمية الدولية للتغذية السريرية (A.I.Nu.C.)، (إيطاليا)

12.30 - 13.00 / Lecture

## The Healthy Baby Roadmap: An Actionable Strategy for Reducing the Risk of Chronic Illness in Children Starts with Preconception and Pregnancy

فيكي كوبلنر  
أخصائي تغذية في الطب الوظيفي للأطفال والكبار، مالك شركة Holcare Nutrition (الولايات المتحدة الأمريكية)



**Vicki Kobliner**

Registered Dietitian/Nutritionist/ Pediatric And Adult Functional Medicine Dietitian, owner of Holcare Nutrition (USA)

خارطة طريق الطفل السليم: استراتيجية قابلة للتنفيذ للحد من مخاطر الإصابة بالأمراض المزمنة لدى الأطفال تبدأ بمرحلة ما قبل الحمل والحمل

Chairperson



Section XI: Nutrition determines behavior

Dr. Amina Rashed  
Ahmed Al Mashroodi  
Consultant Family Physician.

رئيس الجلسة  
الدكتورة أمينة راشد أحمد المرشودي  
استشاري طب الأسرة.

14.00 - 15.00 / Lecture

Precision microbial  
intervention improves social  
behavior in autistic children



Elisabetta Volpe, PhD

Director of Molecular Neuroimmunology  
Laboratory of Santa Lucia Foundation in Rome  
(Italy)

تحسين السلوك الاجتماعي لدى الأطفال ذوي  
التوحد باستخدام التدخل الميكروبي الدقيق

دكتورة / إليزابيتا فولب  
باحث ما بعد الدكتوراه في علوم المناعة، معهد كوري  
(باريس، فرنسا)

15.00 - 17.30 / Workshop

Intensive Behavioral Feeding Intervention,  
Nutritional Support and Collaboration

التدخل في سلوك التغذية المكثفة والدعم الغذائي

كيلي مكران بارنهيل  
ماجستير في إدارة الأعمال، CN، CCN،  
أخصائي التغذية السريرية.  
المدير السريري في مركز جونسون لصحة  
الطفل ونموه (الولايات المتحدة  
الأمريكية)



Kelly McCracken Barnhill,  
MBA, CN, CCN

Clinical Nutritionist, Clinical Director at The Johnson  
Center for Child Health and Development (USA)

ريبيكا م. راين  
ماجستير التربية، BCBA، IBA،  
المدير التنفيذي  
لشركة Behavioral Consulting  
Sandbox ABA Austin (الولايات  
المتحدة الأمريكية)



Rebecca M. Ryan, M.Ed., BCBA, IBA

Executive director at Behavioral  
Consulting Sandbox ABA Austin  
(USA)



### Section XIII: Syndrome: from label to understanding

#### Pierre Drapeau, PhD

Chair of Pathology and Cell biology, Professor of neuroscience, Montreal Neurological Institute, McGill University, Montreal (Canada)

رئيس الجلسة

د. بيير درابو  
رئيس قسم علم الأمراض وبيولوجيا الخلية،  
أستاذ علم الأعصاب، معهد مونتريال للأعصاب،  
جامعة ماكجيل، مونتريال (كندا).

10.00 - 11.00 / Lecture

### Corneal confocal microscopy demonstrates corneal nerve loss in children with autism spectrum disorder

يوضح الفحص المجهرى متحد البؤر للقرنية  
فقدان عصب القرنية لدى الأطفال المصابين  
باضطراب طيف التوحد

#### Rayaz A Malik, BSc (Hons), MSc, MB ChB, PhD, FRCP



Assistant Dean for Clinical Research at Weill Cornell Medicine, Senior Consultant Physician at Hamad General Hospital (Qatar), Honorary Professor of Medicine at the University of Manchester and visiting Professor of Medicine at Manchester Metropolitan University (UK)

الدكتور رياز مالك  
بكالوريوس (مع مرتبة الشرف)، ماجستير، بكالوريوس الطب والجراحة،  
دكتوراه، FRCP، أستاذ الطب ومساعد العميد للأبحاث السريرية في  
وايل كورنيل للطب، طبيب استشاري أول في مستشفى جمد العام  
(قطر)، أستاذ فخري للطب في جامعة مانشستر و زائر أستاذ الطب  
بجامعة مانشستر متروبوليتان (المملكة المتحدة)

11.00 - 12.00 / Lecture

### Fragile X syndrome and Autism Spectrum Disorder: Is ASD in FXS 'true' ASD?

متلازمة كروموزوم اكس الهش واضطراب طيف التوحد:  
هل التوحد لدى كروموزوم اكس الهش حقيقي؟

#### Nagwa Meguid, MD, PhD

Professor of Human Genetics of the National Research Center, Head of the CONEM Egypt Child Brain Research Council for Nutritional and Environmental Medicine (Egypt)



بروفيسور نجوى عبد المجيد محمد  
أستاذ علم الوراثة البشرية، المركز القومى للبحوث، رئيس جمعية  
بحوث الطب الغذائي والبيئي لأمراض الدماغ فى الأطفال (مصر-  
النرويج)، حائزة على جائزة اليونسكو/ لوريال، رئيسة لجنة التحكيم  
منظمة اليونسكو للمرأة فى العلوم.

12.00 - 13.00 / Lecture

### Diet change and microglia ablation of MeCP2e1 deficient mice affect the Rett-like disease symptoms in a sex-dependent manner.

تأثير تغيير النظام الغذائي واستئصال الخلايا الدبقية الصغيرة لدى الفئران  
على أعراض مرض شبيه ريت بطريقة تعتمد على الجنس

#### Abdullah M Madany, PhD

Psychiatry and Behavioral Sciences and the M.I.N.D. Institute, University of California Davis (USA)



دكتور عبد الله محمد مدنى  
باحث ما بعد الدكتوراه، كلية الطب بجامعة كاليفورنيا -  
ديفيس، علوم الأحياء الطبية والمناعة الدقيقة

Section XV: **Molecular biological pathways of autism****Afaf El-Ansary, Professor**

Member in Autism Research and Treatment Center, KSA,  
Scientific Consultant of Autism Center, Lotus Holistic Medical  
Center in Abu Dhabi, in the recent past senior scientist at King  
Saud University (Egypt, Saudi Arabia, UAE)

رئيسة الجلسة  
أستاذة، عضو مركز أبحاث وعلاج التوحد،  
المملكة العربية السعودية. المستشار العلمي  
لمركز التوحد، مركز لوتس الطبي الشامل،  
الإمارات العربية المتحدة.

Chairperson



14.00 - 15.00 / Lecture

**Autoimmunity in ASD**

المناعة الذاتية في  
اضطراب طيف التوحد

**Laila Y Alayadhi, PhD**

Professor and Consultant of Clinical  
Neurophysiology, Faculty of Medicine, King Saud  
University, King Khaled University Hospital  
(KKUH) and King Abdul Aziz University Hospital  
(KAUH), Riyadh (Saudi Arabia)



أستاذة واستشاري الفسيولوجيا العصبية السريرية. كلية الطب جامعة الملك سعود  
بروفيسور/ ليلي العياضى

15.00 - 16.00 / Lecture

**Genetic and pathogenic overlaps between autism and Alzheimer's disease: opportunities for drug repurposing**

التداخلات الوراثية والمسببة للأمراض بين طيف التوحد  
والزهايمر: فرص إعادة استخدام الأدوية

**Ekaterina Trifonova, PhD**

Researcher at Federal Research  
Center Institute of Cytology and  
Genetics SB RAS (Russia)



إيكاتيرينا تريفونوفا  
دكتوراه. باحثة في معهد مركز الأبحاث الفيدرالي لعلم  
الخلايا وعلم الوراثة SB RAS (روسيا)

16.00 - 16.30 **Conference closing and resolution announcement**

16.30 - 17.30 / Lecture

**The possible role of sodium leakage channel localization factor-1 in the pathophysiology and severity of autism spectrum disorders**

الدور المحتمل لعامل توطين قناة تسرب الصوديوم في  
الفسيولوجيا المرضية وشدة اضطراب طيف التوحد

**Sarah H Al-Mazidi, PhD**

Senior specialist in  
neurophysiology and assistant  
professor of physiology at college  
of medicine, Imam Mohammed bin  
Saud University (Saudi Arabia)



دكتورة سارة المزیدی  
أخصائي أول الفسيولوجيا العصبية وأستاذ مساعد بكلية الطب،  
جامعة الإمام محمد بن سعود، الرياض، المملكة العربية السعودية

17.30 - 18.00 / Lecture

**Autism and Gut and Psychology /Physiology syndrome**

التوحد والأمعاء وعلم النفس / متلازمة وظائف  
الأعضاء

**Dr. Dena Rihan, MD, MSc**

Psychiatrist, Gut and Psychology/  
Physiology Syndrome (GAPS) Certified  
Practitioner, Child Mental Health and  
Special Needs Specialist (Egypt)



دكتورة دينا ریحان  
دكتوراه في الطب، ماجستير في علم الأمعاء وعلم النفس/  
متلازمة الفسيولوجيا (GAPS)، أخصائية الصحة العقلية للأطفال  
والاحتياجات الخاصة (مصر)

27 - 30 April, 2024. Abu-Dhabi, UAE

Conference Program  
**Al-Gurm Hall**



### Section III: Profession - behavior analyst

#### Dr. Saher Al-Sabbah

Fatima College of Health  
Sciences (UAE)

رئيس الجلسة  
د. ساهر الصباح  
كلية فاطمة للعلوم الصحية (الإمارات العربية المتحدة)

Chairperson



10.00 - 11.00 / Lecture

### The Heart of Service Delivery: **قلب تقديم الخدمات: إنشاء علاقات مترابطة** Creating Connected Relationships

د. ميغان ميلر  
دكتوراه، BCBA-D، LBA، الرئيس التنفيذي الإكلينيكي  
لمجموعة Do Better (الولايات المتحدة الأمريكية)



#### Megan Miller, PhD, BCBA-D, LBA

Chief Clinical Officer of  
DoBetter Collective (USA)

11.00 - 11.30 / Lecture

### Engaging team members in **إشراك أعضاء الفريق في العمل الجماعي في خدمة (ABA)** a teamwork in a remote عن بعد ABA-service

ماريا سوداريكوف  
ماجستير، BCBA، IBA، مؤسس مشارك ورئيس  
جمعية أخصائيي تحليل السلوك التطبيقي RUSAB  
(روسيا)



#### Maria Sudarikova, MA, BCBA, IBA

Chairman of RusABA (Association of Applied  
Behavior Analysis Specialists) (Russia)

12.00 - 13.00

## Grand Opening

## Section IV: Challenges under instructional control

Chairperson



**Dr. Nahida Nayaz**  
**Ahmed, MBBS, CPE**

Chief Medical Officer- Sakina: SEHA  
Mental Health Services.

رئيس الجلسة  
دكتورة/ ناهدة نياز احمد  
المدير الطبي التنفيذي لسكينة  
بشركة صحة.

14.00 - 15.00 / Lecture

### The Pains and Gains of Behavior Science Dissemination and its Impact on Autism Intervention

آلام ومكاسب نشر العلوم السلوكية وأثرها على التدخل في اضطراب التوحد

**Dr. Fan Yu Lin**  
**BCBA-D, IBA**

Member of The IBAO Ethical Guidelines Committee (China)



دكتورة/ فان يو لين  
(الصين) IBA, BCBA-D, IBAO عضو لجنة المبادئ التوجيهية الأخلاقية

15.00 - 16.00 / Lecture

### Understanding and Preventing Suicide Risk in Autism Spectrum Disorder

فهم ومنع خطر الانتحار في اضطراب طيف التوحد

**Bahij Khouzami**  
**M.Ed , BCBA, IBA**

Autism Intervention Specialists -  
AIS Founder (UAE)



بهيج خزامي  
أخصائي التدخل في حالات التوحد. IBAO, BCBA, IBA.  
مؤسس AIS (الإمارات العربية المتحدة)

16.00 - 17.00 / Lecture

### Work with self-stimulation through learning independent leisure

العمل مع التحفيز الذاتي من خلال تعلم شغل أوقات الفراغ المستقلة

**Anastasiya Semyannikova**  
**BCBA, IBA, MS**

Founder of ABASCHOOL (online-school of Applied Behavior Analysis), (Russia)



اناستازيا سيميانيكوف  
BCBA, IBA, MS  
مؤسس ABASCHOOL (روسيا)



## Section VI: Behavior: functions, goals, skills

### Dr. Shahira Abdel-Rahman, MA

MA Special & Inclusive Education, Certified Assessor CCET/UK  
Special & Inclusive Education Consultant (Riyadh)

رئيس الجلسة  
د. شهيرة عبد الرحمن  
ماجستير التربية الخاصة والشاملة، مقيم  
معتمد CCET/المملكة المتحدة.  
مستشار التعليم الخاص والشامل (الرياض)

10.00 - 11.00 / Lecture

## Function-Based Treatments for Escape-Maintained Problem Behavior: A Treatment-Selection Model for Behavior Analysts

العلاجات المبنية على الوظيفة لتعديل السلوك:  
نموذج اختيار العلاج لمحللي السلوك

### Mahmoud Al-Sheyab, BCBA, CAS, IBA

General Manager ABA-Resources  
President Of JOR-ABA Multi-Centers Consultant BCBA.  
Amman, (Jordan)



محمود الشايب  
ABA-Resources المدير العام  
JOR-ABA رئيس BCBA، عمان، الأردن  
مستشار المراكز المتعددة BCBA، عمان، الأردن

11.00 - 11.30 / Lecture

## Using electronic devices to build and promote communication and social skill in teenager with autism. Practical case H23:H24

استخدام الأجهزة الإلكترونية لبناء وتعزيز مهارات التواصل  
والمهارات الاجتماعية لدى المراهقين ذوي التوحد. دراسة حالة

### Aleksandra Malykhina

Clinical psychologist (Russia)



ألكسندرا ماليخينا  
عالم نفس إكلينيكي، محلل سلوك (روسيا)

11.30 - 12.00 / Lecture

## Weekends out of city without parents. How we help kids and teens with autism to get ready to live in a group home

عطلات نهاية الأسبوع خارج المدينة بدون الوالدين.  
كيف نساعد الأطفال والمراهقين المصابين بالتوحد  
على الاستعداد للعيش في منزل جماعي؟

### Ksenia Khvostova, IBA

Clinical director and supervisor in Social Support Center "Inclusive Molecule", BA in school resource room project of the Charity Foundation "Art to be close", Mentor of Inclusive Observer Project of Autism Challenge Center (Russia)



كسينيا خفوستوفا  
مدير إكلينيكي ومشرف في مركز الدعم الاجتماعي التابع لمنظمة  
غير ربحية "Inclusive Molecule" (روسيا)

12.00 - 13.00 / Lecture

## Some strategies for improving listener skills: a step further

بعض الاستراتيجيات لتحسين مهارات  
المستمع: خطوة إلى الأمام

### Ekaterina Zhestkova BCBA, IBA

Chairman of the RusABA Board,  
Director of the ABA-training Center "StepUp ABA" (Russia)



إيكاترينا جيزتكوفا  
ماجستير، BCBA، IBA. رئيس مجلس إدارة Rus ABA، مدير  
مركز تدريب "StepUp ABA" (روسيا)



**Section VIII Behavioral craftsmanship**

**Dr. Amina Rashed  
Abmed Al Marshoodi**  
Consultant Family Physician.

رئيس الجلسة  
الدكتورة/ أمنة راشد أحمد المرشودي  
استشاري طب الأسرة.

14.00 - 16.00 / Workshop

**The Assessment and  
Treatment of Severe  
Challenging Behavior**

تقييم وعلاج السلوك الصعب الشديد

**Michael M. Mueller**  
PhD, BCBA-D, IBA

Executive Director of International  
Behavior Analysis Organization  
(USA)



مايكل م. مولر  
دكتوراه، IBA، BCBA-D، المدير التنفيذي  
للمنظمة الدولية لتحليل السلوك (الولايات  
المتحدة الأمريكية)

16.00 - 17.30 / Lecture

**Diving dipper into error  
correction procedures in ABA,  
their pros and cons**

الغوص في إجراءات تصحيح الأخطاء  
في ABA إيجابيتها وسلبياتها

**Antonina Shangraw**  
BCBA-D, PhD, LBA, IBA

Clinical Director of Positive  
Behavioral Services of The  
Four Corners (USA)



د. أنتونينا شانجرو  
BCBA-D، LBA، IBA،  
المدير الإكلينيكي للخدمات السلوكية الإيجابية  
في The Four Corners (الولايات المتحدة  
الأمريكية).



### Section X: Early and with joy

#### Haidar Abdrabarasol Al Abdullah

Consultant of Psychiatry (child & adolescent), at BSP of SKMC. Deputy of child psychiatry division at BSP

رئيس الجلسة  
حيدر عبد الرسول العبدالله،  
استشاري الطب النفسي (الأطفال والمراهقين)،  
في مدينة الشيخ خليفة الطبية

10.00 - 11.00 / Lecture

### Component analysis of common early learner instructional targets

تحليل مكونات الأهداف التعليمية المشتركة للمتعلّم المبكر

#### Teresa A. Grimes

BCBA

Co-Owner of Whole Child Consulting, LLC (USA)



تيريزا أ. غرايمز  
المالك المشارك لشركة  
Whole Child Consulting, LLC  
(الولايات المتحدة الأمريكية)

11.00 - 12.00 / Lecture

### Fun and Learner Repertoires

ذخيرة المرح والمتعلم

#### Steve Ward, MA, BCBA

Co-owner of Whole Child Consulting, LLC (USA)



ستيف وارد  
ماجستير في تحليل السلوك ومالك مشارك لشركة Whole Child Consulting, LLC (الولايات المتحدة الأمريكية)

12.00 - 13.00 / Lecture

### ABA-therapy and Early Start Denver Model. Similarities, differences, reflections

علاج ABA ونموذج دنفر للتدخل المبكر. أوجه التشابه والاختلاف والانعكاسات.

#### Nataliya Shcherbakova

SLP, BCBA, IBA

Director and clinical supervisor in the ABA Center "ABC" (Russia)



ناتاليا شيرباكوفا  
SLP, BCBA, IBA  
المدير الإكلينيكي  
في مركز "ABC" ABA (روسيا)

Section XIV: Lifestyle is a therapy**Dr. Dena Rihan, MD, MSc**

Special & Inclusive Education Certified Assessor CCET/UK  
Psychiatrist, Gut and Psychology/ Physiology Syndrome (GAPS)  
Certified Practitioner, Child Mental Health and Special Needs  
Specialist (Egypt)

رئيس الجلسة  
دكتورة/ دينا ريجان  
دكتوراه في الطب، ماجستير في علم الأمعاء  
وعلم النفس/متلازمة الفسيولوجيا (GAPS)،  
أخصائية الصحة العقلية للأطفال والاحتياجات  
الخاصة (مصر)

Chairperson



10.00 - 10.30 / Lecture

### Strategies for shaping sleep behavior. Analysis and presentation of cases

استراتيجيات لتشكيل سلوك النوم. تحليل وعرض الحالات

### Valentina Minakova, BSc

Behavior consultant;  
Founder of Alvarium ABA-Center. Head of Service "Inclusive Observer",  
Autism Challenge Center,  
Moscow (Russia)

فالتينا ميناكوفيا  
محلل سلوكي، أخصائي بارز وأمين  
مركز الفاريوم (روسيا)



### Violetta Shevchenko

Master of Kinesiology.  
Special yoga teacher and therapist,  
international trainer  
Brain Gym ©101, "On Your Mark, Get Set, Go!", "Birth - Your courage to change" (Russia)



فيوليتا  
شيفتشينكو  
ماجستير في علم الحركة.  
مدربة يوغا

10.30 - 11.00 / Lecture

### Longitudnal developmental trajectories of young autistic children: influence of culture, diet, pretend play, and various activities

مسارات النمو للأطفال المصابين بالتوحد: تأثير الثقافة، والنظام الغذائي، واللعب التمثيلي، والأنشطة المختلفة

### Andrey Vyshedskiy, PhD

Adjunct Professor of Boston University, Founder and CEO of ImagiRation LLC and Alzheimer's Light LLC (USA)



أندريه فيشيدسكي  
دكتوراه، أستاذ مساعد في جامعة بوسطن، المؤسس والرئيس التنفيذي لشركة ImagiRation LLC و Alzheimer's Light LLC (الولايات المتحدة الأمريكية)

11.30 - 12.00 / Lecture

### Comparison of Sedentary Behavior and Physical Activity between Children with Autism Spectrum Disorder (ASD) and the Controls

مقارنة السلوك المستقر والنشاط البدني بين الأطفال ذوي اضطراب طيف التوحد والمجموعات الضابطة

### Abdul Rahman Mohammed Alhowikan, BSc, MSc, PhD, GTA, AHEA

Professor, Chairman of Physiology department, Clinical Exercise Physiology, College of medicine, King Saud University (Saudi Arabia)



بروفيسور عبد الرحمن الحويكان  
أستاذ - ورئيس قسم فسيولوجيا التمارين السريرية  
بكلية الطب جامعة الملك سعود

12.00 - 13.00 / Lecture

### Best practices in sex education for autistic learners

أفضل الممارسات في التربية الجنسية للطلاب ذوي اضطراب التوحد

### Amanda Tami, MA, LPC, LBA, BCBA

Psychotherapist and behavioral consultant at Johnson Center for Child Health & Development (USA)



أماندا تامي  
MA، LPC، LBA، BCBA. معالج نفسي واستشاري سلوكي في  
مركز جونسون لصحة وتنمية الطفل (الولايات المتحدة الأمريكية)

Section XVI: Learning with meaning

**Haytham Said Shalayek,**  
MD, PhD, MBBCh, Msc

Assistant medical director at British Center for  
Neurology&Psychiatry (UAE)

رئيس الجلسة  
هيثم سعيد شلايك  
المدير الطبي المساعد في المركز البريطاني للأمراض  
الأعصاب والطب النفسي (الإمارات العربية المتحدة)

Chairperson



14.00 - 15.00 / Lecture

**A framework for Trauma-Informed  
Applied Behavioral Intervention  
(ABA): The competent Learner  
model (CML) System**

**Nipa Bhuptani,**  
MEd(Sp), BCaBA

Founder and director of  
Applied & Behavioral Training  
Institute (UAE)



نيبا بوتاني  
MEd(Sp), BCaBA.  
مؤسس ومدير معهد التدريب  
التطبيقي والسلوكي (الإمارات العربية المتحدة)

إطار عمل للتدخل السلوكي التطبيقي المستنير  
بالصدمة (ABA): نظام نموذج المتعلم الكفاء (CML)

15.00 - 17.00 / Workshop

**Utilizing structured long duration projects to  
increase motivation, adaptive functioning skills and  
helping build pre-vocational skills for the real world**

الاستفادة من المشاريع المنظمة طويلة الأمد لزيادة التحفيز ومهارات  
الأداء التكيفي والمساعدة في بناء مهارات ما قبل المهنية للعالم الحقيقي

ريكس شانجرو  
رئيس عيادة الصحة السلوكية لأكبر  
مؤسسة غير ربحية تقدم خدمات الإعاقات  
النمائية في ولاية ألاسكا (الولايات المتحدة  
الأمريكية)



**Rex Shangraw, BCBA, LBA**

Behavioral Health Clinic for the largest  
non-profit Developmental Disabilities  
provider in the State of Alaska (USA)

27 - 30 April, 2024. Abu-Dhabi, UAE

Conference Program

# Practical Accelerator Hall



# Day 1. Afternoon, 27 Apr. Practical Accelerator Hall

Chairperson



## James Adams, MS, PhD

Director of the Autism/Asperger's Research Program at Arizona State University, President of the Autism Society of Greater Phoenix (USA)

رئيس الجلسة  
دكتور/ جيمس أدامز  
مدير برنامج أبحاث التوحد/أسبرجر. جامعة ولاية أريزونا  
ورئيس جمعية التوحد بالولايات المتحدة الأمريكية

14.00 - 16.00 / Workshop

## Correct nutrition: a fundamental therapeutic approach in any disease, autisms and mental health

التغذية الصحيحة: نهج علاجي أساسي في أي مرض  
واضطراب طيف التوحد والصحة العقلية

كارميلو ريزو  
دكتوراه في الطب، أستاذ، أخصائي تغذية،  
أخصائي أمراض الحساسية، جامعة نيكولو كوزانو  
في روما، المدير العلمي للأكاديمية الدولية  
للتغذية السريرية (A.I.Nu.C.), (إيطاليا).



## Carmelo Rizzo, MD, PhD

Professor, Nutritionist, Allergologist  
University Niccolò Cusano in Rome,  
scientific director of International  
Academy of Clinical Nutrition  
(A.I.Nu.C.), (Italy)

16.00 - 18.00 / Workshop

## GABA supplement in Autism

## المكمل الغذائي جابا والتوحد

بروفيسور / عفاف الأنصاري  
أستاذ وعضو مركز أبحاث وعلاج التوحد  
بالمملكة العربية السعودية. المستشار  
العلمي لمركز التوحد، مركز لوتس الطبي  
الشامل، الإمارات العربية المتحدة



## Professor. Afaf El-Ansary

Member in Autism Research and Treatment  
Center, KSA, Scientific Consultant of Autism  
Center, Lotus Holistic Medical Center in Abu  
Dhabi, in the recent past senior scientist at King  
Saud University (Egypt, Saudi Arabia, UAE)

# Day 2. Morning, 28 Apr. Practical Accelerator Hall

Chairperson



## BhismaDev Chakrabarti, PhD

Professor of Neuroscience and Mental Health, and Research Director of the Centre for Autism at the School of Psychology and Clinical Language Sciences, University of Reading (UK)

رئيس الجلسة  
بهيسماديف تشاكرابارتي  
دكتوراه، أستاذ علم الأعصاب والصحة العقلية،  
ومدير أبحاث مركز التوحد في كلية علم النفس  
وعلوم اللغة السريرية، جامعة ريدينغ (المملكة  
المتحدة)

10.00 - 12.30 / Workshop

## Advances in Personalized Medicine to Treat Autism

## التقدم في الطب الشخصي لعلاج التوحد

بيتر لويد توماس  
ماجستير في الهندسة، ماجستير في إدارة الأعمال.  
باحث مستقل في ترجمة علم التوحد إلى علاج.



## Peter Lloyd-Thomas

M.Eng, MBA, Independent Researcher in the Translation of Autism Science into Therapy.

Chairperson



## Carmelo Rizzo, MD, PhD, Professor, Nutritionist.

University Niccolò Cusano in Rome, scientific director of International Academy of Clinical Nutrition (A.I.Nu.C.), scientific coordinator of international protocol for autism research and diagnostics of Association for Research on Psychosis and Autism (ARPA) (Italy)

رئيس الجلسة  
كارميلو ريزو  
دكتوراه في الطب، أستاذ، أخصائي تغذية،  
أخصائي أمراض الحساسية،  
جامعة نيكولو كوزانو في روما، المدير العلمي  
للأكاديمية الدولية  
للتغذية السريرية (A.I.Nu.C.)، (إيطاليا)

14.00 - 16.30 / Workshop

## ANRC Guidelines for Comprehensive Nutritional Support for Autism

## إرشادات المركز الغذائي الأمريكي لدعم التوحد

دكتور/ جيمس أدامز  
مدير برنامج أبحاث التوحد/أسبرجر. جامعة ولاية أريزونا  
ورئيس جمعية التوحد بالولايات المتحدة الأمريكية



## James Adams, MS

Director of the Autism/Asperger's Research Program at Arizona State University, President of the Autism Society of Greater Phoenix (USA)

16.30 - 18.00 / Workshop

## Unlocking potential: a guide to autism and speech development through the white matter improvement protocol.

## إطلاق الإمكانيات: دليل للتوحد وتطوير الكلام من خلال بروتوكول تحسين المادة البيضاء

نورالدين الديري  
مراكز التدخل المبكر (الأردن)، EICADD،  
الإمارات العربية المتحدة)



## Noraldin Al-Deri

Early Intervention Centers (Jordan/UAE)

# Day 3. Morning, 29 Apr. Practical Accelerator Hall

Registration Registration Registration Registration Registration Registration

Chairperson



## Dr. Farah El Zein

Assistant Professor in the Division of Counselling, Special Education, and Neuroscience Emirates College for Advanced Education

د فرح الزين

أستاذ مساعد في قسم الإرشاد و التربية الخاصة و علم الأعصاب  
كلية الإمارات للتطوير التربوي

10.00 - 11.30 / Workshop

## Treating Emotion Dysregulation with Mindfulness: Mindfulness-Based Cognitive Therapy for Children with Autism

علاج خلل التنظيم العاطفي  
باليقظة: العلاج المعرفي  
القائم على اليقظة للأطفال  
ذوي التوحد

أوليسيا زميخنوفسكايا  
ماجستير، CBT، عالم نفس إكلينيكي، محلل سلوك،  
مؤلف "برنامج اليقظة الذهنية لآباء الأطفال  
المصابين بالتوحد" (روسيا)



## Olessia Zmikhovskaia, MA, CBT

Clinical psychologist, behavior analyst, author of the "Mindfulness Program for Parents of Children with Autism" (Russia)

11.30 - 13.00 / Workshop

## Positive discipline for children with autism

التربية الإيجابية  
للأطفال ذوي التوحد

د. سحر داود  
دكتوراه في طب نفس الأطفال،  
خبيرة رائدة في الصحة العقلية للأطفال  
(مصر)



## Sahar Daoud, Ph.D., CPDT

Leading expert in Child Mental Health & Steven Foster, CPDLT, Positive Discipline Lead Trainer, licensed clinical social worker (Egypt)

ستيفن فوستر  
مدرب الآباء، بورتلاند،  
الولايات المتحدة الأمريكية  
شارك في تأليف كتاب  
الانضباط الإيجابي



## Steven Foster

Parent Coach, Portland, USA  
Co-author of Positive Discipline

# Day 3. Afternoon, 29 Apr. Practical Accelerator Hall

Chairperson



**Noraldin Al-Deri**

Early Intervention Centers  
(Jordan/UAE)

رئيس الجلسة  
نورالدين الدرعي  
مراكز التدخل المبكر. الأردن /  
EICADD. الإمارات العربية المتحدة

14.00 - 15.00 / Workshop

## Clinical differential diagnostics of autistic spectrum disorders. EEG analysis methodology

التشخيص السريري الفارقي لاضطراب طيف التوحد.  
منهجية تحليل رسم المخ

**Irina Kichuk**

Associate Professor of Neurology,  
neurosurgery and medical genetics  
department at Pirogov Russian National  
Research Medical University, Head of  
functional diagnostics in Mental Health  
Center MeMento



إيرينا كيتشوك  
دكتورة. أستاذ مشارك في قسم طب الأعصاب وجراحة  
الأعصاب وعلم الوراثة الطبية في جامعة بيروجوف الروسية  
الوطنية للبحوث الطبية، ورئيس قسم التشخيص الوظيفي في  
مركز الصحة العقلية MeMento (روسيا).

**Nikitenkova Irina**

Chief Medical Officer,  
Psychiatrist, Psychotherapist;



**Semiletova Nadezhda**

Founder and Managing Director,  
MeMento (Russia)



15.00 - 16.00 / Workshop

## Exploring Seizures in Autism: What You Need to Know

استكشاف نوبات الصرع في التوحد:  
ما تحتاجه إلى معرفته؟

**Abdulla Alawadhi, PhD, CBDT**

Licensed consult pediatric  
neurologist, Al Jalila Children's  
Specialty Hospital (UAE)



عبدالله العوضي  
استشاري أعصاب الأطفال مرخص،  
مستشفى الجليلة التخصصي للأطفال  
(الإمارات العربية المتحدة)

16.00 - 17.00 / Workshop

## The Autism is controlled using broad spectrum approach - the use of RGB Analysis to convert the narrow spectrum, with a focused attempt by taking the approach of trait identification.

التحكم في التوحد باستخدام نهج واسع النطاق - استخدام تحليل السلوك المحكوم  
بالقواعد لتحويل الطيف الضيق، مع محاولة مركزة من خلال اتباع نهج تحديد السمات.

دكتور / محمد إبراهيم العلي  
المؤسس والرئيس  
التنفيذي ومدرب معتمد  
للسلوك الوراثي/علم النفس  
الغذائي/الاتصالات الإدارية



**Dr. Mohammed  
Ibrahim Al Ali**

Founder and CEO, Chief Trainer at  
SMART INSPIRATION UAE TRAINING  
(UAE)

إليزابيث بيرسي  
المؤسس والرئيس  
التنفيذي ومدرب معتمد  
للسلوك الوراثي/علم النفس  
الغذائي/الاتصالات الإدارية



**Elizabeth Percy**

Co-Founder and Chief Trainer of  
SMART INSPIRATION UAE  
TRAINING (UAE)

# Day 4. Morning, 30 Apr. Practical Accelerator Hall

Registration Registration Registration Registration Registration Registration

Chairperson



## Dr. Sahar Daoud, M.D, CPDT

Leading expert in Child Mental Health & Steven Foster, CPDLT, Positive Discipline Lead Trainer, licensed clinical social worker (Egypt)

د. سحر داود  
دكتوراه، CPDT، خبير رائد في الصحة العقلية للأطفال وستيفن فوستر، مدرب الانضباط الإيجابي، أخصائي اجتماعي سريري مرخص (مصر)

10.00 - 11.00 / Workshop

## Augmentative alternative communication tools in Autism AAC in autism

ورشة عمل التواصل المعزز والبديل

## Laila Y Alayadhi, PhD

Professor and Consultant of Clinical Neurophysiology, Medicine (Saudi Arabia)



بروفيسور/ ليلي العياض  
أستاذ وإستشاري الفسيولوجيا العصبية السريرية. كلية الطب جامعة الملك سعود

11.00 - 12.00 / Workshop

## Healthy Manding

ستيف وارد  
ماجستير ومالك مشارك لشركة Whole Child Consulting, LLC (الولايات المتحدة الأمريكية)



## Steve Ward, MA, BCBA

Co-owner of Whole Child Consulting, LLC (USA)

Chairperson



## Hanan A Alfawaz, MSc, PhD

Professor of Nutrition & Metabolism; Food Science & Nutrition Department at King Saud University Riyadh (Saudi Arabia)

رئيس الجلسة  
د. حنان الفواز  
ماجستير ودكتوراه، أستاذ التغذية والتمثيل الغذائي؛ قسم علوم الأغذية والتغذية بجامعة الملك سعود الرياض (المملكة العربية السعودية).

14.00 - 14.45 / Workshop

## Integrative medicine approach in the inhibition of 1C (PPP1R1C), RHOA containing receptor 3 (SORC3). ASD, intellectual disability (ID), for management of Statistical Manual of Mental Disorders (DSM) among autistic children with grade one.

نهج الطب التكاملية في تثبيط RHOA، 1C (PPP1R1C) الذي يحتوي على مستقبل 3 (SORC3). ASD، الإعاقة الذهنية (ID)، لإدارة الدليل الإحصائي للاضطرابات العقلية (DSM) بين الأطفال المصابين بالتوحد في الصف الأول.

## Amina Ather

MD, PhD

Project Director of Integrative Medicine RIDM, European Medical Association (Germany)



أمينة أثير  
دكتوراه في الطب، دكتوراه، مدير مشروع الطب التكاملية RIDM، الجمعية الطبية الأوروبية (ألمانيا)

# Day 4. Afternoon, 30 Apr. Practical Accelerator Hall

14.45 - 15.15 / Lecture

## Health-promoting effects of goat's milk in Autism Spectrum Disorders

"التأثير المعزز للصحة لحليب الماعز على اضطراب طيف التوحد"

الهنوف محمد سعد الدوسري  
خريجة ماجستير من جامعة الملك سعود

**Alhanouf  
Mohammed Al  
Dossari**



King Saud University PhD, Professor and  
Consultant of Clinical Neurophysiology,  
Medicine (Saudi Arabia)

15.15 - 16.30 / Lecture

Co-authors: Hanan A. Alfawaz, Musarat Amina, Nawal M. Al Musayeib, Afaf El-Ansary

## Artichoke (Cynara scolymus L.) as nutritional intervention strategy on propionic acid- induced rodent model of autism spectrum disorders.

الخرشوف كاستراتيجية للتدخل الغذائي في  
نموذج القوارض الناجم عن حمض  
البروبيونيك كغذاء لاضطراب طيف التوحد

**Sana Razhan M. Alsubaiei,  
PhD**



Advanced Nutritionist at Imam Muhammad  
Bin Saud Islamic University (Saudi Arabia)

دكتورة / سناء رزحان السبيعي  
أخصائي متقدم التغذية جامعة الإمام  
محمد بن سعود الإسلامية المملكة  
العربية السعودية

16.30 - 17.15 / Lecture

## Farm-animal-assisted Neurotherapy for Autism Spectrum and other Neurodiverse Conditions

العلاج العصبي بمساعدة حيوانات المزرعة لعلاج  
اضطراب طيف التوحد والحالات العصبية الأخرى

**Susan D. Rich, MD, MPH, DFAPA**

Board Certified Child/Adolescent and Adult  
Psychiatrist Distinguished Fellow, American  
Psychiatric Association Therapeutic &  
Learning Centers, P-LLC (USA)



دكتورة/ سوزان ريتش  
طبيب نفسي معتمد للأطفال/المراهقين والبالغين

17.15 - 18.00 / Workshop

## Role of abuse in pregnancy

دور الإساءة في الحمل

**Samir A. Chaukkar,  
MD (Hom)**

Professor, Dean at Dr Batra's  
Homeopathic Academy, Mumbai  
(India)



د. سمير شوكار  
دكتوراه في الطب (هوميوپاثي)، أستاذ وعميد أكاديمية  
الدكتور باترا للطب المثلي، مومباي (الهند).

27 - 30 April, 2024. Abu-Dhabi, UAE

**Conference Program  
Lecture Hall 2**





**Dr. Mohamed El-Henawy, PhD**  
in Special Education, Executive Director  
ADVANCE Center (Egypt)

رئيس الجلسة  
د. محمد الحناوي  
دكتوراه في التربية الخاصة من كلية التربية، المدير  
التنفيذي لجمعية التقدم بجامعة عين شمس

14.00 - 14.45 / Lecture

### Early signs of autism and diagnosis

العلامات المبكرة لمرض التوحد والتشخيص

**Dr. Sahar Daoud, M.D, CPDT**

Head of Cognitive, Social, and Emotional  
Development Dept., the Learning Resource  
Center (LRC/Egypt)



د. سحر داوود  
دكتوراه طب نفس أطفال، رئيسة قسم النمو المعرفي،  
والاجتماعي، والنفسي، بمركز مصادر التعلم (مصر).

14.45 - 15.30 / Lecture

### What is the successful treatment for autism? What are the fad treatments we all should avoid?

ما هو العلاج الناجح للتوحد؟  
ما هي العلاجات الزائفة التي علينا جميعا أن تجنبها؟

**Tasneem Abu Roza, BCBA**

Founder of Support Works Consulting, ABA  
Unit Manager at Osraty for Physio & Rehab,  
and Consultant at Adaptive Choice Center



تسنيم أبو روزا  
محلل سلوك معتمد، مؤسس استشارات أعمال الدعم ، مدير  
وحدة تحليل السلوك التطبيقي في أسرتي للعلاج الطبيعي  
والتأهيل ، ومستشار في مركز الاختيار التكيفي.

15.30 - 16.15 / Lecture

### Teaching children with autism spectrum disorder in the natural environment

تدريب الاطفال المشخصين بالتوحد على تحمل الانتظار

**Dr. Sayed El-Garhy**  
Ph.D. Special Education

Associate Prof. of Special Education,  
Faculty of Education, Fayoum, University,  
Clinical Consultant at the ADVANCE Center,  
(Egypt)



د. سيد الجارحي  
دكتوراه التربية الخاصة، أستاذ مساعد  
التربية الخاصة بكلية التربية -  
جامعة الفيوم، استشاري فني بمركز  
التقدم، مصر.

16.15 - 17.00 / Lecture

### Teaching Mands (demands) and its role in reducing behavioral problems in children with autism

تدريس الطلب (المطالب) ودوره في  
الحد من المشاكل السلوكية  
لدى الأطفال ذوي التوحد

**Abdullah Al-Balushi, MA, ABA**  
Special Teacher at Al-Ain Center for Autism  
(Emirates)



عبدالله البلوشي  
ماجستير تحليل سلوك تطبيقي، مدرس متخصص بمركز العين  
للتوحد (الإمارات)



### Dr. Sayed El-Garhy, PhD

Special Education, Associate Prof. of Special Education, Faculty of Education, Fayoum, University, Clinical Consultant at the ADVANCE Center, Egypt

رئيس الجلسة  
د. سيد الجارحي  
دكتوراه التربية الخاصة، أستاذ مساعد التربية  
الخاصة بكلية التربية -  
جامعة الفيوم، استشاري فني بمركز التقدم، مصر

10.00 - 10.45 / Lecture

### Uses of artificial intelligence for people with autism spectrum disorder

استخدامات الذكاء الاصطناعي للأشخاص ذوي اضطراب طيف التوحد

شبكة السويدي  
ماجستير في التربية الخاصة ، رئيس قسم الأنشطة  
في مركز أبوظبي للتوحد ، مؤسسة زايد العليا.  
لأصحاب الهمم ، عضو مجلس إدارة جمعية الإمارات  
للتوحد.



### Sheikha Al Suwaidi

M.A. Special Education, Head of the Activities Department at the Abu Dhabi Autism Center, Zayed Higher Org. for People of Determination, Board member of the Emirates Autism Society

10.45 - 11.30 / Lecture

### Teaching Academic Skills to Students with Autism Spectrum Disorder

تعليم المهارات الأكاديمية للطلاب ذوي اضطراب طيف التوحد

د. محمد الحناوي  
دكتوراه في التربية الخاصة، المدير التنفيذي  
لجمعية التّقدم (مصر).



### Dr. Mohamed El-Henawy, PhD

Special Education from Faculty of Education of Ain-Shams University, Executive Director of Advance Society (Egypt)

11.30 - 13.00 / Workshop

### Skills necessary for vocational training of ASD Children

المهارات اللازمة للتأهيل المهني  
لأطفال التوحد



### Dr. Khaled Mat-Hana, PhD

Vocational Rehabilitation  
Seconded Professor Faculty of Arts, Sohag  
University Director of the Limitless Center  
for Vocational Rehabilitation

د. خالد مطحنة  
دكتوراه في التربية الخاصة والتأهيل المهني، أستاذ منتدب بقسم الفئات  
الخاصة كلية الآداب جامعة سوهاج. مدير مركز ليمتلس للتأهيل المهني  
لذوي الإعاقة.



### Dr. Sayed El-Garhy

Special Education, Associate Prof. of Special Education, Faculty of Education, Fayoum

رئيس الجلسة  
د. سيد الجارحي  
دكتوراه التربية الخاصة، أستاذ مساعد التربية الخاصة بكلية التربية -  
جامعة الفيوم، استشاري فني بمركز التقدم، مصر

14.00 - 15.30 / Lecture

### Using play to promote language development in autistic children

استخدام اللعب لتعزيز تنمية اللغة لدى الأطفال ذوي التوحد

د. رحاب زيتون  
دكتوراه في طب الصوتيات، رئيس قسم النطق واللغة  
في مركز مصادر التعلم (مصر)



### Dr. Rehab Zaytoun, MD

Phoniatrics, Head of Speech and Language Department at the Learning Resource Center (LRC/ Egypt)

15.30 - 17.00 / Workshop

### Reaching Puberty for Girls with ASD

الإعداد لمرحلة البلوغ (البنات من ذوات التوحد)

كفاح سالم الهاشمي  
مدرب تربية خاصة بمؤسسة زايد العليا، فريق جسر الأمل  
(الإمارات).



### Kefah Salem Hashemi, BA

Certified Special Education Trainer at Zayed Higher Organization (Emirates)



### Dr. Khaled Mat-Hana, PhD

Vocational Rehabilitation  
Seconded Professor Faculty of Arts, Sohag University  
Director of the Limitless Center for Vocational Rehabilitation

رئيس الجلسة  
د. خالد مطحنة، دكتوراه في التربية الخاصة  
والتأهيل المهني، أستاذ منتدب. مدير مركز  
ليمتلس للتأهيل المهني لذوي الإعاقة.

10.00 - 11.30 / Workshop

### Dealing with the behaviors of children with ASD

التعامل مع سلوكيات الأطفال ذوي التوحد

### Dr. Sayed El-Garhy, PhD

Special Education  
Associate Prof. of Special Education, Faculty of Education, Fayoum University,  
Clinical Consultant at the ADVANCE Center



د. سيد الجارحي  
دكتوراه التربية الخاصة، أستاذ مساعد التربية الخاصة بكلية التربية -  
جامعة الفيوم، استشاري فني بمركز التقدم، مصر.

11.30 - 13.00 / Workshop

### Training an autistic child on tolerance

تدريب طفل مشخص بالتوحد على التسامح

### Maitha Saïd Al-Naimi, MA

Special Education Certified Behavior Analyst -QBA, Specialized Teacher at Al-Ain Center for Autism



ميثاء سعيد النعيمي  
ماجستير التربية الخاصة، محلل سلوك معتمد،  
مدرس متخصص مركز العين للتوحد.



### Dr. Mohamed El-Henawy, PhD

Special Education from Faculty of Education of Ain-Shams University, Executive Director of Advance Society (Egypt)

رئيس الجلسة  
د. محمد الحناوي ، دكتوراه في  
التربية الخاصة، المدير التنفيذي  
لجمعية التقدم (مصر).

15.00 - 16.00 / Workshop

### Organization of the Home Environment by Applying the Basic Living Skills-AFLS

تنظيم البيئة المنزلية من خلال تطبيق المهارات المعيشية الأساسية - AFLS

### Dr. Chafica Gharbieh, PhD Psychology

Founder of Autism Learning Institute for Applied Behavior Analysis  
"ALI for ABA", International Autism Consultant (UK)



د. شفيقة غربية  
دكتوراه في علم النفس ، مؤسس معهد التوحد لتعلم تحليل السلوك التطبيقي، استشاري دولي في التوحد (انجلترا).

16.00 - 17.00 / Workshop

### Potty Training for children with autism - Slow & Fast Track

تدريب الأطفال ذوي التوحد على استخدام الحمام المسار البطيء والسريع

### Rami Mosaad Abdo

Special Educator at Lotus Autism Center (Emirates)



رامي مسعد عبده  
أخصائي التربية الخاصة بمركز زهرة اللوتس للتوحد (الإمارات)



### Shahira Abdel-Rahman, MA

MA Special & Inclusive Education, Certified Assessor CCET/UK. Special & Inclusive Education Consultant (Riyadh)

رئيس الجلسة  
د. شهيرة عبد الرحمن  
ماجستير التعليم الخاص والدمج، ومقيم معتمد  
من المملكة المتحدة، استشاري التعليم الخاص  
والدمج (الرياض)

10.00 - 11.30 / Workshop

### Using Technology for Alternative Communication for Persons with Autism (Bilal Ortho application)

استخدام التكنولوجيا للاتصال البديل  
للأشخاص المشخصين بالتوحد  
(تقديم النسخة النموذجية لتطبيق  
بلال أورثو)

### Bilal Al-Shehhi, M.Sc.

Speech & Language, SLT  
Specialist at Lotus Autism  
Center in Abu Dhabi (Emirates)



بلال الشحي  
ماجستير علوم اللغة والكلام، أخصائي تخاطب  
بمركز زهرة لوتس للتوحد بأبوظبي (الإمارات).

11.30 - 13.00 / Workshop

### Training Children with Autism to Stay Dry while sleeping

تدريب الأطفال ذوي التوحد على البقاء جافاً أثناء النوم

### Rami Mosaad Abdo

Special Educator at Lotus  
Autism Center (Emirates)



رامي مسعد عبده  
أخصائي التربية الخاصة بمركز زهرة اللوتس  
للتوحد (الإمارات)



### Dr Hala Abdel-Salam,

Director of Basic & Inclusive Education  
Egypt Ministry of Education.

رئيس الجلسة  
د. هالة عبد السلام، مدير التعليم الأساسي  
والدمج، وزارة التربية والتعليم (مصر)

15.00 - 16.00 / Workshop

### Areas of teaching pre-academic skills to children with autism

مجالات تدريس مهارات ما قبل الأكاديمية  
للأطفال المشخصين بالتوحد

### Dr. Mohamed El-Henawy, PhD

Special Education from the Faculty of  
Education of Ain-Shams University, Executive  
Director of Advance Society (Egypt)



د. محمد الحناوي  
دكتوراه في التربية الخاصة من كلية التربية بجامعة عين شمس

16.00 - 18.00 / Workshop

### Implementing community inclusion for persons with ASD تطبيق الدمج المجتمعي لذوي التوحد

تسنيم أبو روزا  
محلل سلوك معتمد،  
مؤسس استشارات أعمال  
الدعم، مدير وحدة تحليل  
السلوك التطبيقي في  
أسرني للعلاج الطبيعي  
والتأهيل، ومستشار في  
مركز الاختيار التكيفي.



### Tasneem Abu Roza, BCBA

Founder of Support Works  
Consulting, ABA Unit Manager at  
Osraty for Physio & Rehab, and  
Consultant at Adaptive Choice  
Center.

أحمد عدلي  
أخصائي التربية  
الخاصة بمركز شريفة  
بتيم للتأهيل  
(الإمارات)



### Ahmed Adly

Special Educator  
Sharifa Yateem  
Center for  
Rehabilitation  
(Emirates)

27 - 30 April, 2024. Abu-Dhabi, UAE

Conference Program  
**Lecture Hall 3**



## Registration Registration Registration Registration Registration Registration

Chairperson

**Dr. Khaled Mat-Hana, PhD**

Vocational Rehabilitation, Seconded Professor, Director of the Limitless Center for Vocational Rehabilitation.

رئيس الجلسة  
د. خالد مطحنة، دكتوراه في التربية الخاصة والتأهيل المهني، أستاذ منتدب، مدير مركز ليمتلس للتأهيل المهني لذوي الإعاقة.

14.00 - 14.45 / Lecture

**Development of communication and language skills of autistic children**

تنمية مهارات التواصل واللغة لدى أطفال التوحد

**Dr. Rehab Zaytoun, MD**

Phoniatrics, Head of Speech and Language Department at the Learning Resource Center (LRC/ Egypt).



د. رحاب زيتون  
دكتوراه في طب الصوتيات، رئيس قسم النطق واللغة في مركز مصادر التعلم (مصر).

14.45 - 15.30 / Lecture

**Neurocognitive processing (language and speech)**

التناول العصبي المعرفي (لغة وتخابط)

**Prof. Dr. Ibtissem Mecheri**

Professor at Tamanghasst University /Algeria



أ.د. ابتسام مشري  
دكتوراه علم النفس اللغوي والمعرفي اخصائية أمراض صوت لغة وتواصل بروفييسور بجامعة تامنغست الجزائر

15.30 - 16.15 / Lecture

**Caregiver stress**

إجهاد مقدم الرعاية

**Dr. Khaled Kadry, MD**

Child and Adolescent Psychiatry, Consultant for the Strong-Minds Program, Special Olympics.



دكتور خالد قدري  
دكتوراه في الطب النفسي للأطفال والمراهقين، مستشار سريري لبرنامج العقول القوية، الأولمبياد الخاص.

16.15 - 17.00 / Lecture

**Alternative communication of autistic children**

التواصل البديل للأطفال ذوي اضطراب طيف بالتوحد

**Bilal Al-Shehhi, MSc**

Speech & Language, Speech & Language Specialist at Lotus Autism Center in Abu Dhabi (Emirates).



بلال الشحي  
ماجستير علوم اللغة والكلام، أخصائي تخاطب بمركز اللوتس للتوحد بأبوظبي (الإمارات)



## Dr. Rehab Zaytoun, MD, BSc, MSc

Head of Speech and Language department  
at the Learning Resource Center (LRC),  
Cairo (Egypt)

رئيس الجلسة  
د. رحاب زيتون  
دكتوراه في طب الصوتيات، رئيس قسم  
النطق واللغة في مركز  
مصادر التعلم (مصر).

10.00 - 10.45 / Lecture

## Sleep disorders in children with autism

اضطرابات النوم لدى الأطفال ذوي التوحد

## Dr. Chafica Gharbieh

PhD Psychology

Founder of Autism Learning Institute for  
Applied Behavior Analysis "ALI for ABA",  
International Autism Consultant (UK).



د. شفيقة غربية  
دكتوراه في علم النفس ، مؤسس معهد التوحد لتعلم  
تحليل السلوك التطبيقي، استشاري دولي في التوحد  
(انجلترا).

10.45 - 11.30 / Lecture

## Training parents on developing communication skills in children with autism

تدريب أولياء الأمور على تنمية مهارات التواصل  
لدى الأطفال المشخصين بالتوحد

## Dr. Ibtissam Mechri, PhD

Linguistic and Cognitive Psychology,  
Professor at Tamanghasst University  
(Algeria)



د ابتسام مشري  
دكتوراه علم النفس اللغوي والمعرفي  
إحصائية أمراض صوت لغة وتواصل  
بروفيسور بجامعة تامنغست بالجزائر

11.30 - 13.00 / Lecture

## Family plan for the early intervention stage: stations from understanding to application

خطة الأسرة لمرحلة التدخل المبكر:  
محطات من الفهم إلى التطبيق

## Benan Farhat, MA

Special Education,  
MA Entrepreneurship,  
QBA Behavior Analyst,  
Certified Professional Trainer (CPT 13)



بنان فرحات  
ماجستير التربية الخاصة، ماجستير ريادة الأعمال،  
محلل سلوك الرابطة، مدرب محترف معتمد (CPT 13)



### Dr. Mohamed El-Henawy

Special Education from the Faculty of Education  
of Ain-Shams University (Egypt)

رئيس الجلسة  
د. محمد الحناوي  
دكتوراه في التربية الخاصة من كلية التربية  
بجامعة عين شمس

14.00 - 15.30 / Lecture

## Advancing autism support and Human Rights in the MENA region. Establishing professional standards

تعزيز دعم التوحد وحقوق الإنسان في منطقة الشرق الأوسط وشمال أفريقيا:  
إنشاء معايير مهنية

جيمان العمري  
المؤسس والرئيس التنفيذي لمؤسسة التوحد  
الشرق الأوسط  
وشمال أفريقيا (أرمني) ، برنامج التدريب  
للمعالجين في مجال التوحد ،  
كلية التربية الخاصة ، الجامعة الأردنية.



### Jemman Ammry

Founder and CEO of the Autism MENA  
Foundation (AMENA), Internship program for  
therapists in the field of autism, Faculty of  
Special Education, Jordan University.

كريستين ديرساركيسيان  
محلل السلوك. مؤسس مشارك لمركز إيبسا  
في لبنان، وخبير التوحد الدولي في معهد  
التوحد للتدريب والتطوير المهني بالاردن.



### Christine DerSarkissian, BCBA, QBA & IBA,

Behavior Analyst. Co-founder of  
EBISA Center in Lebanon and the  
International Autism Expert at Autism  
MENA (AMENA) Training ABD  
Professional Development Institute.

15.30 - 17.00 / Lecture

## Reaching Puberty (Boys with ASD) الإعداد لمرحلة البلوغ (البنين من ذوي التوحد)

أحمد الزغبى  
مدرب معتمد بمؤسسة زايد العليا،  
مدرب معتمد في كليات CERT التقنية العليا.



### Ahmed Alzughbi, BA

Certified Trainer Zayed Higher Org  
Certified Trainer at CERT Higher  
Technical Colleges



## Jemman Ammry

Founder and CEO of the Autism MENA Foundation (AMENA), Internship program for therapists in the field of autism, Faculty of Special Education, Jordan University.

رئيس الجلسة

جيمان العمري

المؤسس والرئيس التنفيذي لمؤسسة التوحد الشرق الأوسط ، وشمال أفريقيا (أرمانى) ، برنامج التدريب للمعالجين في مجال التوحد ، كلية التربية الخاصة ، الجامعة الأردنية.

10.00 - 11.30 / Lecture

## How to treat an autistic child creatively?

### كيفية علاج طفل مشخص بالتوحد بشكل خلاق؟

مايسون النشاش  
أخصائي العلاج الوظيفي، مستشار أسر معتمد، مدرب مونثيسوري معتمد، معالج وظيفي لدى مؤسسة زايد العليا (الإمارات).



## Maysoon Al-Nashash

Occupational Therapist, Certified Family Counselor, Montessori Trainer OT at Zayed Higher Organization (Emirates)

11.30 - 13.00 / Lecture

## Steps Towards Independence

## خطوات نحو الإستقلالية

جمعة مصطفى شعيب  
أخصائي التربية الخاصة.



## Juma Shuhaib

Special Education and Behavioral Intervention



## Dr. Talaat Wazna, M.Sc

Neurology, Secretary General Academy of Special Education Autism Charity in Saudi

رئيس الجلسة

د. طلعت الوزنة

ماجستير طب علم الأعصاب، مؤسس وأمين عام (أكاديمية التربية الخاصة للتوحد / الجمعية الخيرية السعودية للتوحد)

14.00 - 15.30 / Lecture

## Building independence and integrating persons with autism into work

### بناء الاستقلالية ودمج الأشخاص ذوي التوحد في العمل

15.30 - 17.00 / Lecture

## Vocational rehabilitation for adolescents and youth with autism

التأهيل المهني للمراهقين والشباب ذوي التوحد

د. خالد مطحنة  
دكتوراه في التربية الخاصة والتأهيل المهني، استاذ منتدب بقسم الفئات الخاصة كلية الآداب جامعة سوهاج. مدير مركز ليمتلس للتأهيل المهني لذوي الإعاقة



## Dr. Khaled Mat-Hana, PhD

Vocational Rehabilitation Seconded Professor Faculty of Arts, Sohag University Director of the Limitless Center for Vocational Rehabilitation



### Dr. Sahar Daoud, M.D, CPDT

Leading expert in Child Mental Health (Egypt)

رئيس الجلسة  
د. سحر داوود  
دكتوراه طب نفس أطفال، خبيرة رائدة في مجال  
الصحة النفسية للطفل (مصر)

10.00 - 11.30 / Lecture

## Organizing the environment for children with autism spectrum disorder

تنظيم البيئة للأطفال المصابين بالتوحد

شبيخة الكعبي  
أخصائي علم نفس، مدرب متخصص معتمد،  
أخصائي بمركز العين للتوحد (الإمارات)



### Sheikha Al Kaabi,

Psychologist, Certified  
Professional Trainer  
Specialist at Al-Ain Autism  
Center (Abu Dhabi)

11.30 - 13.00 / Lecture

## Safeguarding children with ASD

حماية الأطفال ذوي اضطراب طيف التوحد

الدكتور السيد الخميسي  
دكتوراه علم النفس تخصص التوحد، نائب عميد كلية التربية،  
الجامعة الأفرو آسيوية أستاذ مشارك في علم النفس



### Dr. El-Sayed Al-Khamisi, PhD

Psychology with focus on Autism  
Vice Dean of the College of  
Education, the Afro-Asian University  
Associate Professor of Psychology



### Dr. Rehab Zaytoun, MD, BSc, MSc

Head of Speech and Language department at the  
Learning Resource Center (LRC), Cairo (Egypt)

رئيس الجلسة  
د. رحاب زيتون  
دكتوراه في طب الصوتيات، رئيس قسم  
النطق واللغة في مركز  
مصادر التعلم (مصر).

14.00 - 15.30 / Lecture

## Preparing Educational Tools & Kits for children with autism

إيمان العبري  
أخصائي التربية الخاصة، شهادة ABAT، مدرب معتمد  
فريق جسور الأمل، مؤسسة زايد العليا.

إعداد الأدوات والأطقم التعليمية للأطفال المصابين



### Iman Al-Ebry

ABAT Certificate, Special Educator,  
Certified Trainer Bridges of Hope Team,  
Zayed Higher Organization.

15.30 - 17.00 / Lecture

## Planning the implementation of educational inclusion of children with autism in regular schools

د. شهيرة عبد الرحمن  
ماجستير التعليم الخاص والدمج مقيم معتمد / المملكة  
المتحدة بكالوريوس صيدلة والتكنولوجيا الحيوية

التخطيط لتنفيذ الدمج التربوي للأطفال  
ذوي التوحد بالمدارس النظامية



### Dr. Shahira Abdel-Rahman, MA

Special & Inclusive Education  
Certified Assessor CCET/UK  
B.Sc. Pharmacology & Biotechnology

27 - 30 April, 2024

Conference Program

Lecture Hall 4





### Maha Helali, MA

Special & Inclusive Ed., Technical Advisor to Minister of Social Solidarity on Disability & Rehabilitation Affairs (Egypt)

رئيس الجلسة

مها هلالي

ماجستير تربية خاصة ودمج، جامعة لندن كوليدج، مستشار فني وزير التضامن الاجتماعي لشئون الإعاقة والتأهيل (مصر)

14.00 - 15.30 / Workshop

## Inclusion Officials Seminar: Promoting the inclusion of persons with autism Challenges & Solutions

ندوة مسؤولي الدمج: تعزيز دمج الأشخاص ذوي التوحد التحديات والحلول

### Ms. Heba Hagrass, BCBA, IBA, MSc

Advocate, international disability consultant, and researcher with a Ph.D. in Disability Studies from the University of Leeds



د. هبة هجرس  
المقرر الخاص المعني بالأشخاص ذوي الإعاقة للأمم المتحدة

### Dr. Talat Alwazna, MSc

Neurology, Secretary General Academy of Special Education Autism Charity in Saudi



د. طلعت الوزنه  
دكتوراهه في طب الاعصاب استشاري امراض المخ والاعصاب الامين العام الجمعيه السعوديه الخيره للتوحد.

### Jemman Ammry, MSc

Founder and CEO of the Autism MENA Foundation (AMENA), Entrepreneurship program for therapists in the field of autism, Faculty of Special Education, Jordan University.



جيمان العمري  
المؤسس والرئيس التنفيذي لمؤسسة التوحد الشرق الأوسط وشمال أفريقيا (أرمني)، برنامج التدريب للمعالجين في مجال التوحد، كلية التربية الخاصة، الجامعة الأردنية.

### Hala Abdel-Salam Khafagy

is the Head of the Central Department of Basic Education (Primary and Preparatory Stages), she also heads the Central Department for Special Education in Egypt.



د. هالة عبد السلام  
مدير التعليم الأساسي والدمج، وزارة التربية والتعليم (مصر)



**Dr. Sahar Daoud, M.D, CPDT**

Leading expert in Child Mental Health (Egypt)

رئيس الجلسة  
د. سحر داوود  
دكتوراه في طب نفس أطفال، خبيرة رائدة  
في مجال الصحة النفسية للطفل (مصر)

10.00 - 11.30 / Workshop

## Feeding Challenges Faced by Autism Spectrum Disorder

تحديات التغذية التي يواجهها ذوي اضطراب طيف التوحد

شريفة يتيم  
ماجستير علم النفس:  
مؤسس مركز شريفة يتيم للتأهيل



**Sharifa Yateem, BCBA, IBA, MSc.**

Founder of Sharifa Yateem Center  
for Rehabilitation

أحمد نوفل  
أخصائي تخاطب مركز شريفة يتيم  
للتأهيل، مدرب تالكولس معتمد



**Ahmed Nofal**

Speech & Language Pathologist  
Sharifa Yateem Center,  
TalkTools Certified Trainer

عبد الله عبيدات  
معالج علاج وظيفي،  
مركز شريفة يتيم للتأهيل



**Abdullah Obeidat**

Occupational Therapist at  
Yateem Specialized Center.

11.30 - 13.00 / Workshop

## My son's Journey curing from autism

رحلة ابني: علاج اضطراب طيف التوحد

**Mrs. Rasha Zaki**

Life coach



رشا زكي  
لايف كوتش

14.00 - 15.30 / Lecture

## Pre Service Training Programs and Evidence Based Practices in the Field of Autism Teaching

برامج الاعداد قبل الخدمة والممارسات المستندة  
الى الأدلة العلمية في ميدان تدريس التوحد.

**Dr. Mohammad AL Jabery, PhD**

Special Education  
Holds the position of Associate Professor in  
the Department of Counseling and Special  
Education, University of Jordan.



د. محمد الجابري  
دكتوراه. في التربية الخاصة  
يشغل منصب استاذ مشارك في قسم الإرشاد والتربية  
الخاصة الجامعة الأردنية



### Dr. Chafica Gharbieh, PhD

Psychology, Founder of the Autism Learning Institute for Applied Behavior Analysis "ALI for ABA"

رئيس الجلسة  
د. شفيقة غربية  
دكتورة في علم النفس ، مؤسس معهد  
التوحد لتعلم تحليل السلوك التطبيقي

11.30 - 13.00 / Workshop

## Parents Panel Discussion (I) – ASD Puberty & Youth Issues – Arabic Language

حلقة نقاش أولياء الأمور (I)  
التوحد البلوغ وقضايا الشباب – باللغة العربية

مي دهان  
متخصص إعلامي في الإعلام الإذاعي والرقمي، مؤسس  
صفحة "يوميات التوحد" على مواقع التواصل الاجتماعي،  
ومقدم بودكاست "أنا هنا" للتوعية بمرض التوحد في  
الشرق الأوسط.



### Mai Dahan

Media specialist in radio and digital media, founder of "Autism Diaries" page on social media, and host of the "Ana Huna" podcast to raise autism awareness in the Middle East.

فاتن مرعشلي  
محلل سلوكي تطبيقي معتمد ومعالج بالقبول  
والالتزام (ACT) - التربية الخاصة، ماجستير في  
الإدارة التربوية.



### Faten Merashly

Certified Applied Behavioral Analyst and Acceptance and Commitment Therapy (ACT) therapist - Special Education, Master's in Educational Administration.

ربي الطباري  
دكتورة صيدلانية ومؤسس منظمة عجائب لتعليم  
وإدماج الأطفال أصحاب الهمم في المدارس.



### Ruba Tabari

Pharmaceutical Doctor and Founder of Wonders for Education and Mainstreaming kids of Determination in Schools.

رانيا سليم  
استشاري أمراض الدم ورئيس  
مختبرات مستشفى  
راشد بصحة دبي وأم مراهق يعاني  
من اضطراب طيف التوحد  
في مدرسة متكاملة في دبي.



### Dr. Rania Seliem

Consultant Hematopathologist, Head of Rashid Hospital laboratories Dubai Health and mother of a teenager living with ASD attending an integrated school in Dubai



### Jemman Ammry

Founder and CEO of the Autism MENA Foundation (AMENA), Internship program for therapists in the field of autism, Faculty of Special Education, Jordan University.

رئيس الجلسة

جيمان العمري

المؤسس والرئيس التنفيذي لمؤسسة التوحد الشرق الأوسط وشمال أفريقيا (أرمانى) ، برنامج التدريب للمعالجين في مجال التوحد ، كلية التربية الخاصة ، الجامعة الأردنية.

14.00 - 15.30 / Workshop

### Sharjah City for Humanitarian Services (SCHS) Workshop: Using Music to Enhance Social Skills

ورشة مدينة الشارقة للخدمات الإنسانية : استخدام العلاج بالموسيقى لتنمية مهارات التفاعل الاجتماعي

### Mrs. Hadeer Ibrahim

MA Special, Music Therapy Practitioner, Sharjah Autism Center (Emirates)



أهدير إبراهيم

ماجستير التربية الخاصة، ممارس العلاج بالموسيقى بمركز الشارقة (الإمارات).



### Dr. Chafica Gharbieh, PhD

Psychology, Founder of the Autism Learning Institute for Applied Behavior Analysis "ALI for ABA"

رئيس الجلسة

د. شفيقة عربية

دكتورة في علم النفس ، مؤسس معهد التوحد لتعلم تحليل السلوك التطبيقي

15.30 - 17.00 / Workshop

### Early Intervention, Autism Diagnosis - Challenges & Mother's Experiences, Neurodiversity Some Solutions

التدخل المبكر، تشخيص التوحد - التحديات، تجارب الأمهات، التنوع العصبي وبعض الحلول

### Zahra Aljasmi

Co-founder and Managing Director of Georgetown Early Intervention Center Autism.

زهرة الجسمي  
المؤسس المشارك والمدير العام لمركز جورجيتاون للتدخل المبكر.



### Sarah Touma

Executive Assistant at Ecolab.

سارة توما  
مساعدة تنفيذية في شركة ايكولاب



### Karen Kehdy

Neurodiversity, Advocate and Writer, public speaker.

كارين الكعدي  
ناشطة وكاتبة في مجال التنوع العصبي، أم لطفلة توحد ومديرة مجموعات الدعم



### Fatima Al-Sarayrah

Psychologist, writer for Al Khaleej newspaper and author of stories about autism disorder.

فاطمة الصرايرة  
اخصائية نفسيه وتعديل سلوك الاطفال والمرهقين من البورد الامريكى الكندي.



### Suzan Ahmed

Consultant in Dubai Health Authority and a certified trainer in the Emirates Association of Certified Consultants and Trainers.

سوزان أحمد  
استشاري في هيئة صحة دبي ومدرب معتمد في جمعية الإمارات للاستشاريين والمدربين المعتمدين.





### Maha Helali, MA

Special & Inclusive Ed., Technical Advisor to Minister of Social Solidarity on Disability & Rehabilitation Affairs (Egypt)

رئيس الجلسة  
مها هلالى  
ماجستير تربية خاصة ودمج، جامعة لندن كولييدج،  
مستشار فني وزير التضامن الاجتماعي  
لشئون الإعاقة والتأهيل (مصر)

10.00 - 12.00 / Workshop

## Panel III: Discussing the initiative of developing criteria for the accreditation of autism centers in the Arab region

حلقة نقاش (III) : مناقشة مبادرة وضع معايير لاعتماد مراكز التوحد في المنطقة العربية

د. طلعت الوزنة،  
ماجستير طب علم الأعصاب، مؤسس وأمين عام  
أكاديمية التربية الخاصة للتوحد / الجمعية الخيرية  
السعودية للتوحد.



### Dr. Talaat Al-Wazna, M.Sc

Neurology, Secretary General Academy of Special Education Autism Charity in Saudi.



### Dr. Sayed El-Garhy, PhD

Special Education, Associate Prof. of Special Education, Faculty of Education, Fayoum

رئيس الجلسة  
د. سيد الجارحي  
دكتوراه التربية الخاصة، أستاذ مساعد التربية  
الخاصة بكلية التربية - جامعة الفيوم

14.00 - 15.30 / Workshop

## Using TEACCH Transition Assessment Profile (TTAP) for Transition Planning

مقياس تيتش لتقييم المرحلة الانتقالية TTAP

محمود عبد المقصود،  
اختصاصي نفسي اكلينيكي  
في مركز الشارقة للتوحد



### Mahmoud Abdel Maksoud

Clinical Psychologist, Sharjah Autism Center

محمد وليد الشمالي،  
مشرف تربوي في مركز  
الشارقة



### Mohammed Waleed al Shamali

Educational Supervisor,  
Sharjah Autism Center

# Autism. Challenges and solutions

XII International Annual Conference & Exhibition

Abu Dhabi 2024

Together We Can Make a Difference

معاً يمكننا إحداث الفرق

**XII**



**Autism. Challenges and solutions**  
XII International Annual Conference & Exhibition  
Abu Dhabi 2024

# Conference's **Abstracts**

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

# Phenotypes and mechanisms: Probing autism in and outside the lab

Bhismadev Chakrabarti

b.chakrabarti@reading.ac.uk

Professor of Neuroscience and Mental Health and Research Director of the Centre for Autism at the University of Reading (UK)

## ARTICLE INFO

Published on 5th of July 2024.  
Doi: 10.54878/2daxz114

### KEYWORDS

*Autism Spectrum Conditions, behavioural, phenotyping, boundaries*

### HOW TO CITE

Phenotypes and mechanisms: Probing autism in and outside the lab. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

Autism Spectrum Conditions are behaviourally defined, which highlights the need to focus on understanding the behavioural phenotype. Many autistic people experience challenges in social-communicative behaviour. A theoretical account suggests that atypical response to social rewards plays a causal role in such challenges. In our lab, we developed and tested different paradigms to create new ways to quantify the response to social rewards in autism, and reveal new insights into its underpinning mechanisms. This research, like the majority of autism research worldwide, takes place within Europe and the USA. To move beyond these artificial boundaries in another strand of our research, we studied the autistic phenotype in >11000 Indian schoolchildren. This set of studies not only allowed us to build an autism research toolkit in India, but also provided critical insights into the impact of socio-linguistic factors on the manifestation of autism. The final strand of our ongoing research connects the research within and outside the laboratory through the development of a mobile app to help with digital phenotyping of autism-related features in the general population. The aim of this app is for non-specialists to be able to identify autism in low-resource settings through scalable phenotypic assessments that tap performance in multiple behavioural domains.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

## Updates on Genetics and Genomics Research in ASD

Antonio Novelli

novelli.ant@gmail.com

Director of the Medical Genetics Laboratory of Children's Hospital Bambino Gesù (Italy)

### ARTICLE INFO

Published on 5th of July 2024.  
Doi: 10.54878/vfz1t946

### KEYWORDS:

*Autism spectrum disorder (ASD), techniques, strategies, heterogenous*

### HOW TO CITE

Updates on Genetics and Genomics Research in ASD. (2024). *Autism Challenges and Solutions*, 2(1).



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### ABSTRACT

Autism spectrum disorder (ASD) is a heterogenous condition with a wide range of elements contributing to its presentation, including both common and rare genetic variants, as well as environmental and developmental factors. In rare instances, ASD is associated with known syndromes such as tuberous sclerosis, 22q11 microdeletion or Down syndrome. Over the past two decades, as a result of revolutionary technology including Next Generation Sequencing (NGS) and Optical Genome Mapping (OGM), autism genetics research grew rapidly leading to large number of discoveries, including new genetic loci, hundreds of alterations in the genetic sequence, expression, epigenetic transformation, and interactions with other physiological and environmental systems have been found in association with ASD. The present work is aimed to characterize a cohort of 100 pediatric patients aged between 3 and 12 years, affected by non-syndromic ASD according to the DSM-V. This approach has allowed the identification of causative genetic variants in at least seven families. The identified variants were harbored in well-known genes involved in the pathogenesis of autism spectrum disorder and non-syndromic mental retardation, such as TNIK and SHANK3. Potentially causative variants have also been identified in susceptibility ASD genes, such as SHANK2 and NRXN3. Interestingly, rare de novo and compound heterozygous variants have also been identified in genes never described before in association with ASD, but related to nervous system development, maintenance and functional regulation. By using molecular modeling and dynamics simulation techniques, we are investigating the impact of these variants on the protein stability and interaction network, thereby providing a preliminary assessment of its mechanistic role. In conclusion, here we discuss the results obtained in this study and the recent advances in the ASD genetics and genomics, to better understand the role of the ASD-associated genetic factors. The future of genetic research, due to interdisciplinary collaborations, could facilitate the personalized medicine as well as genetic counselling and early intervention strategies.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

# The Healthy Baby Roadmap: An Actionable Strategy for Reducing the Risk of Chronic Illness in Children Starts with Preconception and Pregnancy

Vicki Kobliner

vicki@holcarenutrition.com

Pediatric And Adult Functional Medicine Dietitian, owner of Holcare Nutrition in Wilton, CT (USA)

## ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi:10.54878/wxz3e170

## KEYWORDS

*ADHD, Pregnancy, ASD, Autism, Anxiety*

## HOW TO CITE

The Healthy Baby Roadmap: An Actionable Strategy for Reducing the Risk of Chronic Illness in Children Starts with Preconception and Pregnancy. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

The incidence of chronic illness in children has reached epidemic proportions. In the US, one out of 2 children may be diagnosed with conditions such as Autism, ADHD, anxiety, depression, asthma, allergies, eczema and autoimmune disease, among others. The research is clear that maternal health, nutrition and lifestyle, both prior to conception and throughout pregnancy can influence the risk of having a child with a chronic illness. Parents deserve to be informed and empowered to reduce these risks for their future children. We will review current literature, with a focus on identifying actionable steps to support parents-to-be.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

## Gamma-band neural activity and its relation to language skills and core symptoms of Autism Spectrum Disorder

Dr. Vardan Arutiunian

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Center for Child Health, Behavior and Development Seattle Children's Research Institute Seattle, WA, United States of America

### ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi: 10.54878/hgjmck24

### KEYWORDS

*Neurobiological studies, autism spectrum disorder (ASD), magnetoencephalography, autism*

### HOW TO CITE

Gamma-band neural activity and its relation to language skills and core symptoms of autism spectrum disorder. (2024). *Autism Challenges and Solutions*, 2(1).



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### ABSTRACT

Neurobiological studies of the past decade have suggested that the imbalance between neural excitation (E) and inhibition (I) in the neural systems is one of the key pathophysiological mechanisms in autism. Cortical gamma-band oscillations (30-100Hz) measured with electro- and/or magnetoencephalography (EEG/MEG) is considered as a non-invasive measure of E/I balance and, thus, they are of particular interest in autism research. In the talk, the results of the different multi-site projects in the U.S. addressed EEG-based biomarkers of autism will be presented. First, in a group of ~300 children with and without autism, using a syllable comprehension task in EEG, we showed the elevation of gamma activity in children with autism and this pathological increase of power was associated with worse behavioral language skills. Second, in a group of ~200 infants (6 and 12 months old) with and without elevated risk for developing autism, using another EEG task (presentation of videos consisting social vs. nonsocial content), similar elevation of gamma activity was observed in infants at high risk for developing autism and this increase of power was related to worse communication clinical outcome at 24 months. Finally, in a group of ~200 children with and without autism in a simple resting-state EEG paradigm, we observed increased gamma power in children with autism and this increase was associated with lower non-verbal IQ and higher presence of autistic traits. Importantly, cluster-based analysis revealed subgroups of children with autism based on the gamma power with both increased and reduced power, pointing to non-linear relationships between neural activity and clinical measures ("U" shaped functioning with extreme low and high values representing altered functioning). The results of the studies suggested that, indeed, altered E/I balance is associated with clinical characteristics of children with autism.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

# The possible role of sodium leakage channel localization factor-1 in the pathophysiology and severity of autism spectrum disorders

Sarah Al-Mazidi

salmazeedi@gmail.com

College of Medicine, Imam Mohammad Ibn Saud Islamic University, Riyadh, Saudi Arabia

## ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi: 10.54878/9ck0hg58

## KEYWORDS

*Autism spectrum disorder (ASD), Neural dysregulation, neurodevelopmental disorder, diagnosis*

## HOW TO CITE

The possible role of sodium leakage channel localization factor-1 in the pathophysiology and severity of autism spectrum disorders. (2024). *Autism Challenges and Solutions*, 2(1).



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Research Center

## ABSTRACT

Autism spectrum disorder (ASD) is a neurodevelopmental disorder characterized by social, stereotypical, and repetitive behaviors. Neural dysregulation was proposed as an etiological factor in ASD. The sodium leakage channel (NCA), regulated by NLF-1 (NCA localization factor-1), has a major role in maintaining the physiological excitatory function of neurons. We aimed to examine the level of NLF-1 in ASD children and correlate it with the severity of the disease. We examined the plasma levels of NLF-1 in 80 ASD and neurotypical children using ELISA. The diagnosis and severity of ASD were based on the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV), Childhood Autism Rating Score, Social Responsiveness Scale, and Short Sensory Profile. Then, we compared the levels of NLF-1 with the severity of the disease and behavioral and sensory symptoms. Our results showed a significant decrease in the plasma levels of NLF-1 in ASD children compared to neurotypical children ( $p < 0.001$ ). Additionally, NLF-1 was significantly correlated with the severity of the behavioral symptoms of ASD ( $p < 0.05$ ). The low levels of NLF-1 in ASD children potentially affect the severity of their behavioral symptoms by reducing neuron excitability through NCA. These novel findings open a new venue for pharmacological and possible genetic research involving NCA in ASD children.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

## Artichoke (*Cynara scolymus* L.) as nutritional intervention strategy on propionic acid-induced rodent model of autism spectrum disorders.

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### ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi: 10.54878/n6nmqq98

### KEYWORDS

*autism spectrum disorder (ASD), neurodevelopmental disorder, Nutritional Intervention therapy's, GABA, neuroinflammation*

### HOW TO CITE

Artichoke (*Cynara scolymus* L.) as nutritional intervention strategy on propionic acid-induced rodent model of autism spectrum disorders. (2024). *Autism Challenges and Solutions*, 2(1).



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### ABSTRACT

The connection between nutrition and autism spectrum disorder (ASD), a neurodevelopmental disorder characterized by notable delays or deviations in interaction and communication, has offered a novel perspective and suggests that nutrition may contribute to the development of ASD in addition to being a useful treatment modality by reducing symptoms. Therefore, the majority of people with ASD employ nutritional therapies to reduce gastrointestinal and behavioral symptoms, both with and without therapeutic supervision. A potent source of antioxidants and minerals, artichoke extract may be utilized to reduce oxidative damage related chronic non-communicable diseases. Here, we evaluated Nutritional Intervention therapy's effects on the PPA model of autism by biochemical means. 42 male Sprague Dawley albino rat pups, split into seven groups, were employed in our study. Throughout the course of the 30-day trial, the control group was only given water and a typical diet. As a mouse model of ASD, the third group was fed a usual diet until the end of the trial, after which they were given 250 mg/kg body weight (BW) of propionic acid (PPA) orally for three days. The second group was the PPA-induced ASD model, which was given a regular diet for 27 days before being given 250 mg/kg of PPA orally for three days. The other group was given artichokes (400 mg/kg) and luteolin (50 mg/kg) daily for 27 days, followed by three days of PPA (250 mg/kg BW) in addition to their regular diet. After receiving PPA (250 mg/kg body weight (BW)) for three days, the other two groups were given a regular diet along with 400 mL/kg BW/day of artichokes and 50 mg/kg BW/day of luteolin, which is the main antioxidant and anti-inflammatory component of artichokes, for a total of 27 days. Brain homogenates from all groups were evaluated using biochemical marker measurements, which included gamma-aminobutyric acid (GABA), reduced glutathione (GSH), glutathione peroxidase (GPx1), tumor necrosis factor-alpha (TNF- $\alpha$ ), interleukin-6 (IL-6), and interleukin-10 (IL-10).

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

## Advances in Personalized Medicine to Treat Autism

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### ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi:10.54878/00ms9920

### KEYWORDS

*Medicine, Treat Autism,  
Advances, autism diagnosis*

### HOW TO CITE

Advances in Personalized  
Medicine to Treat Autism.  
(2024). *Autism Challenges and  
Solutions*, 2(1).



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Research Center

### ABSTRACT

No drug has yet been approved to treat the core symptoms of autism. For over half a century attempts have been made to repurpose existing drugs to treat autism. Clinical trials go back to the 1970s. Even in these early “failed” trials there usually were those who responded to the treatment. Personalized medicine seeks to treat just one person and accepts that behind an autism diagnosis lie a myriad of possible dysfunctions. The usual attempts to find a one-size-fits-all therapy are doomed from the start. Great steps forward are possible by reevaluating the existing research and past clinical trials to identify a personalized polytherapy to treat cognitive dysfunction, aggression, lack of speech, sound sensitivity, anxiety, stereotypy and other problem areas. Each individual with severe autism should have their own polytherapy. Some elements will be lifelong, while others are likely to change as the child gets older, approaches puberty and then adulthood. Autism is dynamic and new challenges may well appear and then therapy needs to be adjusted.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

# Treating Emotion Disregulation with Mindfulness: Mindfulness-Based Group Cognitive Therapy for Children with autism

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## ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi: 10.54878/c7110eq43

## KEYWORDS

*autism, children, emotion dysregulation (ED), Mindfulness-Based Cognitive Group Therapy, emotional processes*

## HOW TO CITE

Treating Emotion Disregulation with Mindfulness: Mindfulness-Based Group Cognitive Therapy for Children with autism. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

Children with autism spectrum disorder experience behavioral and emotional symptoms hypothesized to arise from emotion dysregulation (ED), difficulty modulating emotional experience, expression, and intensity in an acceptable and contextually appropriate manner. Mindfulness-Based Cognitive Group Therapy for Children with ASD can be a valuable intervention for children with autism, because it allows them to better understand their emotional processes, helps them develop focus and self-regulation.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

# Genetic Frontiers in Autism: Unveiling New Paths for Diagnosis and Intervention

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## ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi: 10.54878/jyfxsp05

## KEYWORDS

*globally, developmental disorders, developmental challenges, autism, Diagnosis*

## HOW TO CITE

Genetic Frontiers in Autism: Unveiling New Paths for Diagnosis and Intervention. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

In this ground-breaking study, we unveil the first diagnostic protocol that leverages genetic testing for autism and developmental disorders in children. By meticulously analyzing genetic data from a cohort of 245 children with diverse developmental profiles, including neurotypical individuals, our research has revealed significant genetic underpinnings for various symptoms. Remarkably, the identification of preventable mutations suggests new avenues for intervention, emphasizing the critical role of non-heritable mutations in developmental challenges. The study provides novel insights into prevalent mutations regionally and globally, illustrating the impact of genetics on pediatric development. Supported by real-world case studies, our findings highlight the transformative potential of early genetic diagnosis in managing and potentially eradicating symptoms, marking a significant advancement towards personalized medicine in the field of pediatric developmental disorders.

# 7P medicine as a new healthcare model in the context of management and treatment of children with ASD and other neurodevelopmental disorders

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## ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi: 10.54878/bh99yv96

## KEYWORDS

*autism spectrum disorders (ASD), diagnosis, health care, scientific research*

## HOW TO CITE

7P medicine as a new healthcare model in the context of management and treatment of children with ASD and other neurodevelopmental disorders. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

Background: A significant increase in the prevalence of autism spectrum disorders (ASD) all over the world dictates the need to search for modern and effective methods of prevention, diagnosis and health care for such patients. At the same time, the results of numerous biomedical research in the field of autism are not reflected in real practical healthcare. Aims: Substantiation of a new model of health care for children with ASD. Materials and methods: The results of promising areas of autism research in the field of genetics, epigenetics, metabolomics, microbiome and multimorbidity, which marked a paradigm shift in the understanding of autism spectrum disorders, and requiring implementation in practice, are studied. Results: Based on the concept of 7P medicine (programming child development and health, preventive, predictive, personalized, participatory, multiprofessional, progressive), the necessity and possibility of implementing the results of scientific research into real clinical practice of managing children with autism are substantiated. Conclusion: The results of fundamental scientific research in the field of ASD, revealing their complex and multifaceted nature, allow us to talk about a paradigm shift in understanding this disorder Based on a new concept of medical care – 7P-medicine – the results of scientific research can be translated into real clinical practice, including diagnostic, therapeutic, preventive and rehabilitative effects on autism, as well as programming of the optimal trajectory of the cognitive-behavioral phenotype of children with neurodevelopmental disorders, including ASD.

# Validation of plasma protein glycation and oxidation biomarkers for the diagnosis of autism

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## ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi: 10.54878/bthff139

## KEYWORDS

*Autism Spectrum Disorder (ASD), behavior-based, plasma protein glycation, mechanistic*

## HOW TO CITE

Validation of plasma protein glycation and oxidation biomarkers for the diagnosis of autism. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

Autism Spectrum Disorder (ASD) is a common neurodevelopmental disorder in children. It is currently diagnosed by behavior-based assessments made by observation and interview. In 2018 we reported a discovery study of a blood biomarker diagnostic test for ASD based on a combination of four plasma protein glycation and oxidation adducts. The test had 88% accuracy in children 5 - 12 years old. Herein, we present an international multicenter clinical validation study (N = 478) with application of similar biomarkers to a wider age range of 1.5 - 12 years old children. Three hundred and eleven children with ASD (247 male, 64 females; age  $5.2 \pm 3.0$  years) and 167 children with typical development (94 male, 73 female;  $4.9 \pm 2.4$  years) were recruited for this study at Sidra Medicine and Hamad Medical Corporation hospitals, Qatar, and Hospital Regional Universitario de Málaga, Spain. For subjects 5 - 12 years old, the diagnostic algorithm with features, advanced glycation endproducts (AGEs) - N $\epsilon$ -carboxymethyl-lysine (CML), N $\omega$ -carboxymethylarginine (CMA) and 3-deoxyglucosone-derived hydroimidazolone (3DG-H), and oxidative damage marker, o,o'-dityrosine (DT), age and gender had accuracy 83% (CI 79 - 89%), sensitivity 94% (CI 90 - 98%), specificity 67% (CI 57 - 76%) and area-under-the-curve of receiver operating characteristic plot (AUROC) 0.87 (CI 0.84 - 0.90). Inclusion of addition plasma protein glycation and oxidation adducts increased the specificity to 74%. An algorithm with 12 plasma protein glycation and oxidation adduct features was optimum for children of 1.5 - 12 years old: accuracy 74% (CI 70 - 79%), sensitivity 75% (CI 63 - 87%), specificity 74% (CI 58 - 90%) and AUROC 0.79 (CI 0.74 - 0.84). We conclude that ASD diagnosis may be supported using an algorithm with features of plasma protein CML, CMA, 3DG-H and DT in 5 - 12 years-old children, and an algorithm with additional features applicable for ASD screening in younger children. ASD severity, as assessed by ADOS-2 score, correlated positively with plasma protein glycation adducts derived from methylglyoxal, hydroimidazolone MG-H1 and N $\epsilon$ (1-carboxyethyl) lysine (CEL). The successful validation herein may indicate that the algorithm modifiable features are mechanistic risk markers linking ASD to increased lipid peroxidation, neuronal plasticity and proteotoxic stress.

## Fragile X syndrome and autism spectrum disorder: Is ASD in FXS 'true' ASD?

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### ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi: 10.54878/x6rmyh42

### KEYWORDS

*syndrome and autism spectrum disorder (ASD), Egyptian, molecular diagnoses, CGG, autism*

### HOW TO CITE

Fragile X syndrome and autism spectrum disorder: Is ASD in FXS 'true' ASD?. (2024). *Autism Challenges and Solutions*, 2(1).



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### ABSTRACT

Autism & Fragile X syndrome are intertwined as they share some neurochemical similarities. Fragile X Syndrome (FXS) is the second cause of intellectual disability after Down syndrome and the most prevalent cause of intellectual disability in males. The actual worldwide prevalence is affecting 1:5000-7000 men and 1:4000-6000 women. In Egypt, the prevalence of FXS mutation among Egyptian males was 0.9 per 1000. Moreover, it was 6.4% among mentally subnormal males. ASD is a common comorbid condition in people with fragile X syndrome (FXS). Fragile X Syndrome is caused by an alteration of the FMR1 gene, which maps at the Xq27.3 band: more than 99% of individuals have a CGG expansion (>200 triplets) in the 5' UTR of the gene, and FMR1 mutations and duplication/deletion are responsible for the remaining (<1%) molecular diagnoses of FXS. On the other hand, autism is a multifactorial polygenetic disorder. Given the relative high frequency of the condition and its complex clinical management, FXS appears to have an important economic and social burden. Here, we will present evidences from a variety of sources suggesting that there are important differences in ASD symptoms, behavioral and psychiatric correlates, and developmental trajectories between individuals with comorbid FXS and ASD and those with non-syndromic ASD. "Is ASD in FXS 'true' ASD?". Answering this question is critically important, because of recent claims that targeted pharmaceutical treatments found to be efficacious for core symptoms of FXS are likely to be beneficial for individuals with non-syndromic ASD as well. The aim of this review relying on our previous studies & publications was to gather the current clinical, associated co-morbidities and molecular knowledge about FXS compared to autism population to provide clinicians with a tool to guide the initial assessment and follow-up of FXS. This will offer an update about the current diagnostic procedures to laboratory workers and researchers. In conclusion, neurobiological substrates of the behavioral impairments, including those reflecting core ASD symptoms, are different in FXS and non-syndromic ASD. We still believe that the study of FXS can provide insights into non-syndromic ASD. Proper diagnosis can help to follow the transmission pattern of the CGG repeats to give correct genetic counseling.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

# The Heart of Service Delivery: Creating Connected Relationships

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## ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi: 10.54878/z7vq0d82

## KEYWORDS

*heart of service, creating a positive, science, technical*

## HOW TO CITE

The Heart of Service Delivery: Creating Connected Relationships. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

At the intersection of technical precision and compassionate care lies the heart of service delivery. Join Dr. Megan DeLeon in this captivating presentation as we unravel the significance of creating meaningful connections with our clients. While we excel in crafting impeccable intervention plans, let's not overlook the pivotal role of rapport building. Dr. Megan DeLeon, a leading expert in the field, draws from her extensive research and experience to unveil strategies that will empower you to cultivate and fortify trusting and connected teaching relationships with your clients. • Explore the art of creating a positive first experience during the initial stages of intervention, setting the stage for trust and collaboration. Delve into the science behind building trust over time, nurturing relationships that stand the test of time. • Witness the transformative power of collaboration between behavior analysts and clients, fostering an environment of shared growth. Walk away from this enlightening presentation armed with practical insights and real-world examples that can be seamlessly integrated into your work with individuals of all ages—children, adolescents, and adults alike.

## CTRP3 as a novel biomarker in the plasma of Saudi children with autism

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### ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi: 10.54878/jtyx5b27

### KEYWORDS

*Autism spectrum disorder; Biomarker; C1q/tumor necrosis factor (TNF)-related protein (CTRP3), Childhood autism rating scale; Receiver operating characteristic (ROC)*

### HOW TO CITE

CTRP3 as a novel biomarker in the plasma of Saudi children with autism. (2024). *Autism Challenges and Solutions*, 2(1).



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Research Center

### ABSTRACT

Background: C1q/tumor necrosis factor-related protein-3 (CTRP3) has diverse functions: anti-inflammation, metabolic regulation, and protection against endothelial dysfunction. Methods: The plasma level of CTRP3 in autistic patients (n = 32) was compared to that in controls (n = 37) using ELISA. Results: CTRP3 was higher (24.7% with  $P < 0.05$ ) in autistic patients than in controls. No association was observed between CTRP3 and the severity of the disorder using the Childhood Autism Rating Scale (CARS). A positive correlation between CARS and the age of patients was reported. Receiver operating characteristic (ROC) analysis demonstrated a low area under the curve (AUC) for all patients (0.636). Low AUCs were also found in the case of severe patients (0.659) compared to controls, but both values were statistically significant ( $P \leq 0.05$ ). Despite the small sample size, we are the first to find an association between CTRP3 and autism spectrum disorder (ASD).

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

# ANRC Guidelines for Comprehensive Nutritional Support for Autism

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## ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi: 10.54878/dtb9pw43

### KEYWORDS:

*self-limited, autism, nutritional, Comprehensive*

### HOW TO CITE

ANRC Guidelines for Comprehensive Nutritional Support for Autism. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

Children and adults with autism often have self-limited diets with insufficient intake of vegetables, fruit, protein, and essential fatty acids. Also, due to metabolic differences, they often need additional nutritional support. This presentation will summarize the positive results of several randomized clinical trials of a special vitamin/mineral/micronutrient supplement for autism, and the positive results of a comprehensive nutritional support study involving vitamins/minerals/micronutrients, fish oil, Epsom salts, carnitine, digestive enzymes, and a healthy allergen-free diet. The results of those studies resulted in the ANRC Guidelines for Comprehensive Nutritional Support, available from the Autism Nutrition Research Center

# Importance of cross-department cooperation in pediatric medical services around ASD. Neurology and otolaryngology fall flat being separated: case of the clinic.

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## ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi: 10.54878/mt6m6w54

## KEYWORDS:

*The Autism Spectrum Disorders (ASD), cross-department, Neurology*

## HOW TO CITE

Importance of cross-department cooperation in pediatric medical services around ASD. Neurology and otolaryngology fall flat being separated: case of the clinic. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

The Autism Spectrum Disorders (ASD) are a heterogeneous group of developmental abnormalities, with clinical appearance in neurological, otolaryngological, and general pediatric deficits. For many years, using extended hearing examination approach, which includes otoscopy, tympanometry, otoacoustical emission, auditory brainstem response (short-latency evoked potentials), multi-ASSR evoked potentials (auditory steady-state response) we postulated that classical professional otolaryngological approach is completely unapplicable to children with ASD. Since 2018 only in one clinic we registered 2404 (on the date 19th January 2024) multi-ASSR responses in children with speech delay and ASD. It turned up in 938 (~39%) diagnosed incomplete hearing loss and otolaryngological problems (including interfered cases). Problems in auditory processing has even greater percentile, but it is uncounted in the view struggling of finding correct criteria. In research guided by Efimova Viktoria, Nikolaeva Elena, Frolovskaya Olga 495 children were examined (245 - ASD, 250 - speech delay) using correlation analysis which showed a connection between the diagnosis of autism and the perception of frequencies of 500 Hz right ( $r=0.436$ ), 500 Hz left ( $r=0.238$ ), 2000 Hz right ( $r=0.355$ ), 4000 Hz right ( $r=0.390$ ). Therefore, the diagnosis of autism is associated with the perception of frequencies studied, in mainly on the right, that is, going to the left hemisphere. Summarizing our experience of last 10 years, we manifest that full hearing examination and ASD-orientated otolaryngological examination crucially important in and autism-related medical center.

# Omega-3 fatty acid supplementation in autism spectrum disorder is there a benefit: An unanswered question? we can answer together

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## ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi: 10.54878/80n3vg94

## KEYWORDS:

*Autism spectrum disorder (ASD), acid supplementation, DHA, multidisciplinary*

## HOW TO CITE

Omega-3 fatty acid supplementation in autism spectrum disorder is there a benefit: An unanswered question? we can answer together. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

Autism spectrum disorder (ASD) is a well-known neurodevelopmental illness with significant medical variance. There is controversy surrounding the effectiveness of omega-3 supplementation as an evidence-based treatment of symptoms of ASD. The link between autism and nutrition also opens up the possibility of early dietary intervention that could protect against the development of autism or prevent autism symptoms. This idea opens up exciting new avenues for research into dietary supplement therapy, which may improve the quality of life for people with autism and their families. Epidemiological studies show an increasing trend in the annual prevalence of ASD with a prevalence of four to five times more in boys than girls. The average prevalence of ASD in Asia, Europe and North America is estimated at 1%, with a prevalence of 0.14 to 2.9% in the Arab countries around Arabian gulf. 1 in 36 eight years old were identified in ASD in 2020. In animals and human studies show the antioxidant effect of  $\omega$ 3-PUFAs. There are conflicts of the effect of omega 3 in autistic children. A systematic review by Qawasmi et al., 2011 identified that omega-3 supplementation improved attention deficiency and hyperactivity in children with autism. In the line Omega-3 treatment decreased hyperactivity and stereotyped behavior, according to Amminger et al. investigation on omega-3 fatty acid supplementation in autistic children. Another study found that giving children with ASD an omega-3 supplement for 12 weeks reduced their hyperactivity. The relationship between maternal dietary fat intake before or during pregnancy and ASD in children was studied by Lyall et al. found that maternal linoleic acid consumption was strongly linked to an increased incidence of ASD. Finding of ElAnsary et al., indicated that autistic children plasma fatty acid concentrations had altered, with an increase in saturated fatty acids other than propionic acid and a decrease in PUFA. Children at risk for ASD had better language development after receiving omega-3 and omega-6 supplements for three months.

# Precision microbial intervention improves social behavior in autistic children

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## ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi: 10.54878/x5hh8294

## KEYWORDS

*improves, social behavior, autistic children, autism spectrum disorder (ASD)*

## HOW TO CITE

Precision microbial intervention improves social behavior in autistic children. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

Treatments for Autism spectrum disorder (ASD), which is characterized by impairments in social interaction, deficits in communication and the presence of restricted/repetitive behaviors, remain elusive. The gut-microbiota-brain axis is an emerging potential new therapeutic target. Specifically, preclinical studies show that *L. reuteri* selectively reversed social deficits in several models of ASD. In a double-blind, randomized, placebo-controlled trial, we found that a combination of *Lactobacillus* strains did not alter overall autism severity or restricted/repetitive behaviors, but considerably improved social functioning across different measures in children with ASD. Intriguingly, we found that the prosocial effect of probiotic treatment was strain-specific in a preclinical ASD mouse model. Collectively, our findings indicate that probiotic treatment improves social behavior in ASD children, thereby warranting larger trials. Moreover, we analyzed several biological factors, such as microbiome composition or immune profile, and we performed correlative studies with behavioral improvement to find potential factors associated with probiotic response. These correlative studies are helpful for improving diagnosis and treatment. In fact, our results offer potential as biomarkers to reduce the diagnostic heterogeneity, and improve the prediction of treatment response.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

# Genetic and pathogenic overlaps between autism and Alzheimer's disease: opportunities for drug repurposing

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## ARTICLE INFO

Published on 5<sup>th</sup> of July 2024  
Doi: 10.54878/z3yj8882

## KEYWORDS

*Autism spectrum disorder (ASD), neurodegenerative disorders, Genetic*

## HOW TO CITE

Genetic and pathogenic overlaps between autism and Alzheimer's disease: opportunities for drug repurposing. (2024). *Autism Challenges and Solutions*, 2(1)



## ABSTRACT

Autism spectrum disorder (ASD) and Alzheimer's disease (AD) are neurodevelopmental and neurodegenerative disorders respectively that share common clinical features, such as language impairment, executive functions, and cognitive problems. Proteomic analysis of autism and Alzheimer's mouse models reveal common alterations in mTOR signaling pathway. Alterations in the mTOR signaling pathway during critical stage of development could lead to improper connectivity in the brain, which play a role in the pathogenesis of ASD. At the same time mTOR inhibitor rapamycin has been shown to prevent (and possibly restore in some cases) the memory deficit in the mouse model of Alzheimer's disease as well as reduce A $\beta$  and tau aggregation, and reduce microglia activation. We conducted a bioinformatic analysis of signaling pathways for sets of genes for ASD and Alzheimer's disease: sets of genes predisposing to ASD (from the SFARI database) and to AD have 148 common genes, 75 of them are directly related to mTOR. We have constructed and analyzed gene networks reflecting the relationship of ASD and AD with innate immunity and autoimmune diseases. The genes with the largest number of connections have been identified: CTNNB1, CREBBP, TRAF2, HDAC1, HDAC2, etc., which may be targets for therapy. Based on a large percentage of mTOR-related ASD and AD genes, we searched for mTOR modulators used in AD therapy with potential for ASD therapy. To do this, using ANDVisio tools, networks were built based on three fragments of the mTOR path: PI3K/Akt, Ras and p38 MAPK. We have proposed several pharmacological mTOR modulators already used in AD therapy, which have the potential for ASD.

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Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

## Dental Management of children with ASD

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### ARTICLE INFO

Published on 5<sup>th</sup> of July 2024  
Doi: 10.54878/kkte0849

### KEYWORDS:

*Oral Hygiene, Autism Spectrum Disorder (ASD), ADHD, pediatric*

### HOW TO CITE

Dental Management of children with ASD  
Dental Management of children with ASD. (2024).  
*Autism Challenges and Solutions*, 2(1).



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Research Center

### ABSTRACT

Autism Spectrum Disorder (ASD) is a broad term used to define a multiple neuro-developmental disorder that affects children as early as 1-3 years of age. Children and young people with ASD frequently experience a range of cognitive (thinking), learning, emotional and behavioral disorders. The majority have attention deficit hyperactivity disorder (ADHD), anxiety, seizures, mental and social deficiencies with extremely poor Oral Hygiene and underserved dental services. Treating patients with ASD is considered one of the greatest challenges for dentists in general and pediatric dentists in specific.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

# Advancing Inclusion: Autism Perspectives in Lebanon and Jordan

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## ARTICLE INFO

Published on 5<sup>th</sup> of July 2024  
Doi: 10.54878/t5y3va34

## KEYWORDS

*Middle Eastern, Autism Spectrum Disorder (ASD), non-governmental organizations, global communities*

## HOW TO CITE

Advancing Inclusion: Autism Perspectives in Lebanon and Jordan. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

The inclusion of individuals with Autism Spectrum Disorder (ASD) remains a pivotal yet challenging endeavor in global communities at all ages. This abstract shed light on the specific contexts of Lebanon and Jordan, two Middle Eastern nations striving to foster inclusive environments for individuals with ASD. Despite varying socio-cultural landscapes, both countries encounter similar barriers and exhibit promising initiatives towards inclusivity. In Lebanon, the journey towards autism inclusion intersects with multifaceted challenges stemming from socio-economic disparities, limited access to specialized services, and societal stigma. Nonetheless, grassroots efforts, bolstered by the commitment of advocacy groups, behavior analysts and educators, are reshaping perceptions and paving the way for inclusive practices in educational settings and societal integration. Conversely, Jordan grapples with comparable hurdles in its pursuit of autism inclusion. While governmental support and policy frameworks lay foundations for progress, gaps in implementation and resource allocation persist. Collaborative ventures between governmental bodies, non-governmental organizations, and the private sector underscore a burgeoning movement towards inclusive education and employment opportunities, signaling a shift towards a more inclusive society.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30th April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

## Zinc Deficiency and Autism - From cellular mechanisms to clinical studies - an update

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### ARTICLE INFO

Published on 7<sup>th</sup> of June 2024.  
Doi: 10.54878/r4dyxe73

### KEYWORDS

*Zinc, Zinc Deficiency, Neurodevelopmental Disorders, Gene Expression*

### HOW TO CITE

Zinc Deficiency and Autism – From cellular mechanisms to clinical studies – an update. (2024). *Autism Challenges and Solutions*, 2(1).



### ABSTRACT

Zinc is a versatile element crucial in various biological processes, including gene expression, cell division, and enzymatic reactions. In recent years, zinc has gained increasing attention as a potential regulator of healthy brain development. Zinc deficiency, in turn, was linked to neurodevelopmental disorders like autism spectrum disorder (ASD). Our studies showed that genetic and environmental factors, such as prenatal zinc deficiency, seem to converge on a neurobiological process determining the characteristic ASD-linked behaviors. One critical convergence point is synaptic vesicle release and recycling. This process is influenced by gut-brain signaling. We could show that compromised gastrointestinal barrier tightness (leaky gut) is zinc status-dependent and that pro-inflammatory processes in the gut trigger neuroinflammation. This talk summarizes our most recent findings on how zinc deficiency contributes to abnormal brain function via the microbiota-gut-brain axis mechanistically at cellular and organ levels. In particular, astrocyte activation by zinc deficiency is a novel finding that will be highlighted. Further, new data from recent clinical trials using zinc supplementation in pregnant women will show that findings from cell and animal models can be translated into human studies, with the effects of zinc supplementation on microbiota and inflammatory status in participants. Thus, for the first time, we can span the bridge from the cellular functions of zinc to its effects on human health in the context of ASD.

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# Trace elements and minerals in autism spectrum disorder theranostics

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## ARTICLE INFO

Published on 7<sup>th</sup> June 2024  
Doi: 10.54878/1k7zzm36

## KEYWORDS

*Trace Elements, Mineral Metabolism, Disease Severity, Metabolic Profile*

## HOW TO CITE

Trace elements and minerals in autism spectrum disorder theranostics. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

The objective of a series of studies was to evaluate trace element and mineral metabolism in children with autism spectrum disorder (ASD) in relation to disease severity, and metabolic profile to estimate the potential therapeutic targets. More than 2000 children with ASD and 2000 sex- and age-matched controls were examined. We revealed low serum Zn, increased Cu/Zn ratio, low Mg, increased serum Se, Fe, and Mn in the Russian children with ASD, whereas in hair a trend to reduced trace element levels was observed. In Russian children with ASD no significant increase in toxic metal body burden, whereas in the examined cases from Saudi Arabia and Taiwan the levels of toxic metals including Hg and Pb exceeded the control values. Different patterns of metal accumulation in children with ASD from different regions may be at least partially mediated by polymorphisms in genes involved in detoxification processes. Multiple regression analysis revealed a significant association between the presence of psychopath-like syndrome and serum Fe and hair Fe (inverse), speech development delay and hair Cu and serum Co (positive), infantile psychosis and hair Zn content (inverse). The association between metal(loid) and trace element levels in autism and catatonia was also revealed. The levels of trace elements and minerals in hair and serum was associated with CARS values. We also revealed a significant relationship between serum trace element and mineral levels with neuroinflammatory markers. It has been demonstrated that Mg levels were characterized by inverse, whereas that of Fe and heavy metals, especially Cd, by direct association with neuroinflammation in ASD patients. Furthermore, a significant association between circulating trace elements and amino acid levels was observed, with the most profound relationship between hydroxyproline, Se (negative) and As (positive), phosphoserine, Se and Co (positive), taurine, Cr (positive) and Fe (negative), as well as glutamate/glutamine ratio with Mn and Mg. These findings demonstrate that impaired trace element and mineral metabolism in children with ASD may significantly contribute to neurotransmitter dysregulation, neuroinflammation, and connective tissue pathology, altogether resulting in the relation with clinical severity of ASD. The obtained data was used for development of predictive models for evaluation of disease severity.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

# Psychopharmacology in children and adolescents: unmet needs and opportunities

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## ARTICLE INFO

Published on 5th of July 2024.  
Doi: 10.54878/1an21347

### KEYWORDS:

*children, health conditions, mental health*

### HOW TO CITE

Psychopharmacology in children and adolescents: unmet needs and opportunities. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

Psychopharmacological treatment is an important component of the multimodal intervention approach to treating mental health conditions in children and adolescents. Currently, there are many unmet needs but also opportunities, alongside possible risks to consider, regarding the pharmacological treatment of mental health conditions in children and adolescents. In this Position Paper, we highlight and address these unmet needs and opportunities, including the perspectives of clinicians and researchers from the European College of Neuropsychopharmacology-Child and Adolescent Network, alongside those of experts by lived experience from national and international associations, via a survey involving 644 participants from 13 countries, and of regulators, through representation from the European Medicines Agency. We present and discuss the evidence base for medications currently used for mental disorders in children and adolescents, medications in the pipeline, opportunities in the development of novel medications, crucial priorities for the conduct of future clinical studies, challenges and opportunities in terms of the regulatory and legislative framework, and innovations in the way research is conducted, reported, and promoted.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

## Diving dipper into error correction procedures in ABA, their pros and cons

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### ARTICLE INFO

Published on 5th of July 2024.  
Doi: 10.54878/7raf2245

### KEYWORDS:

*ABA therapy, Applied Behavior Analysis (ABA), Error correction*

### HOW TO CITE

Diving dipper into error correction procedures in ABA, their pros and cons. (2024). *Autism Challenges and Solutions*, 2(1).



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### ABSTRACT

This presentation delves into the intricate landscape of error correction procedures within Applied Behavior Analysis (ABA). Error correction procedures play a pivotal role in the efficacy of ABA interventions, aiming to address and rectify errors made during the learning process. The presentation will look deeper into different error correction techniques, including prompt fading, errorless learning, and differential strategies of error correction. By exploring the nuanced area of error correction procedures, this presentation aims to offer insights into optimizing ABA practices while considering the unique characteristics and needs of each learner. Furthermore, the discussion will evaluate the pros and cons of using various error correction procedures within the framework of ABA interventions. While some techniques may foster rapid skill acquisition and reduce instances of errors, they might inadvertently impede the development of independent problem-solving skills and hinder generalization across different contexts. Conversely, other strategies, although promoting independence and generalization, may entail a slower learning curve and necessitate more extensive time and resources. By carefully weighing the advantages and disadvantages of each error correction approach, this presentation will help practitioners with the knowledge and understanding needed to develop ABA interventions effectively to meet the unique needs and goals of individuals in ABA therapy.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

# Longitudinal developmental trajectories of young autistic children: influence of culture, diet, pretend play, and various activities

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## ARTICLE INFO

Published on 5th of July 2024.  
Doi: 10.54878/wn55g819

## KEYWORDS:

*developmental, ASD, activities, improvement, children*

## HOW TO CITE

Longitudinal developmental trajectories of young autistic children: influence of culture, diet, pretend play, and various activities. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

Humans are extremely sensitive to cultural circumstances of their early childhood. In a series of studies, we explored the developmental trajectories of children with autism over a span of three years, focusing on five outcome measures reported by parents: language comprehension, expressive language, sociability, sensory awareness, and overall health. In a study of diet and food consumption (N= 5,553), gluten-free diet was associated with 1.5-fold greater improvement of language comprehension ( $p < 0.0001$ ); meat- and eggs-eating was associated with 1.6-fold greater improvement of language comprehension ( $p < 0.0001$ ); vegetable-eating was associated with 1.5-fold greater improvement of language comprehension ( $p < 0.0001$ ) and 1.2-times greater improvement of expressive language ( $p = 0.0137$ ). Consumption of fast carbohydrates - sweets and bread - was associated with a significant and consistent health score decline ( $p < 0.0001$ ). In a study investigating the effect of passive video and television watching (N= 3,227), shorter video and television watching were associated with 1.4-fold greater improvement in language comprehension ( $p = 0.0128$ ). In a study of the effect of pretend play (N= 7,069), pretend play was associated with 1.9-fold greater improvement of language comprehension ( $p < 0.0001$ ) and 1.4-fold greater improvement of expressive language ( $p < 0.0001$ ). In a study of the effect of joint-engagement (N=12,081), high joint-engagement was associated with 1.4-times greater improvement of language comprehension ( $p = 0.0019$ ), 1.5-times greater improvement of expressive language ( $p < 0.0001$ ), and 1.5-times greater improvement of sensory awareness ( $p = 0.0248$ ). In a study of the effect of sleep (N=8,540), moderate and severe sleep problems were associated with significant health decline ( $p < 0.0001$ ) and lower sociability improvement ( $p = 0.0426$ ). In a study of the effect of a gamified language comprehension exercise (N=6,454), engaging with the exercises was associated with 2.2-times greater improvement of language comprehension ( $p < 0.0001$ ) and 1.4-times greater improvement of expressive language ( $p = 0.0144$ ). In a study of language acquisition critical period, autistic children learning-rate declined exponentially several years earlier than in typical children, (N=15,183). The short language acquisition critical period makes autistic children especially vulnerable to the impact of early experiences.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

# Mitochondrial abnormalities and oxidative stress in Autism: Impact of genetic and environmental factors

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## ARTICLE INFO

Published on 5th of July 2024.  
Doi: 10.54878/ka5dyf24

### KEYWORDS:

*Neurodevelopmental Disorder, Oxidative Stress, Mitochondrial Dysfunction, Reactive Oxygen Species (ROS)*

### HOW TO CITE

Mitochondrial abnormalities and oxidative stress in Autism: Impact of genetic and environmental factors. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

Autism is a neurodevelopmental disorder associated with social deficits and behavioral abnormalities. According to the Centers for Disease Control and Prevention (CDC), 1 in 36 children is affected with autism in the United States. Accumulating evidence suggests that oxidative stress and mitochondrial dysfunction may provide a link between susceptibility genes and pre- and post-natal environmental risk factors in the pathophysiology of autism. The free radicals, i.e., reactive oxygen species (ROS) are generated endogenously during oxidative metabolism and energy (ATP) production by mitochondria. We compared the status of ROS-mediated oxidative damage, glutathione antioxidant status, monoamine oxidase A (MAOA) activity, as well as mitochondrial functions assessed by studying expression and activities of mitochondrial electron transport chain (ETC) complexes and pyruvate dehydrogenase (PDH), as well as mitochondrial biogenesis in postmortem brain tissue samples from the cerebellum and frontal, temporal, parietal and occipital cortices of autistic subjects and age-matched normal subjects. In the cerebellum, frontal cortex, and temporal cortex of subjects with autism, the oxidation of lipid, protein and DNA was increased, glutathione antioxidant defense was impaired, and mitochondrial ETC complexes (I, III and V) and PDH were decreased as compared with age-matched controls. On the other hand, parietal and occipital cortices were unaffected in autism. In addition, MAOA activity was lower that can explain elevated levels of related neurotransmitters such as serotonin in autism. The mitochondrial biogenesis was impaired in the brain of subjects with autism. The high energy demand of the developing brain, thus, may trigger a cascade of structural and functional changes leading to the autistic phenotype if mitochondrial functions are impaired and the energy need of the brain is not fulfilled. In this presentation, the potential role of genetic and environmental factors (such as bisphenol A) in increasing the vulnerability to oxidative stress and mitochondrial abnormalities in autism will also be discussed.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

# Diet change and microglia ablation of MeCP2e1 deficient mice affect the Rett-like disease symptoms in a sex-dependent manner.

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## ARTICLE INFO

Published on 5th of July 2024.  
Doi: 10.54878/ngypmt68

## KEYWORDS:

*ASD, Autism, MeCP2e1, Rett syndrome (RTT)*

## HOW TO CITE

Diet change and microglia ablation of MeCP2e1 deficient mice affect the Rett-like disease symptoms in a sex-dependent manner. (2024). *Autism Challenges and Solutions*, 2(1).



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Research Center

## ABSTRACT

Rett syndrome (RTT) is a complex neurodevelopmental disorder that occurs in 1 in 10,000 births. Approximately 95% of RTT patients are females heterozygous for the X-linked gene methyl CpG binding protein 2 (MECP2) mutations. They are thus mosaic for wild-type and mutant MECP2 expression at a cellular level. RTT has symptoms similar to autism spectrum disorder (ASD) and is usually confirmed with genetic testing following an ASD diagnosis. Typical brain development requires MECP2-encoded MeCP2e1. Analysis of our MeCP2e1 deficient mouse model suggests that microglia contribute to RTT-like gait defects, gut microbiome, and metabolic changes, as activated microglia have been shown to accelerate disease progression. Thus, we hypothesized that pre-symptomatic pharmacologic ablation of microglia would ameliorate RTT-like phenotypes in MeCP2e1 mutant mice. Therefore, PLX3397 a CSF1R/c-kit inhibitor dissolved in a purified AIN-76A chow at 290 PPM was orally administered to wild-type and mutant mice, either acutely for 2 weeks (from 4-6 weeks of age) or chronically for 19 weeks (from 4-23 weeks of age) to ablate microglia in their brains and compared to vehicle controls. Untreated mice on the standard mouse diet were also compared to the vehicle control. The wild-type and MeCP2e1 mutant littermates were weekly weighed and scored for neuro-phenotypes. Gait, fecal cytokines, fecal short-chain fatty acids, and gut microbial composition were assessed in all mice before, during, and after disease onset. Surprisingly, neither acute nor chronic PLX3397 treatment significantly reduced neuro-phenotype scores in either mutant females or mutant male mice. Instead, chronic PLX3397 treatment significantly elevated disease severity in mutant females compared to mutant vehicle controls. However, chronic PLX3397 treatment significantly reduced weight gain over time in wild-type and mutant males compared to male vehicle controls but not in wild-type or mutant females compared to female vehicle controls.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

## Exploring Seizures in Autism: What You Need to Know

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### ARTICLE INFO

Published on 5<sup>th</sup> of July 2024.  
Doi: 10.54878/2vhs303

### KEYWORDS:

*autism, treatment, epilepsy*  
*ASD*

### HOW TO CITE

Exploring Seizures in Autism:  
What You Need to Know.  
(2024). *Autism Challenges and*  
*Solutions*, 2(1).



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Research Center

### ABSTRACT

Autism Spectrum Disorder (ASD) is a complex condition that affects how individuals interact, communicate, and engage in repetitive behaviors. Many individuals with ASD also experience seizures, contributing to the diverse nature of the disorder. This presentation aims to explore the connection between epilepsy and ASD, taking a comprehensive look at the definitions and criteria of epilepsy. It will delve into the prevalence of epilepsy among those with ASD, discussing key factors influencing their co-occurrence. The talk will also address the neuropathological mechanisms in the brain behind seizures in autism. Additionally, it will offer insights into recognizing different seizure types and practical advice on when to use EEGs for accurate diagnosis. This will be followed by an exploration of antiepileptic drugs and their role in tailored treatment strategies for epilepsy within the intricate context of autism.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

# Comparison of Sedentary Behavior and Physical Activity between Children with Autism Spectrum Disorder (ASD) and the Controls

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## ARTICLE INFO

Published on 5<sup>th</sup> of July 2024  
Doi: 10.54878/a21b6825

## KEYWORDS:

*autism spectrum disorder; physical activity; sedentary behavior; ActiGraph monitor; neurochemistry*

## HOW TO CITE

Comparison of Sedentary Behavior and Physical Activity between Children with Autism Spectrum Disorder (ASD) and the Controls. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

Many health organizations and scientific associations agree that physical activity (PA) improves children and youth's overall quality of life and offers essential health benefits [1],[2], and they advise engaging in moderate-to-vigorous PA for at least 60 minutes each day. [3] Lowered levels of PA are thought to put children and young people with disabilities at higher risk of obesity. The assessment of physical activity level required continue follow up , therefor ActiGraph monitor (GT3X+), which records kids' entire body movements and unstructured play activities like standing, sitting, walking, climbing stairs, running, and cycling. Actigraph accelerometers are thought to be reliable tools for determining kids' sedentary time and physical activity time because they can measure a kid's orientation and immature motor movements with accuracy.

# Farm Animal-assisted Neurotherapy for Autism Spectrum and other Neurodiverse Conditions

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## ARTICLE INFO

Published on 6<sup>th</sup> of June 2024.  
Doi: 10.54878/rnp9s880

## KEYWORDS

*Autism Spectrum Disorder, Neurodiversity, Neurodevelopmental Disorders, Adverse Childhood Experiences, Trauma-informed Therapy, Farm animal assisted therapy, Neurotherapy, Green Care, Farming for Health*

## HOW TO CITE

Farm Animal-assisted Neurotherapy for Autism Spectrum and other Neurodiverse Conditions. (n.d.). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

Farm animal assisted therapy is a novel approach to treat autism spectrum disorder (ASD) and other neurodiverse conditions (NDC) and may help rewire brain circuits through entrainment with the gentle sounds and rhythms of a working farm. Multiple, complex etiologies for ASD/NDC include epigenetics, genetics, preconceptional/prenatal/perinatal issues and early life experiences, as well as alterations in the gut-brain microbiota. Traditional psychotherapy is challenging, even for higher functioning individuals with ASD/NDC, due to difficulties with insight, attachment-related transference problems, or metacognitive skills. Neurodiverse adolescents may become more socially disenfranchised, reclusive, oppositional, defiant, noncompliant, and isolated from peer groups. For many teens with ASD/NDC, communication issues, sensory disintegration, executive dysfunctions, and emotional dysregulation make it difficult for them to adapt to the expectations and pressures of school, home and the community, leading to vulnerability to psychosis during transition years. This presentation will explain farm animal assisted therapy as a type of neurotherapy on a sanctuary for orphaned, injured and rescued farm animals, Dream Catcher Meadows. Historical and clinical perspectives provide the context for farm animal assisted neurotherapy and green care farming within a comprehensive array of school, home, and community interventions. Farms provide rich opportunities for language development, executive functions, sensory desensitization, skill development, fine/gross motor development, and parent-child bonding and theoretically improve the gut microbiome through access to a more diverse range of microbes. Green care social activities can help develop a sense of community, meaning and purpose as well as adaptive functions for children and teens with ASD/NDC. A range of techniques model empathy, compassion, theory of mind concepts, social communication/perception, and self-regulation through mindfulness, interspecies bonding, and entrainment. The history of Dream Catcher Meadows and case discussions from clinical practice elaborate therapeutic perspectives, augmented by session scenarios and non-clinical photographs.

# Bioactive lipids in the prevention and management of autism

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## ARTICLE INFO

Published on 9<sup>th</sup> of June 2024.  
Doi: 10.54878/cxgwsj21

## KEYWORDS

*Autism Spectrum Disorder (ASD), Neurodevelopmental Disorder, Genetic Factors, Epigenetic Factors*

## HOW TO CITE

Bioactive lipids in the prevention and management of autism. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

Autism is a neurodevelopmental disorder in which both genetic and epigenetic factors have a role. Studies revealed that autism is associated with low-grade systemic inflammation with a role for altered essential fatty acid (EFA) metabolism and brain-derived neurotrophic factor (BDNF). Increased concentrations of cytokines IL-6, TNF- $\alpha$  have been described in the amniotic fluid and plasma of the mother and the newborn. BDNF levels tend to be low in those with autism. Decreased concentrations of bioactive lipids such as arachidonic acid (AA), eicosapentaenoic acid (EPA) and docosahexaenoic acid and its anti-inflammatory metabolites such as lipoxin A4 (LXA4) are low in those with autism and in their mothers. We showed that BDNF enhances LXA4 and LXA4 in turn augments BDNF formation suggesting a close interaction between lipids and neurotrophic factors. AA, EPA, and DHA are essential for neuronal growth and synaptic formation and BDNF is an essential neurotrophic factor. AA and DHA improve brain growth and development and improve IQ. Furthermore, these bioactive lipids regulate formation and actions of neurotransmitters: dopamine, serotonin, acetylcholine, GABA (gamma-aminobutyric acid) and catecholamines, and growth factors Hence, administration of AA/EPA/DHA when brain growth and development is occurring may prevent autism. The challenge is to administer bioactive lipids in appropriate amounts to the developing brain. CSF flows from the ventricles throughout the parenchyma towards the subarachnoid space. This transependymal flow of CSF provides a route to distribute ICV-infused drugs throughout the brain. Thus, methods can be developed to infuse bioactive lipids using transependymal CSF flow and thus, prevent and manage autism and other related conditions.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30th April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

## Breaking Down Early Learner Skills

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### ARTICLE INFO

Published on 6<sup>th</sup> May 2024 Doi:  
10.54878/bfzhj287

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### KEYWORDS

*Early Learning Targets,  
Matching Objects, Imitation*

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### HOW TO CITE

Breaking Down Early Learner  
Skills. (2024). *Autism  
Challenges and Solutions*, 2(1).



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### ABSTRACT

Can your learner match objects, imitate gross motor movements, and follow simple directions, such as “stomp feet”? If so, great! You may be in position to introduce some more advanced targets. If these early targets are elusive, you are not alone! Many learners struggle with these “early” targets and, rather than continuing to trudge through them, teachers can help their learners by recognizing the foundations and prerequisites of these popular targets. This paper will help in that process by introducing component-composite analyses, including learning channels and by providing concrete examples of how to strengthen these early learner repertoires.

# Corneal confocal microscopy demonstrates corneal nerve loss in children with autism spectrum disorder.

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## ARTICLE INFO

Published on 6<sup>th</sup> June 2024  
Doi:10.54878/0xt4cc17

## KEYWORDS

*Developmental Disorder,  
Communication Difficulty,  
Interaction Difficulty,  
Cerebral Neuronal Loss*

## HOW TO CITE

Corneal confocal microscopy demonstrates corneal nerve loss in children with autism spectrum disorder. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

Autism spectrum disorder (ASD) is a developmental disorder characterized by difficulty in communication and interaction with others. Postmortem studies have shown cerebral neuronal loss and neuroimaging studies show neuronal loss in the amygdala, cerebellum and inter-hemispheric regions of the brain. Recent studies have shown altered tactile discrimination, and allodynia on the face, mouth, hands and feet and intraepidermal nerve fiber loss in the legs of subjects with ASD. Fifteen children with ASD (age: 12.00 ± 3.55 years) and twenty age-matched healthy controls (age: 12.83 ± 1.91 years) underwent corneal confocal microscopy (CCM), a rapid non-invasive ophthalmic imaging technique to quantify corneal nerve fiber morphology. Corneal nerve fibre density (fibers/mm<sup>2</sup>) (28.61 ± 5.74 vs. 40.42 ± 8.95, p = 0.000), corneal nerve fibre length (mm/mm<sup>2</sup>) (16.61 ± 3.26 vs. 21.44 ± 4.44, p = 0.001), corneal nerve branch density (branches/mm<sup>2</sup>) (43.68 ± 22.71 vs. 62.39 ± 21.58, p = 0.018) and corneal nerve fibre tortuosity (0.037 ± 0.023 vs. 0.074 ± 0.017, p = 0.000) were significantly lower in children with ASD compared to controls. CCM identifies central corneal nerve fiber loss in children with ASD. These findings, urge the need for further studies to determine if CCM could act as an imaging biomarker for neurodegeneration in ASD.

Proceedings of Autism Challenges and Solutions XII International Research and Practice Conference, ABU-DHABI UAE, 27-30th April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

# A Framework for Trauma-Informed Applied Behavioral Intervention (ABA): The Competent Learner Model (CLM) System

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## ARTICLE INFO

Published on 7<sup>th</sup> of June 2024.  
Doi: 10.54878/rmj3dn27

## KEYWORDS

*Applied Behavior Analysis (ABA), Competent Learner Model (CLM), Trauma-Informed Care, Multicultural Diversity*

## HOW TO CITE

A Framework for Trauma-Informed Applied Behavioral Intervention (ABA): The Competent Learner Model (CLM) System. (2024). *Autism Challenges and Solutions*, 2(1).



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Research Center

## ABSTRACT

This presentation outlines the evolution of ABA service delivery in the United Arab Emirates across the past two decades. Unique challenges & their solutions are demonstrated in relation to three key areas; namely: intervention methodology, staff training & caregiver support. Introducing Behavior Analysis to a region characterized by multicultural diversity as well as establishing a clinical and educational ABA practice has come with a unique set of challenges such as limited access to resources, overcoming professional isolation, navigating ethical dilemmas, and addressing the diverse origins and cultural complexities of clients and staff. Various strategies for overcoming these challenges will be presented with an emphasis on the importance of ethical & compassionate conduct by Behaviorists implementing in multicultural settings. The Competent Learner Model (CLM), an implementation system encompassing a tiered model of education and staff coaching with best practice ABA provides a valuable resource for service providers globally. Shaping individual actions to foster behavior-analytic organizational systems is of paramount importance. This offers insights into interventions, family support, training, and competence building across the field of ABA.

# Association of Maternal Diabetes and Autism Spectrum Disorders

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## ARTICLE INFO

Published on 7<sup>th</sup> of June 2024.  
Doi: 10.54878/9kk18h49

## KEYWORDS

*Maternal Diabetes, Neurodevelopmental Outcomes, Hyperglycemia, Oxidative Stress*

## HOW TO CITE

Association of Maternal Diabetes and Autism Spectrum Disorders. (2024). *Autism Challenges and Solutions*, 2(1).



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## ABSTRACT

This abstract provides a concise overview of the association between maternal diabetes and autism spectrum disorder (ASD), highlighting the key findings of our experimental research in rodent model of autism in addition to a comprehensive review of existing literature. The objective is to examine the potential correlation between maternal diabetes during pregnancy and the risk of ASD development in offspring. Maternal diabetes is associated with an increased risk of adverse neurodevelopmental outcomes in offspring, including ASD. The prevalence of both maternal diabetes and ASD has been steadily increasing over the past few decades. Several studies suggest a significant association between maternal diabetes and an increased risk of developing ASD in offspring, but the exact mechanisms underlying this correlation remain unclear. Exposure to hyperglycemia in utero due to any type of maternal diabetes may increase the potential risk of ASD in offspring through different biological mechanisms: oxidative stress, neuroinflammation, and glutamate excitotoxicity. The topic explores various hypotheses, including the role of gestational hyperglycemia, maternal obesity, inflammation, metabolic dysfunction, and genetic factors in mediating the association between maternal diabetes and ASD. While the exact mechanisms are not fully understood, potential mechanisms such as oxidative stress, altered fetal brain development, and abnormal epigenetic modifications have been proposed. Understanding the association between maternal diabetes and ASD is crucial for early identification, intervention, and prevention strategies. It can help improve prenatal care for mothers with diabetes and contribute to the development of targeted interventions aimed at reducing the risk of ASD in offspring. In conclusion, while the evidence suggests a potential association between maternal diabetes and increased risk of ASD in offspring, further research is needed to establish causality and identify the precise mechanisms involved. Nevertheless, recognizing the link between maternal diabetes and ASD supports the need for intensified prenatal care and close monitoring of metabolic health during pregnancy to optimize maternal and child outcomes.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30th April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

## Engaging team members in a teamwork in a remote ABA-service.

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### ARTICLE INFO

Published on 7<sup>th</sup> of June 2024.  
Doi:10.54878/bx1pyb09

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### KEYWORDS

*Remote Collaboration,  
Behavioral Services, Applied  
Behavior Analysis (ABA)*

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### HOW TO CITE

Engaging team members in a teamwork in a remote ABA-service. (2024). *Autism Challenges and Solutions*, 2(1).



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### ABSTRACT

Difficulties in collaboration between different stakeholders in the delivery of behavioral services very often cause conflict and result in termination of services or reduced its quality. In a remote work environment, this problem becomes critical. What can be done to make collaboration more engaging and effective? This presentation will review and discuss strategies for engaging and increasing motivation for collaboration between parents of students with developmental disabilities and ABA specialists.

Proceedings of Autism Challenges and Solutions XII International Research and Practice Conference, ABU-DHABI UAE, 27-30th April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

## Neurological Dysfunctions and Non-Neurological Comorbidities in Clinical Manifestations of Autism and Their Role in ASD Development: 15 Year-long Experience in Autism Diagnosing and Treatment

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### ARTICLE INFO

Published on 7<sup>th</sup> of June 2024.  
Doi: 10.54878/58wy3q62

### KEYWORDS

*Neurological Development, Prenatal Phase, Postnatal Phases, Brain Structure Abnormalities*

### HOW TO CITE

Neurological Dysfunctions and Non-Neurological Comorbidities in Clinical Manifestations of Autism and Their Role in ASD Development: 15 Year-long Experience in Autism Diagnosing and Treatment. (2024). *Autism Challenges and Solutions*, 2(1).



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### ABSTRACT

It has been nearly 80 years since Drs. Asperger and Kanner first identified the condition known today as Autism or ASD. Subsequently, it has been officially established that autism is a multifaceted anomaly in the maturation of the neurological system, typically detected during early life. Nevertheless, this pathological condition progresses through several underlying stages of growth, commencing in the prenatal phase and evolving into an autistic phenotype during the early and later postnatal phases. Significant deviations in the brain and neurological system structure and function characterize autism. The initial clinical manifestations of autism include sensory impairments such as distorted perception of auditory, visual, gustatory, olfactory, and tactile stimuli and motor dysfunction characterized by diminished motor abilities, gait abnormalities, oculomotor dysfunction, and similar symptoms. These diseases occur before obvious neuropsychiatric symptoms manifest, such as behavioral abnormalities, learning impairments, and the inability to interact verbally and nonverbally. It is crucial to acknowledge that these sensory abnormalities significantly contribute to the autistic child's failure to develop the typical behavioral, linguistic, and motor skills. In autism, sensory overloads and distortions hinder the ability to perceive and integrate information, thereby affecting typical development, learning, and adaptation. In addition, sensory distortions in individuals with autism can result in several other manifestations of autism, including anxiety, restlessness, insomnia, compromised cognitive functioning, exhaustion, underdeveloped problem-solving abilities, and impaired decision-making skills. In addition to the above symptoms, there is a lack of attention given to several other signs and manifestations of these illnesses. Based on my extensive 15-year experience studying and treating several hundred children with autism, including those complicated with cerebral palsy and epilepsy.

# Old Truths, New Ideas: The Past, Present, and Future of ABA

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## ARTICLE INFO

Published on 7<sup>th</sup> of June 2024.  
Doi: 10.54878/wtgh4q74

## KEYWORDS

*Applied Behavior Analysis (ABA), Principles of Behavior, Scientist - Practitioner Model, Behavioral Science*

## HOW TO CITE

Old Truths, New Ideas: The Past, Present, and Future of ABA. (2024). *Autism Challenges and Solutions*, 2(1).



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Research Center

## ABSTRACT

The discovery of the Principles of Behavior was the result of experiments conducted by a small group of scientists in laboratory settings with non-human subjects. These experiments suggested that behavior was not only lawful and predictable but could be controlled given the correct application of contingencies. When these same principles were applied to important human behavior in natural settings that the same effects on behavior occurred. And just like that, "Applied Behavior Analysis" emerged. Since the 1960's, ABA has made a significant and positive impact on the quality of lives of countless individuals. The "scientist-practitioner" model advanced the practice by remaining science-based and producing a large body of evidence demonstrating that treatment procedures were technical, replicable, conceptually systematic, effective, and adept to generality. We now possess a powerful science. The effectiveness is so powerful that there has been rapid growth over the past 10 years in the number of practitioners, availability of funding sources, and demand for access to treatment. This is a good thing, right? This presentation will discuss the answer to that question by exploring new ideas, approaches, and practices that are growing in popularity within the field of behavior analysis. The questions we should ask to evaluate the functional value of new treatment approaches and the need for on-going clinical practice standards to ensure we remain a *science of human behavior*. During the presentation we will review some "old" treatment approaches and examine emerging "new" treatment approaches, cultural considerations, and impact of rapid growth has had on the quality of ABA services.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30th April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

## The Role of Primary Healthcare Providers in Early Screening and Identification of Markers for Rare Comorbid Manifestations of Autism

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### ARTICLE INFO

Published on 7<sup>th</sup> of June 2024.  
Doi: 10.54878/q2hsk094

### KEYWORDS

*Autism Spectrum Disorder (ASD), Early Detection, Primary Healthcare Providers, Comorbid Rare Diseases*

### HOW TO CITE

The Role of Primary Healthcare Providers in Early Screening and Identification of Markers for Rare Comorbid Manifestations of Autism. (2024). *Autism Challenges and Solutions*, 2(1).



### ABSTRACT

Although Autism itself is not considered a rare neurodevelopmental disorder, it is closely linked with several neurodevelopmental rare diseases. Early surveillance, detection, screening, and referral pathways are essential steps to lead to and inform an evidence-based diagnosis of autism spectrum disorders. The role of primary healthcare providers in early screening and identification of early signs of autism spectrum disorder, phenotypes, and behavioral symptoms is essential and instrumental in early identification of comorbid rare disease and access to early medical care. Exploring the role of primary healthcare providers in identifying markers for rare comorbid manifestations of autism in primary healthcare is a systematic process to quickly identify any early indicators of autism spectrum disorder and identifying markers for rare comorbid manifestations of autism in primary healthcare. It is an integral pathway to inform and facilitate a cohesive and comprehensive multi-disciplinary diagnostic protocol. The attendees will be introduced to the targeted functions of standardised screening questionnaires, parental interview forms and checklists covering a broad indication of issues relevant to general behavior, communication, sensory issues, ASD and/or social communication difficulties, any special interests and developmental, as well as an indication of whether more in depth diagnostic assessment is advisable for further investigations of comorbid genetic and /or rare diseases. Finally, we will look at how to draw and use essential preliminary information that will contribute to an initial clinical impression indicating the need for further diagnostic assessments and unlocking in-depth assessment and specialized medical and behavioural care pathways.

Proceedings of Autism Challenges and Solutions XII International Research and Practice Conference, ABU-DHABI UAE, 27-30th April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

## Autism Spectrum Disorder and Autism Condition - identifiable by Rockence Genetic Behavior Science

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### ARTICLE INFO

Published on 7<sup>th</sup> of June 2024.  
Doi: 10.54878/gttfev88

### KEYWORDS

*Epigenetics Utero,  
Environmental Conditions,  
Friction Ridge Patterns,  
Behavioral Analysis*

### HOW TO CITE

Autism Spectrum Disorder and  
Autism Condition - identifiable  
by Rockence Genetic Behavior  
Science. (2024).  
*Autism Challenges and  
Solutions*, 2(1).



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### ABSTRACT

Behavioral challenges have its linking to epigenetics and utero-environment. These formations of challenges are governed by the placental functions and dysfunction, neurotransmitter metabolism, Gut microbiome, stress-induced hypothalamic-pituitary-adrenal response etc. as the traces in the gestational environment. The research indicates each utero-environmental occurrence leaves its traces as forms of waves on to the epithelium of the ectoderm as mechanical instability marks thanks to the Merkel cells and epithelial neuroendocrine cells. Rockence Genetic Behavior Analyzes captures and delves into the epigenetics that link to utero-environmental conditions during gestation, which leaves its permanent markings as friction ridge patterns. Each friction ridge pattern such as thickness, angular deviation, minutiae, ridge distortions etc. has its history of tell-tale as stand-alone trait., and two or more traits cross-modulate each other to form displayable behavior patterns. Employing complex algorithms compounded to establish the linking to existing behavioral theories in a form of trait identification generates a comprehensive report for easy-to-understand format for further professional intervention.

Proceedings of Autism Challenges and Solutions XII International Research and Practice Conference, ABU-DHABI UAE, 27-30th April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

## Integrative medicine approach in the inhibition of 1C (PPP1R1C), RHOA containing receptor 3 (SORC3). ASD, intellectual disability (ID), for management of Statistical Manual of Mental Disorders (DSM) among autistic children with grade one.

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### ARTICLE INFO

Published on 7<sup>th</sup> of June 2024.

Doi: 10.54878/nch00b20

### KEYWORDS

*Genomic Studies, Non-Invasive Treatment, Gene Regulation*

### HOW TO CITE

Integrative medicine approach in the inhibition of 1C (PPP1R1C), RHOA containing receptor 3 (SORC3). ASD, intellectual disability (ID), for management of Statistical Manual of Mental Disorders (DSM) among autistic children with grade one. (2024). *Autism Challenges and Solutions*, 2(1).



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### ABSTRACT

Autism was first described by in a detailed report of 11 children with similar unusual tendencies. Intriguing common symptoms such as improper facilitation of language, indifference to other people, and obsessive interests can clearly be discerned while reading Kanner's thorough patient history. Twenty-three years later, the first epidemiological study of autism estimated prevalence to be 4.5 per 10,000 individuals. Estimates have since increased drastically to 1 in 59 individuals affected, with at least three times as many males diagnosed as female. This significant increase in prevalence is partially attributable to both increase in awareness and evolvement of Diagnostic and Statistical Manual of Mental Disorders (DSM) criteria, from a childhood form of schizophrenia in 1952. In 2013, the Cross-Disorder Group of the Psychiatric Genomics Consortium (PGC) conducted a massive study with 33,332 cases and 27,888 controls in order to identify pathogenic variants shared between ASD, schizophrenia, bipolar disorder, ADHD, and major depressive disorder. Recently hypothesized that abnormal gene regulation in radial glia and interneurons during mid-gestation is a mechanism of shared risk, after using GWAS to identify susceptibility loci in genes including phosphodiesterase 1A (PDE1A), protein phosphatase 1 regulatory inhibitor subunit 1C (PPP1R1C), RHOA, immunoglobulin superfamily member 11 (IGSF11), and sortilin related VPS10 domain containing receptor 3 (SORC3). ASD, intellectual disability (ID), and schizophrenia have been found to share risk loci in FMRP targets, CHD5, CHD8, SCN2A. An integrative approach was taken forward to find a non-drug - non invasive approach in inhibiting the protein phosphatase 1 regulatory inhibitor subunit 1C (PPP1R1C), RHOA, and it was observed that clearing the liver with toxins from "De -Liverance", constant -ve ions and ionised water and food, Ghaaf leaves with coffee as ghaaf leaves contain hydrocarbons and phenolic acid derivatives inhibited the mutations of SORC3 the receptor of ASD both in the blood studies as well as in the volunteers, the dose was escalated after the blood and genomic studies in the lab. This gives way for further studies in creating a monogram for better quality of life among ASD children and inhibiting the genomes at the right time in a natural way.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30th April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

## Best Practices in Sex Education for Autistic Learners

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### ARTICLE INFO

Published on 7<sup>th</sup> June 2024  
Doi: 10.54878/nj70hk44

### KEYWORDS

*Sex Education, Autism Spectrum Disorder (ASD), Sexual Knowledge, Behavior Analysis*

### HOW TO CITE

Best Practices in Sex Education for Autistic Learners. (2024). *Autism Challenges and Solutions*, 2(1).



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### ABSTRACT

The purpose of sex education is to facilitate the gaining of knowledge, skills, and values to make healthy and informed sexual decisions. There is limited research on sexuality and individuals with autism spectrum disorder (ASD) in the field of behavior analysis, but we do know that people with such conditions tend to have less sexual knowledge than their neurotypical peers. As parents, educators, and service providers, we can share information on sexual behavior in effective ways tailored to the developmental abilities of those we serve on the autism spectrum, empowering them to make informed decisions about their bodies, relationships, and values. This presentation will describe current challenges related to sexuality and disabilities, review current behavior analytic research on sexuality, and discuss best practices for teaching learners about sexuality to improve health, safety, and quality of life.

Proceedings of *Autism Challenges and Solutions XII International Research and Practice Conference*, ABU-DHABI UAE, 27-30<sup>th</sup> April 2024. Published and Indexed by Emirates Scholar Center for Research and Studies.

# GABA and Glutamate Imbalance in Autism and Their Reversal as Novel Hypothesis for Effective Treatment Strategy: An update

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## ARTICLE INFO

Published on 30<sup>th</sup> May 2024  
Doi: 10.54878/

## KEYWORDS

Autism spectrum disorder, physical activity, GABA, glutamat0065, autism

## HOW TO CITE

GABA and Glutamate Imbalance in Autism and Their Reversal as Novel Hypothesis for Effective Treatment Strategy: An update. *Autism Challenges and Solutions* 2(1)



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## ABSTRACT

Autism spectrum disorder (ASD) is a neurodevelopmental disorder characterized by reduced social communication and repetitive behaviors. The etiological mechanisms of ASD are still unknown; however, the GABAergic system has received considerable attention due to its potential as a therapeutic target. Based on the fact that individuals with autism demonstrate altered gene expression concomitant with impaired blood brain barrier (BBB), and gut barrier integrities, so increased glutamate levels in the blood and platelets of ASD patients can be related to lower numbers of cerebellar GABAergic neurons, less active GABA-synthesizing enzymes, and decreased brain GABA levels. Excitotoxic levels of released glutamate trigger a cascade of deleterious cellular events leading to delayed neuronal death. According to our understanding of glutamate excitotoxicity, GABA supplementation could theoretically be useful to treat certain autistic phenotypes. While there is still no effective and safe medication for glutamate-related cell damage and death, combined efforts will hopefully develop better treatment options. Here I hypothesize that an integrated treatment strategy with GABA supplements, regulation of chloride (Cl<sup>-</sup>) and magnesium (Mg<sup>2+</sup>) levels, vitamin D supplements, probiotics to enhance GABAA receptor and glutamate decarboxylase (GAD) expression, and memantine to activate glutamate transporters and inhibit NMDA receptors, could collectively reduce glutamate levels, maintain functional GABA receptors and thus treat repetitive behavior, impaired social behavior, and seizure activity in individuals with autism.

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# IJACS

VOL 1 | ISSU1 | 2024

## International Journal for Autism Challenges & Solution

المجلة الدولية

لتحديات وحلول التوحد

DOI : 10.54878/IJACS

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